

The Playbook

Buzzzzzzz. The alarm wakes you up. At first you're startled, sulking to yourself in your half-asleep haze. Then you remember. It's GAME DAY. Suddenly you're exuberant, jovial even, as you hop out of bed. Have I lost you?

Okay... maybe that isn't you. But perhaps this is: Peter has taken you out to dinner a couple of times and you're anxiously awaiting the next time to see him when the phone rings. You know he's going to ask you out but you're a tad surprised when he asks you to go to the game tomorrow. You're too excited to realize what you've just agreed to until it's too late. Now what? You've never been to a game, where to start?

These are both extremes but they end in the same result as millions of Americans every day...attending a sports event. Some are fans, some are not and some lay somewhere else on the broad spectrum of sports fandom.

When I began TheSportsBrat.com it was to give ladies a different way to consume sports media. It's a fun reference guide to all things game day. You see, sports are more than just a game. They're drama, competition, athleticism sure, but they're also community, commonality and teamwork. Sports are the best reality show on TV. You truly never know what can happen.

Hey, they aren't for everyone but chances are you're going to be invited to a least one sports event in your life. And even if you can run the west coast offense and play call better than Belichick you can always use a recommendation on recipes or new inspo for the prefect game day look.

Well cue the margs ladies, here's my guide to game day.