

# KIM GARGANO COACHING PROGRAM

This program is designed for deep transformation - body, mind, and spirit. Over the course of 3 months, you'll receive consistent support, personalized strategies, and faith-centered coaching to help you restore hormonal balance and reconnect with your God-designed rhythms.

## WHAT'S INCLUDED

- Weekly 45-minute 1:1 video calls (12 total sessions)
- Unlimited messaging support between sessions
- Customized resources and action plans tailored to your unique health journey
- Faith-based encouragement & cycle education rooted in biblical truth

## INVESTMENT OPTIONS

- Pay in Full - \$999.99 (Save \$200 when you pay upfront!)
- Payment Plan - \$1,200 total (Split over 3 months at \$400/month)

*Note: This is a 3-month intentional commitment to your healing. True transformation takes time, consistency, and grace. Just as Jesus often invited people to 'come and follow,' this journey invites you to show up weekly, reflect, and rebuild. The 3-month framework ensures space for spiritual, physical, and emotional renewal-not quick fixes, but lasting restoration. Payment plans are available to make this support accessible.*