














WILLOW CREEK - October 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 11 Spiritual Reflections	3 10:00 Target Toss 11:00 Racketball 1:45 Trivia	4 10:00 Hand Massages 11:00 Mass 11:00 Manicures 	5 11:00 Chapel 1:45 Bowling	6 1:45 Bingo 	7 1:45 Bean Bag Toss 
8	9 	10 10:00 Target Toss 11:00 Racketball 1:45 Brain Games	11 10:00 Hand Massages 11:00 Manicures 1:45 Bowling 	12 11:00 Chapel 2:00 Dogwood Pavilion Choir (MPR) 	13 10:00 Bingo 1:45PM Bird Visits	14
15	16 11 Spiritual Reflections 2:00 Armchair Travel - Great Britain 	17 10:00 Target Toss 11:00 Racketball 1:45 1:1 Visits	18 10:00 Hand Massages 11:00 Manicures 11:00 Communion 	19 11:00 Chapel 2:00 1:1 Visits	20 2:00 Pumpkin Carving (W/R in MPR) 	21 10:00 Racketball 1:30 Music with Alastair 
22	23 11:00 Spiritual Reflections 1:45 Bowling	24 10:00 Target Toss 11:00 Racketball 1:45 Small Group Chats	25 10:00 Hand Massages 11:00 Manicures 12:00 Special KFC Lunch (R/W - MPR)	26 10:00 Walk and Talk 11:00 Chapel 2:00 Baking	27 10:00 Tattoo Day 1:30 Halloween Party with Prickly Pair	28 10:00 Racketball 
29	30 11 Spiritual Reflections 2:00 Golden Oldies - Frank Sinatra 	31 10:00 Target Toss 11:00 Racketball 1:45 Bean Bag Toss	 <p>Happy Birthdays: October 10th - Ruth October 11 - Jose October 11 - Helga October 16th - Ken</p>		** Programs will be dependent on provincial health measures and others factors that may affect recreation programs.**	Special Events: Oct 12 - Dogwood Songsters Oct 21 - Alastair Oct 25 - KFC lunch Oct 27 - Halloween Party