

## Maslach Burnout Inventory (MBI) for Physicians

Score	Frequency
0	Never
1	A few times a year
2	Once a month
3	A few times a month
4	Once a week
5	A few times a week
6	Daily

Emotional Exhaustion	Score (0-6)
I feel emotionally drained from my work.	
I feel used up at the end of the workday.	
I feel fatigued when I get up and have to face another day on the job.	
Working all day is really a strain for me.	
<b>Total Emotional Exhaustion Score</b>	

Depersonalization	Score (0-6)
I feel I treat some patients as if they were impersonal objects.	
I've become more callous toward people since I took this job.	
I don't really care what happens to some patients.	
<b>Total Depersonalization Score</b>	

Personal Accomplishment (Reversed Scoring)	Score (0-6)
I feel I am positively influencing people's lives through my work.	
I feel energetic and fulfilled in my role as a physician.	
I feel like my work makes a meaningful difference.	
<b>Total Personal Accomplishment Score</b>	

Email your scores to [aloha@themauiway.com](mailto:aloha@themauiway.com) to receive your free analysis!