

Promises Promises

HOLDING ON TO WHAT GOD NEVER BREAKS ...



NEW LIFE CHRISTIAN CENTER
July 13, 2025

REAL REST

Pastor David Larson | Turlock

This is what the LORD says: "Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls." Jeremiah 6:16 (NIV)

1. Shhh... God is _____.

"This is what the LORD says..." Jeremiah 6:16 (NIV)

"My sheep listen to my voice; I know them, and they follow me." John 10:27 (NLT)

"In the past God spoke to our ancestors through the prophets at many times and in various ways, but in these last days he has spoken to us by his Son..." Hebrews 1:1-2 (NLT)

2. _____... and stand...and look.

"Stand at the crossroads and look..." Jeremiah 6:16 (NIV)

"Be still, and know that I am God!" Psalms 46:10 (NLT)

3. Ask for the _____ path, the _____ way, and _____ in it.

"ask for the ancient paths, ask where the good way is, and walk in it..." Jeremiah 6:16 (NIV)

*"Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it."
Matthew 7:13-14 (NLT)*

"Do not merely listen to the word, and so deceive yourselves. Do what it says." James 1:22 (NLT)

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4. God promises _____ for my soul.

"...and you will find rest for your souls." Jeremiah 6:16 (NIV)

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls." Matthew 11:28-30 (NLT)

One last thing... the _____

"I am the way, the truth, and the life. No one can come to the Father except through me." John 14:6 (NLT)

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This is what the LORD says: "Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls." Jeremiah 6:16 (NIV)

1. **Shhh... God is SPEAKING.**

"This is what the LORD says..." Jeremiah 6:16 (NIV)

"My sheep listen to my voice; I know them, and they follow me." John 10:27 (NLT)

"In the past God spoke to our ancestors through the prophets at many times and in various ways, but in these last days he has spoken to us by his Son..." Hebrews 1:1-2 (NLT)

2. **STOP... and stand...and look.**

"Stand at the crossroads and look..." Jeremiah 6:16 (NIV)

"Be still, and know that I am God!" Psalms 46:10 (NLT)

3. **Ask for the RIGHT path, the GOOD way, and WALK in it.**

"ask for the ancient paths, ask where the good way is, and walk in it..." Jeremiah 6:16 (NIV)

*"Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it."
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"Do not merely listen to the word, and so deceive yourselves. Do what it says." James 1:22 (NLT)

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4. God promises REST for my soul.

"...and you will find rest for your souls." Jeremiah 6:16 (NIV)

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls." Matthew 11:28-30 (NLT)

One last thing... the CHOICE

"I am the way, the truth, and the life. No one can come to the Father except through me." John 14:6 (NLT)

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DISCUSSION QUESTIONS
July 13, 2025

CONNECT

Describe a time where you were at a “crossroads” and had to make a decision. How did you come to an answer? (This can be as silly as which line to get in at Costco... or as serious as moving to a new city).

ENGAGE

What impacted you the most personally from the message?

GROW

1. The message highlights how noisy our world is. What are some of the biggest “noises” or distractions that keep you from hearing God?
2. The Jeremiah 6:16 passage (read it first) speaks about “ancient paths.” What does following the ancient path of faithfulness and obedience mean for us in 2025?
3. Read James 1:22. Why is it important to move from hearing to doing in our spiritual lives?
4. Who can you go to for spiritual wisdom or guidance about a decision you’re facing?
5. Read Matthew 11:28-30. How does Jesus define or describe the rest He offers?

LEAD (YOURSELF)

How will you remind yourself this week that real rest for your soul is found in Jesus, not in busyness or achievement?