

WEEK 3 SPRING/SUMMER

BUCHANAN LODGE MASTER MENU

WEEK 3 SPRING/SUMMER

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Cheese Slice Cinnamon Bun Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Egg Toast Jam & Peanut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Sausages Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Cheese Slices Bran Muffin Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Egg Raisin Toast Jam & Peanut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Bacon Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Egg French Toast/Syrup Jam & Peanut Butter Tea - Coffee - Milk
10AM	Assorted Beverages						
Lunch	Cranberry Juice Roast Turkey & Gravy, Cranberry Sauce Whipped Potatoes Squash Strawberry Vanilla Poke Cake	Apple Juice Pulled pork sandwich with BBQ sauce French Fries & Ketchup Coleslaw Diced Pears	Orange Juice Swedish Meatballs & Creamy Mushroom Gravy Mashed Potatoes ½ slice bread Fresh Carrots Coins Jello Jewel	Cranberry Juice Pork Souvlaki Greek Style Potatoes Greek Green Beans Carrot Cake	Apple Juice BBQ Chicken Yam Fries Green Peas Raspberry Trifle	Orange Juice Steak in Mustard Sauce New Potatoes Cauliflower Diced Peaches	Cranberry Juice Fish casserole Buttermilk Biscuits Whole Green Beans Mandarin Oranges
2:00 PM	Assorted Beverages, Bake goods & Fresh Fruits						
Dinner	Beef and Barley Soda Crackers Macaroni and Cheese Whole-wheat Bread Broccoli Florets Fruit Medley	Turkey Vegetable Soda Crackers Sandwiches: Salmon Salad & Herb Cream Cheese 3 Bean Salad Cantaloupe slice	Corn Chowder Soda Crackers Salad Plate: Slice Smoked Turkey Fresh-baked Scone Cranberry Salad Potato Salad Bumbleberry Crisp	Vegetable Soup Soda Crackers Pizza Watermelon Salad Orange Sherbet	Cream of Broccoli Soda Crackers Basil-Pesto Ravioli Tossed Salad with Ranch Dressing Mango Ice Cream	Chicken with Rice Soda Crackers Chicken Balls with Plum Sauce Chinese Noodles with Vegetables Strawberry Shortcake	Butternut Squash Soup Soda Crackers Submarine Sandwiches Dill Pickle Warm Rice Pudding
HS	Assorted Beverages, Bake goods & Fresh Fruits						

Breakfast: 250mL of milk and 125mL of juice are offered daily

Menu subject to change without notice

Lunch/ Supper: 125mL of milk and 125mL of water are offered daily.

Assorted Beverage is available upon request (125mL Juices/Milk) at PM & HS

Assorted Sandwich is also available upon request at HS