Top 3 Personal action steps	<u> </u>
Top 3 Personal a c t i o n s t e p s  //	dont forget
//	
Top 3 Financial a c t i o n s t e p s  //	create memories
// //	
Top 3 Professional a c t i o n s t e p s  //	self pep talk
//	
//	

BIG ROCKS

			My	ÿ		
J	A	N	U	A	R	}
		R	evi	ew		

	highs of LAST MONTH	lows of LAST MONTH
1		1
2		2
<i>3</i>		3
	П	

UNEXPECTED COOL // [ this happened and I didn't expect]

Top 3 Personal a c t i o n s t e p s  #  Top 3 Financial a c t i o n s t e p s  #  Top 3 Professional a c t i o n s t e p s  #  Top 3 Professional a c t i o n s t e p s  #  #  #  #  #  #  #  #  #  #  #  #  #		
Top 3 Professional a c t i o n s t e p s  self pep talk  //	// //	dont forget
Top 3 Professional a c t i o n s t e p s  self pep talk  //		create memories
		self pep talk
	// //	

BIG ROCKS

# My FEBRUARY Review

	highs of LAST MONTH	lows of LAST MONTH
1		1
2		2
<i>3</i>		<i>3.</i>
		AST MONTH
	П	

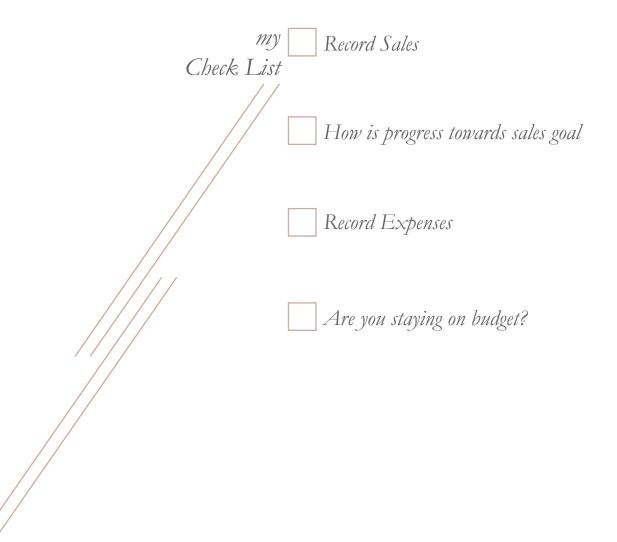
UNEXPECTED COOL // [this happened and I didn't expect]

Top 3 Personal a c t i o n s t e p s	
// // // // // // // // // // // // //	dont forget
Top 3 Financial a c t i o n s t e p s  //	create memories
// //	
Top 3 Professional a c t i o n s t e p s  //	self pep talk
//	
//	

BIG ROCKS

QUARTER 1 // REVIEW
Personal + Professional + Financial

### Quarter **One** Review financial



# Quarter **One** Review personal

How am IReally?
What did I do to care for myself this past quarter?
What would I like to add in the upcomcoming quarter?
What do I need to say no to in the upcoming quarter?

## Quarter **One** Review professional

What is working?	lessons learned:
What isn't working?	
My most proud moment of the past year is	
	Hooray! You did it!
	Number of Action Steps Achieved:
W hat am I grateful for? W hat good things have happened?	
	Number of Goals Achieved:

#### Remind + Recommend

99% of the battle is staying **FOCUSED**! Take time to rewrite your goals. Check off any you've completed and don't forget to celebrate even the smallest victories!

**REFOCUS SELF PEP TALK:**