

# Bill of Rights for Children of Divorcing Parents

Every child has the right to:

1. Be loved unconditionally by both parents.
2. Express feelings, whatever those feelings may be.
3. Privacy when talking to either parent on the phone.
4. Be protected from parental “warfare” and conflict.
5. Have a safe place to be exactly who they are as a person.

Every child has the right to never be:

6. Told “bad things” about the other parent’s character or personality.
7. “Cross-examined” by a parent after spending time with the other parent.
8. Asked to choose sides between parents.
9. Made to feel guilty for loving BOTH parents.
10. Asked to be a messenger between parents.
11. Used as a confidant regarding adult matters.
12. Asked to tell untruths.



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