



## LOCATION

Our Safe Space is easily accessible and located on Croydon High Street (South End).

Local buses include: 60, 468, 119, 466, 312, 405, 407, 645 (Combe Road)


Prioritising safety, we are situated on a property featuring a gated telecom entrance and CCTV surveillance.





ANIMA YOUTH  
EMPOWER  
HER  
Safe Space




## CONTACT US

 [info@animayouth.co.uk](mailto:info@animayouth.co.uk)

 [@animayouth](https://www.instagram.com/animayouth)

 [www.animayouth.co.uk](http://www.animayouth.co.uk)

 Croydon, CR0 1BE







## OUR VISION

Our vision for this safe space is to provide young mums and their toddlers with a secure and welcoming environment where they can relax, receive support, and find guidance.

We strive to create a warm, home-away-from-home atmosphere that not only empowers young mums to achieve their goals but also ensures they feel safe and valued.

This space is designed to be a sanctuary where young mums can thrive as mothers but, just as importantly, as young women, fostering their well-being and ambitions..



## SAFE SPACE FEATURES



### 1-2-1 SUPPORT

We offer a dedicated 1:1 drop-in service with our Specialist Young Mums Support Worker, available for any young mum in need of assistance. .



### WORKSHOPS

We host intimate small group workshops designed specifically for young mums, offering a variety of activities ranging from floral making to therapeutic well-being sessions.



### MAMA & PLAY

We provide a cozy play area for young mums to bring their toddlers where they can play and read in a comfortable environment.



### TEA & BISCUITS DROP IN

During the week our Space is open for drop in's, whether you want to spend time by yourself over some tea or biscuits or chat casually to our Young Mums Support Worker



## REFERRAL PROCESS

Referrals for our Young Mums Empower Her Safe Space can be made by local authority teams, mother and baby units, and community organisations supporting young mums.

Young mums aged 15 to 23 are also able to self-refer to access the EmpowerHer Safe Space and Services.

Please send all referral requests via email to [info@animayouth.co.uk](mailto:info@animayouth.co.uk).

