

Top 3 Personal *action steps*

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don't forget

Top 3 Financial *action steps*

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//

create memories

Top 3 Professional *action steps*

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self pep talk

my
BIG ROCKS //

My
J A N U A R Y
Review

highs of LAST MONTH

1. _____
2. _____
3. _____

lows of LAST MONTH

1. _____
2. _____
3. _____

goals achieved LAST MONTH

- _____
- _____
- _____
- _____
- _____

UNEXPECTED COOL //
[this happened and I didn't expect] //

Top 3 Personal *a c t i o n s t e p s*

//

//

//

dont forget

Top 3 Financial *a c t i o n s t e p s*

//

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//

create memories

Top 3 Professional *a c t i o n s t e p s*

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self pep talk

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My
F E B R U A R Y
Review

highs of LAST MONTH

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QUARTER 1 // **REVIEW**
Personal + Professional + Financial

Quarter One Review
financial

my *Record Sales*
Check List

How is progress towards sales goal

Record Expenses

Are you staying on budget?

Quarter One Review
personal

How am I...Really?

What did I do to care for myself this past quarter?

What would I like to add in the upcoming quarter?

What do I need to say no to in the upcoming quarter?

Remind + Recommend

99% of the battle is staying **FOCUSED!** Take time to rewrite your goals. Check off any you've completed and don't forget to celebrate even the smallest victories!

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

REFOCUS SELF PEP TALK :

Take time to celebrate!

Share your success story with me : shanna@shannaskidmore.com