



Newsletter

MARCH 2026

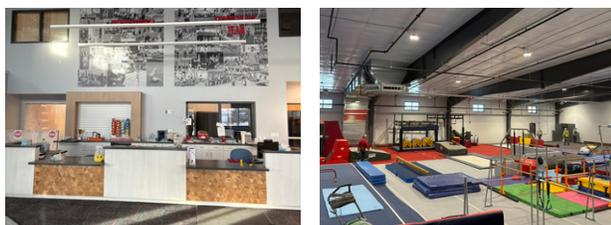


CALENDAR

- MARCH 6 5:30-8:00PM - PARENTS NIGHT OUT
- MARCH 7 SHAMROCK SHAKE INVITATIONAL
TEAM COMPETITION LEVELS 7-9 IN SHAKOPEE
- MARCH 16 SPRING SESSION BEGINS!
- MAR 20-22 MINNESOTA OPTIONAL STATE CHAMPIONSHIP
TEAM COMPETITION LEVELS 7-9 IN MINNEAPOLIS
- MARCH 28 YOUNG AT ART FUNDRAISER
SEE INFO NEXT PAGE



Congratulations to Laker
Gymnastics on a fantastic season!
These hardworking young ladies
are once again STATE CHAMPS!



CONSTRUCTION UPDATE

The expansion is moving along! The new lobby and rec gym are OPEN! The team gym is getting a facelift before re-opening. Thank you to our donors and families for helping us get to this point!

STAFF SPOTLIGHT



ZANE

Coach Zane is a team coach, specializing on floor exercise.

Some of his favorites include: Secret Life of Walter Mitty (movie) and Peaky Blinders (show).

Outside of MFGF, he enjoys spending time with his dog, June, and skiing.

Fun Fact: Zane competed in diving at the University of Cincinnati and coached diving at the University of Wyoming!

Zane appreciates all of the smiles that both athletes and coaches share on a daily basis at MFGF!

Students of the Month will return in April once Spring Session has begun

SAVE THE DATE!

SATURDAY

MARCH 28

STARTING AT 3:00 PM

Join us for a fun afternoon of pottery painting while also raising money for MN Flyers! There will be many pottery pieces of various prices for you to choose from. All pieces will be ready for pick-up before Easter!

Pop-in anytime beginning at 3:00.

This is a family-friendly event!

YOUNG [AT] ART
WITH THE **FREE ENTRY**

Minnesota Flyers

3PM- SATURDAY 28 MARCH

HAVE A GOOD TIME AT THIS **WALK IN FUNDRAISER** BENEFITING A GREAT CAUSE!
MN FLYERS GYMNASTICS

BUCKS MILL BREWING
DETROIT LAKES

YOUNGATARTMN.COM

MINNESOTA FLYERS
GYMNASTICS AND FITNESS

BUCKS MILL BREWING

MARCH BIRTHDAYS!



Join us in wishing Happy Birthday to these students and staff!



Payten A

Eden A

Addison A

Brynlee A

Hunter A

Ameila B

Jasper B

Delilah B

Mia B

Charlie B

Hyde C

Josephine C

Liam E

Lareina E

Isla F

Brielle F

Emerson G

Opal G

Laytin G

Maxwell H

Kale H

Luke H

Amelia H

Forrest H

Braiden H

Ellie H

Brenden J

Madelyn J

Adam K

Darnell L

Medalee L

Henry L

Jermarion L

Sadie L

Greta M

Jack M

Sy'Karrie M

Rielle N

Teddy N

Gracelyn N

Mila O

Agnes O

Avery P

Ellie P

Nolan R

Connor R

Dani R

Odessa S

Alayna S

Kinley S

Laynie S

Jaxsyen S

Rhyson S

Hunter T

Phoebe T

Sawyer T

Linnae T

Heidi W

James W

Anya W

STAFF BIRTHDAYS: Carter, Mark, Ben, Brenna