

SERVICES & BUNDLES

# Bundles of Joy



## *Flourish Into Motherhood*

meet and greet  
pre-natal empowerment visits (x2)  
phone & text support (up to 4 weeks postpartum)  
access to vitality library  
free pregnancy wellness rental (x1)  
labour & birth support  
photographs of your birth experience  
postpartum visit (x1)  
flourish discount card



## *In This Together*

meet and greet  
pre-natal empowerment visits (x2)  
\*postpartum planning visit  
\*phone & text support (up to 8 weeks postpartum)  
access to vitality library  
free pregnancy wellness rental (x1)  
labour & birth support  
photographs of your birth experience  
\*postpartum visit (x2)  
flourish discount card  
\*concierge hour (x1)  
\*nourish basket