

Homework:

Week 6: Face Your Fears

Did you view the Tuesday Training this week? Yes or No?

What does the phrase “*Taking Back What’s Been Stolen*” mean in regard to grief?

How does grief feel like fear? Explain.

What is one fear you faced after the loss of your loved one/s? If you faced more than one fear, please share some of your fears.

How did you face your fear/s? Is there still a lingering fear you’re not yet ready to face?

In your notes, what does Dave say is the secret to eliminating fear? Do you agree or not?

What’s the difference between healthy fear and unhealthy fear?

Discuss the phrase “*What We Run from Pursues Us and What We Face Transforms Us.*” Include the illustration of the buffaloes in your discussion.

What is one Scripture verse that helps you in dealing with fear?

What resonated the most with you regarding our teaching on grief and fear?