

2. Discussion, Donation, Decision, and Development

DISCUSSION: Try igniting a vulnerable conversation around money with a friend, colleague, or family member this week.

DONATION: If you're able, choose a charity you believe in and set up a monthly donation.

DECISION: Decide what you stand for and how your finances will play a part.

DEVELOPMENT: Stay committed by watching a weekly TED Talk or starting a book club to stay informed.
