

13 Bible Verses to Encourage you in Times of Stress

When doubts filled my mind, your comfort gave me renewed hope and cheer. -Psalm 94:19

I know the lord is always with me. I will not be shaken, for he is right beside me. -Psalm 16:8

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."
- Matthew 11:28-30

And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them. -Romans 8:28

Be still and know that I am God! -Psalm 46:10a

Trust in the lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take. -Proverbs 3:5-6

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. -Philippians 4:6-7

This is my command – be strong and courageous! Do not be afraid or discouraged. For the lord your God is with you wherever you go. -Joshua 1:9

I prayed to the lord, and he answered me. He freed me from all my fears. Those who look to him for help will be radiant with joy; no shadow of shame will darken their faces. In my desperation I prayed, and the lord listened; he saved me from all my troubles. -Psalm 34:4-6

Have you never heard? Have you never understood? The lord is the everlasting God, the Creator of all the earth. He never grows weak or weary. No one can measure the depths of his understanding. He gives power to the weak and strength to the powerless. Even youths will become weak and tired, and young men will fall in exhaustion. But those who trust in the lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint. -Isaiah 40:28-31

Commit everything you do to the lord. Trust him, and he will help you. -Psalm 37:5

Give your burdens to the lord, and he will take care of you. He will not permit the godly to slip and fall. -Psalm 55:2

Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing. -James 1:2-4