



MINNESOTAFLYERS

GYMNASTICS AND FITNESS

NEWSLETTER - SEPTEMBER 2024

CALENDAR

Sept 4 Team Practice Resumes

Sept 9 Fall Session Begins

Sept 14 **Pink the Rink**

Team Competition Levels 3-5 in Grand Rapids

Sept 16 Cookie Sales Fundraiser Begins!

Sept 21 National Gymnastics Day

Watch our social media pages for more info!

Saturdays

10am – Noon: Open Gym

12:30pm & 2:30pm: Birthday Parties

➤NEXT➤ MONTH

October 4 – First Parents Night Out of the school year!

October 6 – National Coaches Day

October 8 – Fundraiser with The Dashery

Follow us on Facebook and Instagram
for all the latest news and events!



Staff Spotlight Coach Shayla

You'll find Coach Shayla with the Wiggle Worms, Jr Hot Shots, and Hot Shots classes! She loves books & audiobooks - a fave is *The Nightingale* by Kristin Hannah. Outside of the gym she loves playing and cooking with her daughter, Kira, and crochet/knitting.

She loves seeing how happy the kids get when they learn or master something new, and watching their confidence grow from week 1 → week 10.

Students of the
Month will return
in October!



SEPTEMBER 16 - OCTOBER 14

Help us sell cookies and other
fun products!

Our goal is to raise **\$40,000!**

All proceeds go to MN Flyers and the
Movement Matters Capital Campaign!



PACKETS WILL BE SENT HOME WITH EACH CHILD THE WEEK OF SEPTEMBER 16TH.