

ANNUAL REPORT

FINANCIAL YEAR 2022-2023





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FROM THE FOUNDER'S DESK



Sai Aashraya's Journey over the last 6 years, working around the four pillars of Food & Nutrition, Medicare, Educare, and Sociocare, has verily been a saga of pure Love & Selfless Service. Over 5.5 million healthy meals have been served through the Breakfast Seva and the 24/7 Food Seva, over 72,000 Patients have been treated with Loving and Holistic Medicare in the remotest parts of our great Nation, 9 Schools with over 1,500 children & 6 Villages have been adopted (as of November 2022) by Sai Aashraya and are today self-sustained. Today the construction of Sai Aashraya Super Speciality Hospital (SASSH) – Our own State-of-the-Art 220 Bed Super Speciality Hospital specializing in Paediatric and Adult Cardiac Care and Mother & Child Care (OB/GYN) with no billing counter, is more than half way through. To learn more about how this saga of Love unfolded itself, and to be a part of the Mission of Love & Service that Sai Aashraya is on, please do go through our website <http://www.SaiAashraya.org/> and also watch Sai Aashraya's Documentary series titled Chronicles of Love which has in detail the story of this incredible journey so far.

It is with great happiness that we now present to you this Annual Report which will highlight all the latest updates and progress made by Sai Aashraya from the month of April 2022 to March 2023. With the progress of the construction of Sai Aashraya's Super Speciality Hospital (SASSH) gathering rapid pace, all the other Seva Projects are also being conducted with the same intensity as always. The new schools taken up by Sai Aashraya under the breakfast Seva project, has given us the opportunity to meet and serve many more ignited minds with golden hearts who are the future of our Nation and the world at large.

You can also read the previous editions of Hridaya Spandanam, our newsletter, here <https://www.SaiAashraya.org/blog>

Dear Readers, as most of you would be aware, Bharat has taken charge of the G20 Presidency and is the host for this edition. The theme of the G20 this time is वसुधैव कुटुम्बकम् Vasudhaiva Kutumbakam – The entire world is one family. One Earth – One Family – One Future. Keeping in line with the same principles, our temple of healing is being built to serve all of humanity as one family in the best possible way.

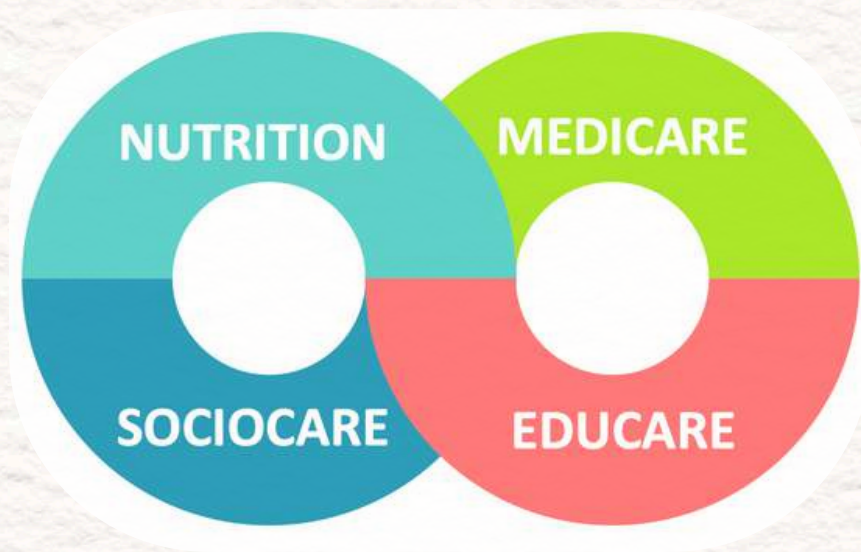
SAI AASHRAYA



Sai Aashraya is a Non-Profit trust headquartered in Bengaluru, India. Sai Aashraya is Registered under Section 12A & 80G of the Indian Income Tax Act 1961 and as a registered 501c(3) Non-Profit Organization in the USA

Sai Aashraya's Mission of Love & Service is constituted by the following four Pillars: **Food & Nutrition, Medicare, Educare, Sociocare**. By working through the above mentioned 4 Pillars in every project, Sai Aashraya has been successful in providing Holistic care enabling growth and self-sustenance to millions of families, and community.

Through the various Service initiatives taken up under these 4 pillars, Sai Aashraya's vision is to achieve the following; **Equality, Integrity, Unity, Fraternity**. These are the hallmarks of a self-reliant society and are pivotal to achieving Global Harmony and Universal Peace.



