Psychedelic Therapy Playlists

Compiled by Tim Cools

Psychedelic Therapy Playlist 1 - Full playlist (version 1.3)

Originally created for psilocybin-assisted psychotherapy for depression studies at Imperial College London. Mendel Kaelen

Psychedelic Therapy Playlist 1 - playlist by Mendel Kaelen | Spotify

<u>Psilocybin for depression by Mendel Kaelen on Spotify</u> (alternative)

Psilocybin for depression by Mendel Kaelen - playlist by Julian | Spotify

Psychedelic Therapy Playlist 2 - Full playlist (version 2.2)

Originally created for psilocybin-assisted psychotherapy for depression studies.

Mendel Kaelen

Psychedelic Therapy Playlist 2 - playlist by Mendel Kaelen | Spotify

Psychedelic Therapy Playlist 3 - Full playlist (version 1.1)

Originally created for MDMA-assisted psychotherapy studies by Bristol University, Imperial College London & MAPS.

Mendel Kaelen

Psychedelic Therapy Playlist 3 - playlist by Mendel Kaelen | Spotify

Psilocybin Research: Johns Hopkins University - Sacred Knowledge

Composed by William A. Richards, <u>Book</u>

Brecht Moerenhout

https://open.spotify.com/playlist/67XgZSDPcxj9NobKPcx4cw

Guided Psilocybin Journeys | Inner Peace

Listen from start to finish on your voyage. We can all start to heal and bring peace to our minds. Set your intentions, keep love and acceptance in your heart. (by Tommi) https://open.spotify.com/playlist/5llCLwjmmxh9xQ3PptkkMO

Guided Psilocybin Journeys | Trust

Listen from start to finish on your voyage. The more we trust in the medicine, the more it will show us. Surrender completely, let it all go (by Tommi)

https://open.spotify.com/playlist/5D2L9r4kqAoC6LBIFeNoro

Guided Psilocybin Journeys | Gratitude

Listen from start to finish on your voyage. Allow the mind to detach from thoughts and expectations and be gently guided by the music. (by Tommi)

https://open.spotify.com/playlist/5IWi5Xl32VDhapq4h1tafk

Guided Psilocybin Journeys | Release

Listen from start to finish on your voyage. Make good preparations for your journeys, strong intentions bring more understanding. Feel the release. (by Tommi)

https://open.spotify.com/playlist/1Rqt4mBgL6d78GQombvin6

Guided Psilocybin Journeys | Opening

Listen from start to finish on your voyage. Being calm, open and accepting of anything that may come up, even if it is uncomfortable. It is all there for our growth (by Tommi)

https://open.spotify.com/playlist/18yMsM5lbtXjhFp5Jh7aZx