



2021-2022

HEALTH + SAFETY PLAN 2.0



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School Health Plan 2.0 Summary + Parent Communication

Letter From the Principal - July 31, 2021

YVCS successfully navigated the 2020-2021 school year as one of the only schools to provide a fully in-person model for the entire school year to show not ONE case of COVID-19 in our community.

We started the year in August 2020 with nearly 90% of our students joining us in-person and finished the year in June with more than 50% increase in students and 100% of our students joined us for in-person instruction. The YVCS community rallied and demonstrated an extraordinary level of cooperation to achieve our goals. The same level of dedication will be required of us again, and I have no doubt that each one of our families will meet that challenge. As you carefully read through the 2021-2022 Health Plan, which has been approved by the YVCS administration, and the YVCS Board of Directors, we ask for your unwavering and uncompromised cooperation.

Whether you print this and put it on the refrigerator or simply read through it leisurely with your family, there's one requirement that is paramount for our success: if your child is sick, please keep him/her home!

Our plan is mostly taken from Timothy Christian, a private, Christian school that was recognized as a National Blue Ribbon School. Based on consideration of our own internal data from the 2020-2021 school year, data and information from other schools, the expertise of our health task force, guidance from the CDC, CADPH, CDE, the local health department and other local entities, and a lot of prayer.

It remains our conviction that a responsible and adaptable plan accompanied with opportunities for parental choice will yield the best results. No different than any other year, we are ready and willing to pivot to lesser or stricter protocols if warranted. There are plenty of factors that could lead to adaptations in the plan. It seems unlikely that our plan will remain "as is" for the entire school year. Every successful organization maintains a posture of constant learning, growth, and flexibility. We are excited about the 2021-2022 school year! It will take all of us to achieve our mission. Let's stay united as a team and stick together...through it all. Our students are counting on us. By the grace of God and the power of His might, we can do it! We appreciate your support and covet your prayers.

Ilyn Kagawan

YVCS COVID-19 HEALTH + SAFETY Pillars

1. **COOPERATE!** Please keep sick children home. This is critical to our success.
2. **COMMUNICATE!** Please report symptoms, absences due to sickness, test results, and direct questions to the staff.
3. **CARE FOR ONE ANOTHER!** Let's stay united throughout the school year.
Psalm 133:1
4. **COMMIT OUR SCHOOL TO PRAYER!** Let's regularly take time to pray for Ygnacio Valley Christian School. Ephesians 3:20, 21

EXECUTIVE SUMMARY

Once again, the 2021-2022 Health Plan for Ygnacio Valley Christian School has been drafted early for your review. Similar to last year, it is intentionally and openly fluid. This document breathes...and will undoubtedly adapt over time. We've learned over the past year that far too many organizations remained frozen in the arena of conjecture, thus being rudderless for long periods of time. Leadership demands decision-making. As a leader in the private school movement and following a similar timeline to last year, we are out early in stating our goals for the upcoming school year in this document. Early planning along with early communication gives us a head start in working toward and achieving our goals.

Throughout the document, you will see that our plan more closely resembles what we remember as "normal school." We have made adjustments to our previous health plan as it relates to masks, contact tracing, symptom reporting, and a few other issues...and yet there are other portions of our previous health plan that remain fully and strictly in place. Plenty of expert opinions from varying viewpoints and backgrounds have collaborated to launch this plan. We intentionally allowed for an honest exchange of ideas and plenty of back-and-forth in our planning sessions.

In an effort to make the plans for 2021-2022 as practical and user-friendly as possible, we've put our plan into a 2 parts:

- 1) Overview of the August 2, 2021, [CA Department of Health Guidance for K-12 schools](#) followed by
- 2) a question & answer format.

We've gone through enough troubleshooting from the previous year that we believe this will be the simplest and most effective way to translate the plan for everyone. Please take time to familiarize yourself with the plan. It's success depends on everyone's participation. We can do it!

HEALTH PLAN | QUESTION & ANSWER

Will YVCS offer a fully remote option for the 2021-2022 school year?

No. However, we will have a practical and user-friendly education plan for those students who are out of school for an extended period due to Covid. This plan will closely resemble conventional plans from previous years for extended sickness or other reasons.

Will families be required to continue to daily self check their child(ren) for symptoms?

Yes. But at this time, YVCS will not require the daily reporting form that was in place last year. Even so, let's continue to be strict in keeping sick students home -- the single most important part of our plan. We need everyone's cooperation!

In place of the daily reporting form, we will continue to track all absences due to illness, so please report any illness/symptoms to admin@yvcschool.org strike

Are masks optional for the 2021-2022 school year?

