

## **NEWSLETTER - SEPTEMBER 2024**

## CALENDAR

Sept 4 Team Practice Resumes

Sept 9 Fall Session Begins

Sept 14 **Pink the Rink** 

Team Competition Levels 3-5 in Grand Rapids

Sept 16 Cookie Sales Fundraiser Begins!

National Gymnastics Day Sept 21

Watch our social media pages for more info!

## **Saturdays**

10am - Noon: Open Gym

12:30pm & 2:30pm: Birthday Parties



October 4 - First Parents Night Out of the school year!

October 6 - National Coaches Day

October 8 - Fundraiser with The Dashery

Follow us on Facebook and Instagram for all the latest news and events!





## Staff Spotlight Coach Shayla

You'll find Coach Shayla with the Wiggle Worms, Jr Hot Shots, and Hot Shots classes! She loves books & audiobooks - a fave is The Nightingale by Kristin Hannah. Outside of the gym she loves playing and cooking with her daughter, Kira, and crochet/knitting. She loves seeing how happy the kids get

She loves seeing how happy the kids get when they learn or master something new, and watching their confidence grow from week 1 —> week 10.

Students of the Month will return in October!

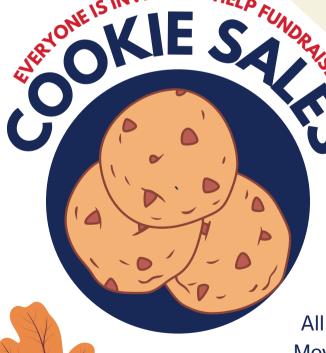


Help us sell cookies and other

fun products!

Our goal is to raise \$40,000!

All proceeds go to MN Flyers and the Movement Matters Capital Campaign!





PACKETS WILL BE SENT HOME WITH EACH CHILD THE WEEK OF SEPTEMBER 16TH.