Through its extraordinary contributions toward alleviating human suffering, with an established record of achievement by significantly contributing to solving societal problems, Sai Aashraya has demonstrated a compelling programmatic approach to make a lasting transformational impact. With the organizational capacity and administrative efficiency, Sai Aashraya has proven the ability to scale services by prioritization, inclusion ensuring no biases in its strategies. Sai Aashraya has demonstrated effective partnerships and collaborations to build sustainable solutions that spotlights continuous evaluations and programmatic improvement strategies to achieve holistic care.

Continuously missing out on a nutritious breakfast makes it harder for children to get enough nutrients needed for good physical and mental health and learning.

BREAKFAST SEVA

Sai Aashraya's Breakfast Seva

This Seva Project that is the closest to all our hearts has gathered tremendous momentum in the past few months. With 9 schools and nearly 1,500 children under our wings, we feel immensely blessed to be a part of the journey of these little children with ignited minds who are the future of our planet

The children and their families have been expressing their heartfelt happiness and gratitude to us every day for an opportunity to serve that they bestowed upon us! Fresh, Tasty and Healthy food is cooked every morning in our kitchen from 3am and is brought to all the schools in our Food Truck.



The students join our volunteers in unloading the vessels, preparing the counter and then serving their brethren in a systematic way.

The senior students take turns every day to serve and partake food only after the last student has been served.

One of Sai Aashraya's highest priorities is the education and all around personality development of all these little children who will surely be the iron men and women taking our Nation and the World on the right path forward.



The teachers see the behaviour and attitude of the students changing dramatically. More importantly the parents have been telling us how happy they feel seeing their children get on the right path. Needless to say, the schools have seen no dropouts this year as well so far and the students have shown tremendous all around development. One of the mothers told us how she always wanted to give the best for her child like all mothers but could not do so due to the circumstances they lived in. She said my only prayer to God, who is all of our Mother, was to help look after my child's wellbeing and he has sent all of you. In you all, my child has found another mother, father, siblings and a family.

This dear readers, is the certificate that matters the most to all of us in Sai Aashraya - 'Maa Certified'. The happiness in a mother's eyes when she sees her child do well is something no one can describe in words.

Children who skip breakfast feel tired, restless, and irritable. Their mood and energy drops by midmorning.

- **Breakfast provides the energy children need to focus and learn effectively.**
- **Children from food-insecure households are at greater risk of malnutrition & poor health outcomes.**



Dear Readers as most of you are aware, this was the first village adopted by Sai Aashraya under the Sai Aashraya Village Integrated Programme (SAVIP) 6 years ago. From being ignored by the society and seeking alms to being self-reliant today, the story of the lives of these people living in this humble village is a testament to their will power and determination.

SAI ADARSHA GRAM, DHARMAPURI

Along with the Medicare Camp, provisions are distributed to all the 75 families for a month lovingly by our volunteers who went to the doorstep of the residents and handed over the provisions including Rice, Dal, Turmeric Powder and Cooking Oil. We have been able to source and lovingly provide timely help to those elders needing walking aids, crutches, walkers etc. on a regular basis and it is heartening to see the elders move around on their own with a smile.

Well-controlled diabetes, hypertension, improved cardiac function etc. and overall better health have become a common finding in the recent camps. People are happier, their homes are happy and so is the entire village.

Leprosy dressing is carried out every camp, and the wounds have healed significantly and their exacerbation has been contained well.



The administration has been of immense help so far in identifying the right locations to carry out our Seva and we will begin our Medicare Camps . We are thrilled beyond words to be back in Arunachal and so are the people there. The local administration has played a vital role in the lead up to the camps and have assured us of all support.

SAI AASHRAYA ARUNACHAL PRADESH MEDICARE & GRAM SEVA





SAI AASHRAYA MEDICARE CAMPS, BENGALURU

Our first ever Medicare Camps began in Bengaluru and since the pandemic began, the restrictions with regard to large gatherings meant that we could not carry out the Medicare Camp every first weekend of month in our usual location. With the all the restrictions easing out, we are sure that we will restart carrying out the monthly Medicare Camps in Bangalore soon.

People have been reaching us over our Toll-free number and have been coming to collect their medicines in time. Our doctors have also been constantly providing consultations for the patients all over the Country.

Sai Aashraya continues to provide constant medical support via telemedicine to all its patients. Local Patients (From Bengaluru) with Cardiac Ailments, Hypertension and other major ailments continue to collect their medicines from the Centralised pharmacy of Sai Aashraya at Bengaluru.

