

# LOCAL RESOURCES



## ***ABOUT FAMILIES, INC***

Mama Support Network  
Weekly In Person Friday 10:00- 11:30  
Indio + 760 342 7400  
[coachellavalleyprenatalclass.com](http://coachellavalleyprenatalclass.com)



## ***BABY SPACE COACHELLA VALLEY***

Mommy and Me Groups  
Weekly In Person Wednesday 10:30-11:45  
Palm Desert + 760 229 1950  
[babyspacecv.com](http://babyspacecv.com)



## ***QUINCY BATES, LM, CPM***

Midwife Serving the Coachella Valley  
760 228 1011 + [revelationmidwifery.com](http://revelationmidwifery.com)



## ***AISHA HENDRICKS, LM, CPM***

Midwife Serving the Coachella Valley  
760 989 0923 + [fruitfulbirth.com](http://fruitfulbirth.com)



## ***SANDY'S NEWBORN FAMILY CARE***

Postpartum Doula  
Serving the Coachella Valley  
Virtual or In Person Support 805 930 9355



## ***REBECCA MOUSSEAU, CD, CPD***

Certified Postpartum Doula  
Serving the Coachella Valley  
760 459 5012 + [palmspringsdoula.com](http://palmspringsdoula.com)

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**LAUREN FOX, LCSW**

Holistic Postpartum Therapist  
Palm Desert + 805 930 9355  
CultivateWellnessWithin.com



**DR JUAN LUA GONZALEZ, MD**

Psychiatrist Specializing in Postpartum  
Rancho Mirage + 760 537 4223 (call or text)  
desertwellnesspsychiatry.com



**GAYE + DEAN DEL GUIDICE, LMFT**

Palm Desert Online Support Available  
760 272 0759 + themightymind.com



**ANGELICA MERZIGIAN, BS, IBCLC**

Infant Feeding Specialist  
Serving the Coachella Valley  
760 289 0142 desertibclc.com



**COACHELLA VALLEY  
HOT MOM WALK**

cv.hotmomwalk on Instagram  
Coachella Valley Mom Community with  
Weekly Meetups



**REAL MOMS OF THE  
COACHELLA VALLEY**

Facebook Support Group of Local Moms