

Common IEP & 504 Plan Classroom Accommodations for Students With ADHD

PREFERENTIAL SEATING - LIMIT DISTRACTIONS

- Near the teacher
- At the front of the room
- Away from high-traffic areas or windows
- Close to students who are not easily distracted.

CLASSROOM CONSIDERATIONS

- Regular check-in to ensure the student understands the instructions, due dates & expectations
- Provide a copy of the teacher's notes so the student can listen to the lecture
- Allow for movement breaks
- Create a signal between the teacher and student to indicate that the student needs to move or is feeling overwhelmed or anxious
- Introduce Assistive Technology like Speechify, Grammarly, Inspiration 10 and
- Break down or chunk assignments into smaller tasks
- Daily back and forth communication between the teacher and parents through the student planner or agenda
- Work with a student mentor
- Project flexibility (for example, if essay writing is difficult, perhaps creating an infographic or producing a video to demonstrate their learning is an option).
- Reduced homework if the student is overwhelmed
- Pre-approved fidgets

EXAMS

- Extra time
- Quiet area to write exams
- Playbook/Foldable - math formulas, vocabulary, and steps to solve math problems
- Fewer questions

**Please note that creating an IEP and 504 Plan is a collaboration. This reference tool is meant to help guide your conversation with the school. The accommodations a child receives will be determined by their individual needs.