



Hello

I'm Jamie

Registered Dietitian, Bariatric
Patient and Author

the
Sleeved[®]
Dietitian



+101,700
Total followers

+74,900
Instagram
Followers

+27,000
Tik Tok
Followers

+13,100+
Email
Subscribers

+100,000
Monthly
Impressions

+5,000
Customers



Jamie Specializes In:

- Bariatric surgery advocacy
- Nutrition for weight loss
- Providing weight loss surgery lifestyle tips and tricks



**I can't wait to
hear from you!**

@thesleeveddietitian

support@thesleeveddietitian.com

The T.R.I.B.E. Membership

About Jamie

Jamie is a registered dietitian, virtual nutrition coach, and influencer who has a significant presence in the bariatric community. Jamie is the owner of The Sleeved Dietitian, a brand that bridges the gap between bariatric professionals and patients. Jamie helps bariatric patients take the guidelines given to them by their surgeons and implement them in a sustainable way for long-term results. She is also the author of the book “The Easy Way Out,” releasing 9/16/23.



Brand Collaborations & Opportunities

As both a Registered Dietitian and a weight loss surgery patient herself, Jamie is a well known and respected influencer and advocate for the bariatric community.

- **Reels & Tik Tok Videos**
- **Podcast & Media Interviews**
- **Product reviews**
- **Social Media Content**
- **Public Speaking & Guest Appearances**

The T.R.I.B.E.[®]

Click the link above to learn more!

Jamie is the Creator and Founder of the T.R.I.B.E.[®] Membership Program. The T.R.I.B.E.[®] is a virtual community that brings women on their bariatric journeys together where they can find support and reliable, evidence-based, guidance. The T.R.I.B.E.[®] has supported +1000 women with an average retention rate of +8 months, which is nearly 3x greater than the average membership retention rate.

THE REAL INSIGHTS OF BARIATRIC EATING

T·R·I·B·E[®]



Services & Branded Content

STATIC POST **\$2,250**

Static post/carousel on Instagram feed with caption.

INSTAGRAM STORY & PRODUCT REVIEW **\$1,500**

Instagram story promoting product or service. Available for 24 hours.

REEL/ TIK TOK **\$2,750**

Reel/Tik Tok video (posted to both feeds) with caption

EMAIL, MEMBERSHIP OR BLOG MARKETING **\$1,500- \$2,500**

Minimum starting point

Included but not limited to custom email marketing, blog post feature, T.R.I.B.E. Membership feature, etc. Prices vary depending on deliverables, content and character limit. Inquire below for a personalized quote.

SPEAKING ENGAGEMENTS

If you would like Jamie to speak at your event please inquire below.

CUSTOM PACKAGES & BUNDLES UPON REQUEST

** Additional fees apply for paid usage and rights



support@thesleeveddietitian.com