Yes, that is the plan. But we will be following whatever the county guidelines recommend. *UPDATE * See preceding section about current CA K-12 Education Health Plan released on 08/02/21.

Will YVCS contact trace during the 2021-2022 school year?

Upon notification of a positive Covid case, families of students in the same classroom/cohort will be made aware of any positive cases in their child's classroom(s) and can make determinations for their own child. If a family decides to voluntarily quarantine their child, the quarantine cannot exceed 14 days.

We will not uniquely contact trace every student who was within 6' or 3' of a positive case during the day. Please do not ask our staff or teachers for this information. Rather we will generally contact trace with these notifications outlined in the bullet point above.

Will YVCS require or track Covid vaccination status?

No. YVCS will not require or track this.

What if my child is sick? How soon can he/she return to school?

Students with a fever (a temperature that meets or exceeds 100.4°F is considered a fever), loss of taste/smell, sore throat, and/or body aches will require clearance from a medical provider before returning to school.

Students with a cough, runny nose, vomiting, and/or diarrhea will require 24 hours of no symptoms before returning. This is true for all students, regardless of vaccination status.

Siblings without symptoms may come to school.

What if my child or someone in my household has an exposure to someone who has tested positive for Covid?

If anyone in the student's household tests positive for Covid, the student must quarantine for 14 days.

-
- For an exposure outside of the student's household, assuming your child does not have any symptoms, we are largely leaving it up to the home -- he/she may return to school. We simply ask that you closely monitor your child for symptoms...and all children in the household stay home if symptoms develop. You are also welcome to voluntarily quarantine your asymptomatic child in these circumstances for any period of time up to 14 days.

What if my child tests positive?

Please report all positive (and negative) test results to admin@yvcschool.org

Upon reporting the positive test to the staff, you will receive specific instructions for your child, which may include isolation of your child and quarantine of others in your household.

While your child or anyone in your household waits for test results, please stay home.

Your child will be able to continue with their YVCS education during quarantine, although significantly different and more simplified than the plan for the 2020-2021 school year.

Will YVCS require social distancing in the 2021-2022 school year?

In general, this will not be a consistent practice, but may implement it if needed.

What should I expect regarding lunch?

For the most part, we will continue with hot lunch program and return to our designated lunch areas on campus.

What about cleaning and hygiene protocols?

We will continue with daily cleanings using approved and effective products.

We also will continue to maintain our hand sanitizing stations throughout the campus and encourage regular handwashing. Good hygiene practices will be a regular topic with our students.

WORTH NOTING

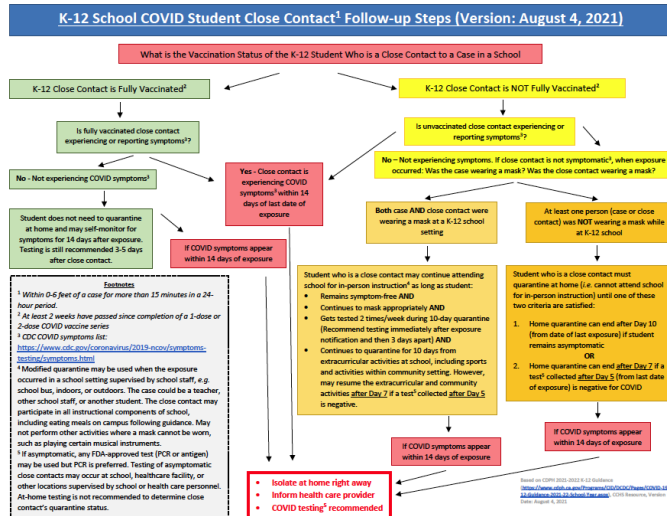
As stated in the introduction, if necessary, these plans will change. It is important for any organization to stay nimble and willing to pivot.

YVCS will devote continued attention throughout the year to making sure our community knows the health plan and is informed of any changes, thus taking our commitment to success to a higher level.

Appendix A: When to Stay Home

Should I send my child to school? Please consult these documents: [Decision Tree](#)

3 - Thumbnails pictured below.



Quarantine Requirements for Students

1. Vaccinated Close Contacts:

If you have been fully vaccinated, you may not need to quarantine. Students who are fully vaccinated do not need to quarantine following a close contact exposure if they:

- experience NO symptoms of illness; and
 - provide the school with proof of vaccination.
- Testing is still recommended 3-5 days after close contact (per CDC on 8.4.21).
- If COVID symptoms appear, students must isolate immediately and contact healthcare provider.

