



Going to *the Doctor*

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Today is a special day because
we're going to see the doctor at
Pirate Pediatrics!

First, we'll go to the doctor's office together.

Inside, we will check in and have some fun
while we wait – we can look at fish, read a
book, or play a game.





When it's my turn, a friendly nurse will take us to a room and check my temperature.

We'll see how much I weigh. I'll stand on a scale and count to 5.

Then the nurse will measure how tall I am with a special bar that touches the top of my head, but it doesn't hurt.





Then, we will go into a small room and close the door.

The nurse might check my blood pressure.

Sometimes, we will check my vision and hearing.





Next, the doctor will come in.
They'll talk to me about the foods I like and things I like to do.

We might even read a special book together! The doctor will listen to my heart with a stethoscope and look at my eyes, ears, and nose. Sometimes, they'll use a popsicle stick to look inside my mouth - say "Ahhh!"





After the doctor checks me, a nurse might come back to brush my teeth with a special, yummy toothpaste to keep them healthy.

And guess what? Sometimes, I might need a tiny shot to help me stay strong and healthy, but it's really fast and won't hurt much. After the shot, I can be as strong as a superhero!



When we're all done, there's a special prize waiting for me, and then it's time to say goodbye.

