



Charisse Marei

ECO-CONSCIOUS HOME • BREATHE-ABLE LIVING

Charisse Marei is an Eco-Conscious Lifestyle Expert whose passion for empowering people to create a healthy home for living comes to life in her work as an eco-conscious interior designer, author, consultant, and speaker.

A lifelong love of uplifting spaces inspired by and in harmony with nature led Charisse to pursue both a career in eco interior design and the study of natural modalities. As a pioneer in the field of eco-conscious living, Charisse is passionate about helping people transform their lives and the places they live, work, and play.

Whether she is consulting on the design of a holistic and environmentally safe bedroom, incorporating the energetic principles of clutter-free living into a home office, creating a new product, or sharing her message with readers and audiences around the world, Charisse finds purpose and delight in being a catalyst for transformation. Using her signature framework of release, renew, revitalize—the “3Rs”—Charisse’s mission is to give people the essentials to trade toxic for tranquil, clutter for clarity, and hazard for health.

Charisse earned her B.S in Interior Design from Philadelphia University and is a certified Professional Building Biology Environmental Consultant (BBEC) through the Building Biology Institute where she studied the science of healthy buildings and sustainable design. She is a graduate of the Young Living Natural Remedies and Beauty Schools, and completed studies at the NY School of Feng Shui and Graceful Lifestyles.

In the course of her career Charisse has brought her expertise and creative flair to eco-conscious interior design for homes, workplaces, and aircraft. Today her successful boutique consultancy, Charisse Marei, serves as the headquarters for her multifaceted mission to infuse health and well-being into everyday life for people, pets, and planet.

Charisse’s frequent media appearances include being a featured speaker on Cheddar TV, RVN TV, and the PCTV network, as well as the Doctor Health Radio Podcast with Dr. Snow and The Center for Better Bones with Dr. Susan Brown. She’s been a guest on Talk with Francesca and on WCHE1520, and is featured in publications including Chester County Magazine, Livid Magazine and Grand Magazine.

An author and illustrator, Charisse published the first volume in her One Room at a Time Series, The Bathroom, in 2018 along with the journal-sketchbook A Timeless Keepsake. She followed this with her groundbreaking interactive guide, Eco-Conscious Home: Creating a Healthy Lifestyle in Your Heart & Home.

Charisse complements her writing with speaking engagements at venues ranging from the University of Pennsylvania, Drexel University, and the SIM Technology Summit to Park Lane, MarcCain, the Holistic Light Expo, and Book Revue in NYC.

She is also the creator of natural gemstone intention bracelets, part of her specialty line of products for easy healthy living.

Charisse lives in Chester County, PA with her husband, Dr. Drew, and their bichon frise Ginger, whose small size doesn’t keep her from filling every room of the house with joy.

Learn more about her services and products at:

CharisseMarei.com