## GOAL WORKSHEET

#### ESTABLISH YOUR PAIN, YOUR SUFFERING, YOUR STRUGGLE AND WHERE YOU MUST GET AWAY FROM, IN RELATION TO STARTING/SCALING YOUR BUSINESS.

Complete this section by writing down the 5 painful/uncomfortable things you need to get away from, or fix in your life.

How has not having a thriving, impactful business negatively affected you, and why you MUST get away from that?

What can you NEVER allow to happen to you or your family because of the LACK of your business?

What pain have you been in the past, that you must absolutely get rid of?

EX : I'VE BEEN LIVING PAYCHECK TO PAYCHECK, STRUGGLING TO PAY BILLS FOR YEARS NOW. I CANNOT ALLOW MYSELF TO FALL DEEPER INTO THIS RAT RACE HOLE.

## GOAL WORKSHEET

### ESTABLISH YOUR DREAM, PLEASURE, AND WHERE YOU WANT TO GO, IN RELATION TO YOUR BUSINESS

Complete this section by writing down the 5 things you hope to gain from LashBabe Academy

What great things will happen in your life if you have a successful business?

What is the ABSOLUTE best possible thing that could happen if you built the business of your dreams?

EX : I COULD REALLY TAKE MY FAMILY ON THAT TRIP TO BALI THAT WE HAVE BEEN DREAMING ABOUT. I COULD FINALLY STOP STRESSING ABOUT THE PRICES ON THE MENUS WHENI GO TO RESTAURANTS.

# GOAL WORKSHEET

#### FIND THE ONE PERSON THAT YOU MUST ABSOLUTELY FIGHT FOR

In order to succeed in LashBabe Academy, who is the one person that you MUST fight for?

Why must you fight for this person?

## PUTTING IT ALL TOGETHER: ON THE FOLLOWING PAGE, FILL OUT THE "COMMITMENT MANIFESTO"

### COMMITMENT MANIFESTO

I commit to showing up every single day and take MASSIVE action on what I learn because I need to get rid of/get away from \_\_\_\_\_\_ (INSERT PAIN)

And when I finally master what I learn, I'll be able to (INSERT DREAM)

When I inevitably go through tough times in my business, I will remind myself that I'm fighting for \_\_\_\_\_\_ (INSERT person you're fighting for)

#### FOR THE NEXT 8 WEEKS, I COMMIT TO :

 Going over the training videos, daily practice of my lash skills and reaching out to my coach whenever questions arise.
Being an active participant within the FB Community group.
Always approach any situation with a "give-value-first" mindset
RELENTLESSLY execute on what I learn

Because I truly am a person who does things I say I'm gonna do.

Name :

Signature :

Date :