2. Unvaccinated Close Contacts & Both Parties Were Wearing a Mask:

When both parties were wearing a mask in any school setting^{**} in which students are supervised by school staff, unvaccinated students who are close contacts may undergo a modified quarantine. They may continue to attend school for in-person instruction if they:

- Are asymptomatic;
- Continue to appropriately mask, as required;
- Undergo at least twice weekly testing^{**} during the 10-day quarantine; and
- Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.

3. Unvaccinated Close Contacts & One or Both Parties Were Not Wearing a Mask:

Those who have NOT had any symptoms, may end their self-quarantine under the following conditions:

- Quarantine can end after Day 10 from the date of last exposure without testing and the student may return to school; OR
- Quarantine can end after Day 7 if a negative test is collected after Day 5 from the date of last exposure.
 - Those who end quarantine on day 7 after a negative test, may return to classroom instruction only. Extracurricular activities may resume after day 10.
 - To discontinue quarantine before 10 days following last known exposure, the student must:
 - Continue daily self-monitoring for symptoms; AND
 - Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds).
 - Symptoms should be monitored for 14 days (10-day quarantine plus 4 additional days).
 - If any symptoms develop during the 14 days, the exposed person must immediately isolate, get tested, and contact their healthcare provider with any questions regarding their care.

4. Isolation Recommendations

For both vaccinated and unvaccinated persons, follow the CDPH [Isolation Guidance](#) for those diagnosed with COVID-19.

^{**} Definition of a Close Contact: More than 15 minutes over a 24-hour period within 0-6 feet, indoors or outdoors.
^{**} School setting means indoors, outdoors, on school buses, as well as any other supervised school activity.

^{**} For a list of CDPH approved COVID tests, requirements [here](#). Please note, at-home tests will not be accepted by County Health.

[View County Health home quarantine instructions](#)

COVID-19 Student Guidelines (as of August 11, 2021)

If Your Student Was Sent Home or Reported an Absence Due to Covid-19 Symptoms, Please Follow the Requirements Below

To return to in-person school, your child must either get 1.) a COVID test, 2.) a written clearance from their medical provider, or 3.) complete a 10-day quarantine. Please consult with your medical provider. For an acceptable COVID test, see guidance [here](#). At-home tests will not be accepted.

COVID-19 Test Taken

Negative Result [Without Known COVID Exposure] You should remain home until symptoms have improved and fever-free for 24 hours without medication use. Submit proof of a negative test to your school site prior to your return to school.

Negative Result [With Known COVID Exposure] See page two for a comprehensive explanation of quarantine and testing following a close contact COVID exposure.

Positive Result:

- You must remain at home for at least 10 days since symptom onset and
 - at least 24 hours have passed since the resolution of fever without the use of medication and
 - Other symptoms have improved.
- Notify your school site of a positive test so contact tracing can begin. No documentation is needed to return to school after the required 10-day isolation.

No COVID-19 Test Taken

- You must remain at home for at least 10 days since symptom onset and
- at least 24 hours have passed since the resolution of fever without the use of medication and
- Other symptoms have improved.

COVID-19 Contact Definitions

Close Contact: You have been in direct contact with a person who has COVID-19 for a cumulative amount of time greater than 15 minutes and less than 6 feet away. See Page 2 for Quarantine Guidelines Based on Vaccination Status.

Contact of a Contact: You have been in contact with someone who has been identified as close contact with a COVID positive person. You do not need to quarantine. However, if you develop symptoms of COVID-19, contact your medical provider or get a COVID test.

Other COVID-19 Procedures

Do not take a COVID-19 test if it has been less than 90 days since you have had COVID-19. You do not need to quarantine if,

- You have been identified as a close contact, and
- You have had COVID-19 in the past 90 days, and
- You are asymptomatic.

If you develop any signs or symptoms of COVID-19, contact your healthcare provider immediately.

