

BIG IDEA: God doesn't help those who help themselves, He helps those who CAN'T help themselves...

See Matthew 6:25-33 (NLT)

For everyone has sinned; we all fall short of God's glorious standard.

Romans 3:23 (NLT)

When we were utterly helpless, Christ came at just the right time and died for us sinners. Romans 5:6 (NLT)

But - When God our Savior revealed his kindness and love, he saved us, not because of the righteous things we had done, but because of his mercy. He washed away our sins, giving us a new birth and new life through the Holy Spirit. Titus 3:4-5 (NLT)

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Trust in the Lord with all your heart; do not depend on your own understanding. Proverbs 3:5 (NLT)

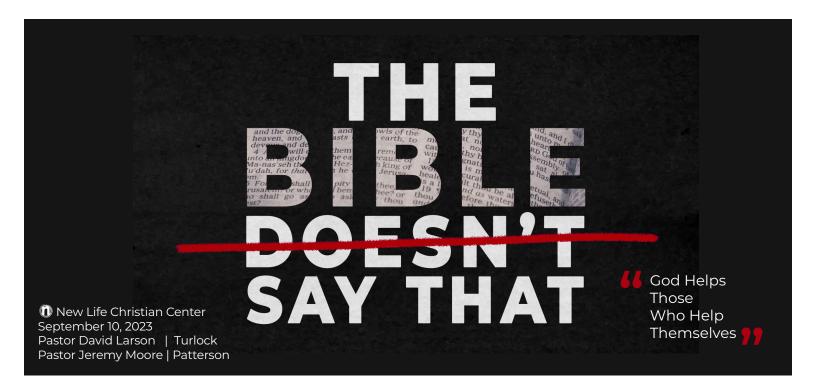
"'You must love the Lord your God with all your heart, all your soul, and all your mind.' This is the first and greatest commandment. A second is equally important: 'Love your neighbor as yourself.'" Matthew 22:37-39 (NLT)

"If God gives such attention to the appearance of wildflowers - most of which are never even seen - don't you think he'll attend to you, take pride in you, do his best for you? What I'm trying to do here is to get you to relax, to not be so preoccupied with getting, so you can respond to God's giving. People who don't know God and the way he works fuss over these things, but you know both God and how he works. Steep your life in God-reality, God-initiative, God-provisions. Don't worry about missing out. You'll find all your everyday human concerns will be met. Matthew 6:30-33 (MSG)

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God is our refuge and strength, always ready to help in times of trouble. Psalm 46:1 (NLT)

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. Matthew 6:33 (NLT)



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#### 1. God, help me to <u>RELY</u> on you, and not on me.

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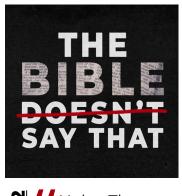
### 2. God, help me to make you my FIRST PRIORITY.

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September 10, 2023



Helps Those
Who Help
Themselves ??

## [CONNECT]

Have you ever tried to do something on your own before asking for help, when you knew you were going to need help before you started? How did it work out? What are some reasons you didn't ask for help beforehand?

## [ENGAGE]

What stood out to you from this weekend's message?

## [GROW]

God doesn't help those who help themselves...He those who CAN'T help themselves. Have you ever felt helpless in a situation? Did you try to fix it on your own, or did you ask God for help? Share your experience...

Read Matthew 6:25-33 and discuss the things that stick out to you the most...

Have you ever used the phrase 'God helps those who help themselves'? When did you realize this statement actually isn't true?

What does it mean to truly rely on God and not ourselves? What are some examples of truly relying on God in moments or seasons when we feel helpless?

Read Proverbs 3:5 and discuss what it means to really trust in God and NOT our own "understanding"...

How can we make God our FIRST priority? What does that mean, and what are some steps we can take to make sure this happens consistently?

# [LEAD (YOURSELF)]

This week:

- #1 Become less self-sufficient, and begin to trust God with all your needs.
- #2 Make God your FIRST priority. Give him the FIRST in your time, the FIRST in your connection and communication, the FIRST in your serving, the FIRST in your giving, etc. Seek first HIS kingdom Love God... love others.