Sai Aashraya Super Specialty Hospital (SASSH) is an upcoming healthcare institution dedicated to providing high-quality medical care to underserved communities. Located in Bengaluru, India, SASSH is the culmination of Sai Aashraya's commitment to holistic transformation and community welfare.

SASSH's mission is to deliver compassionate healthcare services, focusing on pediatric and adult cardiac care, mother & child care, and specialized medical treatments. SASSH is not only about providing critical medical care but also about promoting research, health equity, and fostering a culture of compassion and service.



SAI AASHRAYA SUPER SPECIALITY HOSPITAL

SASSH will boast state-of-the-art facilities, including:

220 Bed Capacity and 7 major and 2 minor Operating theatres with a Specialized focus on Pediatric and Adult Cardiology, Cardiothoracic Surgery, Obstetrics & Gynecology.

Diagnostic Services: Electrocardiogram, Echocardiography, Ultrasound, X-Ray, MRI, CT, Mammography.

Rehabilitation Center: Providing support to terminally ill patients, leprosy-affected individuals, providing Physiotherapy, Occupational Therapy, Counseling.

Medical Education Center: Offering DNB Courses, CMEs, International Conferences, STEM Trainings for medical students, and interns with a focus on nurturing future healthcare professionals. Research will be a critical part of SASSH with a focus not only on the survival of newborns but also on health, growth and overall development. The findings and publications will assist stakeholders, governments, and research institutes to close knowledge gaps for reducing neonatal mortality, morbidity and long-term impairment.

World class centralized industrial kitchen to extend breakfast services to surrounding villages to reach more underserved children & youth in schools and villages.

Sai Aashraya Village Integrated Programs (SAVIP): Sociocare programs to be offered to the youth in all neighboring villages, ensuring a culture of learning and advancement, and economic empowerment.

Accommodation facilities to house patient's attenders, volunteers, foreign doctors and medical staff.

Sai Aashraya's paramount objective is to enable a profound transformation in people's lives. There are several root causes that are crippling the underserved communities: hunger and malnutrition, no access to quality healthcare, inability and unaffordability by the families, lack of awareness on health & hygiene, shortage of training prospects and dearth of opportunities available at the right age. Thus, any organization wanting to truly make a difference to the underserved communities has to address all of these issues holistically to create a lasting transformation – which is what Sai Aashraya is planning to achieve through the Sai Aashraya Super Specialty Hospital establishment.

SASSH

This exponential progress has been made possible by meticulous planning and effective execution with high precision as well. The number of staff currently working at the construction site of our hospital is now more than 500. All of them have become part of Sai Aashraya's ever expanding family bound by pure Love. Our state-of-the-art Kitchen on site has been helping us serve fresh and healthy food throughout the day for all the staff. Breakfast for all the schools that are part of our breakfast Seva programme is also being cooked in the same kitchen. The staff have been witness to not just the hospital construction that they are part of but also all the other Seva Projects that are being carried out. The Loving care that is being provided to them, has touched their hearts and reflects in the hard work being carried out.



Many of the people who have come and visited the construction site have noticed the joy and enthusiasm with which all the staff go about their work. Some of them who have been in this field for long keep telling us that they have not seen a site like this. Dear Readers, we can only attribute this to one thing – Pure Love. All the staff are our family and we make sure that they are always at home. They keep telling us that they wish that we build many more such institutions and they take part in the construction.



One of the construction staff with tears in his eyes said "This is the first project where I don't miss my home. This is my home, my temple, my everything Sir"

FINANCIALS



Sai Aashraya is Registered under Section 12A & 80G of the Indian Income Tax Act 1961 and as a 501c(3) Non-Profit in the USA.

CATEGORY

SUMMARY %

MEDICARE

22 %

FOOD & NUTRITION

69 %

OTHERS

9 %

All contributions made to the Trust from India & from Abroad are tax deductible to the full extent permitted by law.

CONTACT

Sai Aashraya aims to impact millions of lives by building services that holistically weaves solutions to eliminate root causes that creates instability. The uniqueness of Sai Aashraya is its methodologies on identifying the really underserved across the nation who need emergency care and support. Patrons are invited to participate in this noble endeavor to support the construction and operation of SASSH. Your social investment and contribution will help directly in saving lives, and building healthier communities.

THANK YOU!

Contact.SaiAashraya@Gmail.com

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*Messengers
Of Love*



*Sai Aashraya
It's all about Love*