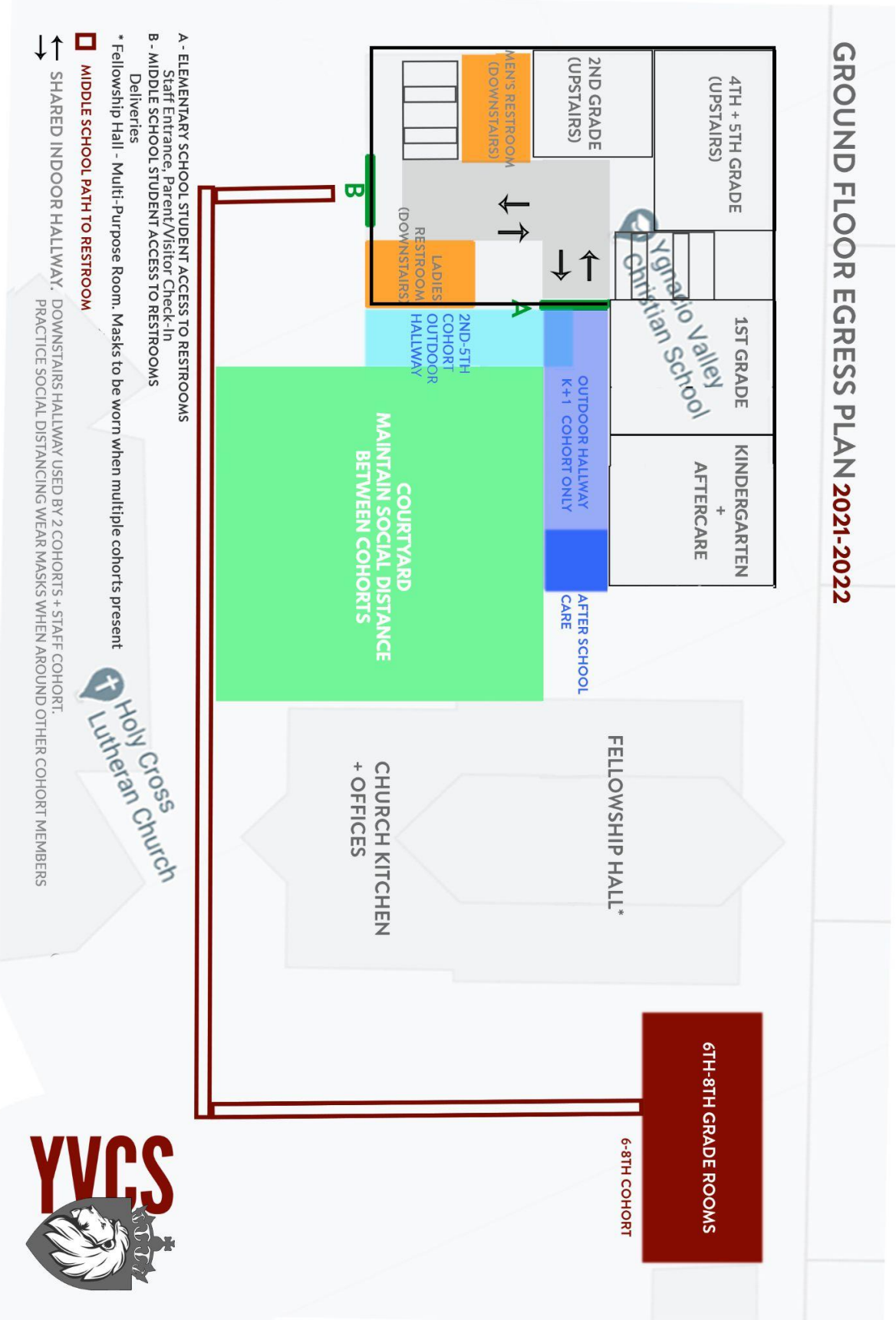
Attendance and On-Campus Activities

If You Are Ill, Please Do Not Come onto Campus.

