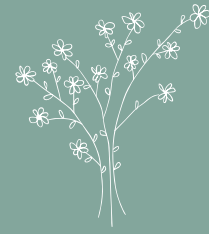


Lunch Table Identity Group

How to start & host a lunch table identity group.



A simple way to have a weekly conversation with your friends to celebrate wins, process and navigate the hard stuff & grow stronger together.

Identity Group : *trusted friends gathering to remind one another of who they are*

Conversation Tips for having a meaningful conversation - share these before starting	<ul style="list-style-type: none"> ● Be open & honest with each other ● Listen well to each other ● Keep it judgement free - cheer each other on! ● Don't try to fix one another, encourage each other ● Honor one another - keep it at the table
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CONVERSATION QUESTIONS	
What's going well this week?	What's hard this week?
What's an area where you need accountability?	How can we pray for you?



How to start a lunchtime accountability group that meets together weekly	<p>Identify 3-5 friends who want to gather and grow together. Extend a friendly invite to a weekly lunchtime table talk meet-up to:</p> <ul style="list-style-type: none"> ● celebrate and share successes with each other ● encourage each other ● hold each other accountable ● pray for each other <p>Decide which day of the week you will meet. Pick your meet up spot. Commit to hold each other accountable to meeting weekly and walking through the conversation questions together.</p>
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After you've been meeting consistently, consider taking turns bringing a verse or small section of Scripture to the table to discuss. Here are some discussion questions you can ask: What stands out to you in this Scripture? What challenges you? What does it teach us about God? What does it reveal to us about people? What's one step of obedience you can take?