

In a world of musts, shoulds, and never-ending expectations, it's easy to lose yourself.

STOP CHASING SUCCESS AND START OWNING IT

about

Gia is a widely-regarded empowerment coach and speaker. She is also the author of the Limitless Little Leaders children's book series, a board member with the Girl Scouts of Northern NJ, a girl-mom, and women's advocate.

She brings 20 years of experience in the biopharmaceutical industry leading companies, teams, and individuals through strategic change and growth, and most recently served as Vice President of a Fortune 100 Company.

She holds a Bachelor's of Science in Human Development, and she is a Trauma-Informed Certified Coach. Her insights have been featured in well-known media outlets such as Thrive Global and Authority Magazine. As an empowerment coach, she works with high-achieving woman to stop chasing success and start owning it.



signature keynote

Unleash Mour Extraordinary

• When doing too much is never enough

• Understanding the validation trap

• How to identify & overcome your limiting beliefs

• Eliminating self-sabotaging behaviors

• Overcoming imposter and superwoman syndrome

• The key to self-fulfillment

• Stepping into your personal power