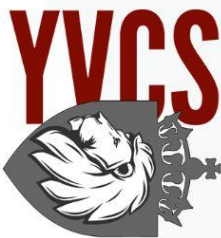
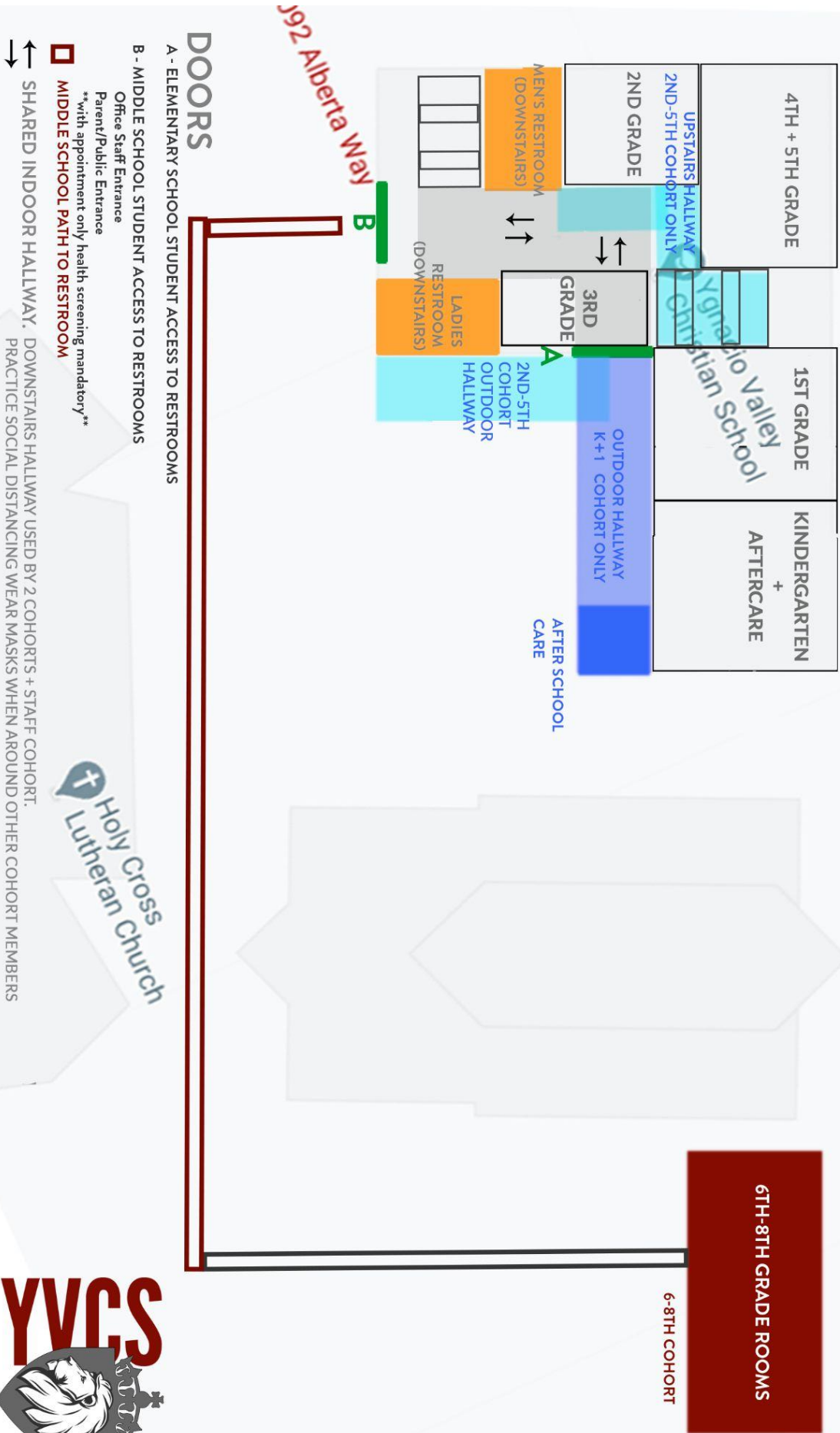
You will need to follow the CDPH guidelines for any COVID-related symptoms to resume on-campus activities, including sports. This includes submitting required medical documentation to attend. See flowchart.

You cannot participate in any on-campus activities during your illness (i.e., sports, groups, material pick up, etc.)

Appendix B - Foot Traffic, Egress and Movement



UPSTAIRS EGRESS + FLOW



Appendix C: 10 Things to Manage Symptoms at Home

10 things you can do to manage your COVID-19 symptoms at home

Accessible Version: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

If you have possible or confirmed COVID-19:

1. **Stay home** from work and school. And stay away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



2. **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



3. **Get rest and stay hydrated.**



4. If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



6. **Cover your cough and sneezes.**



7. **Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



8. As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



9. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



10. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



CS 315822-A 05/11/2020

cdc.gov/coronavirus

Appendix - Additional Campus Signage

CORONAVIRUS
(COVID-19)



WELCOME

FACE COVERINGS REQUIRED.
Non-medical masks, scarves, bandanas
and cloth are permitted.

Thank you.

For more information please visit:
www.coronavirus.cchealth.org/

YGNACIO VALLEY
CHRISTIAN SCHOOL

CORONAVIRUS
(COVID-19)

YGNACIO VALLEY
CHRISTIAN SCHOOL

PREVENT
THE SPREAD


STAY HOME IF
YOU'RE SICK


WASH HANDS
FOR 20 SECONDS


WEAR A FACE
COVERING OR MASK


STAY AT LEAST
6 FT APART

PROTECT YOURSELF AND OTHERS.

Thank you.

For more information please visit:
www.coronavirus.cchealth.org/

