

WENDY M. JOHNSON



SPEAKING GUIDE

BOOK WENDY

Wendy has **captivated audiences** with her compelling insights, inspiring others to take **meaningful steps toward growth and change.**

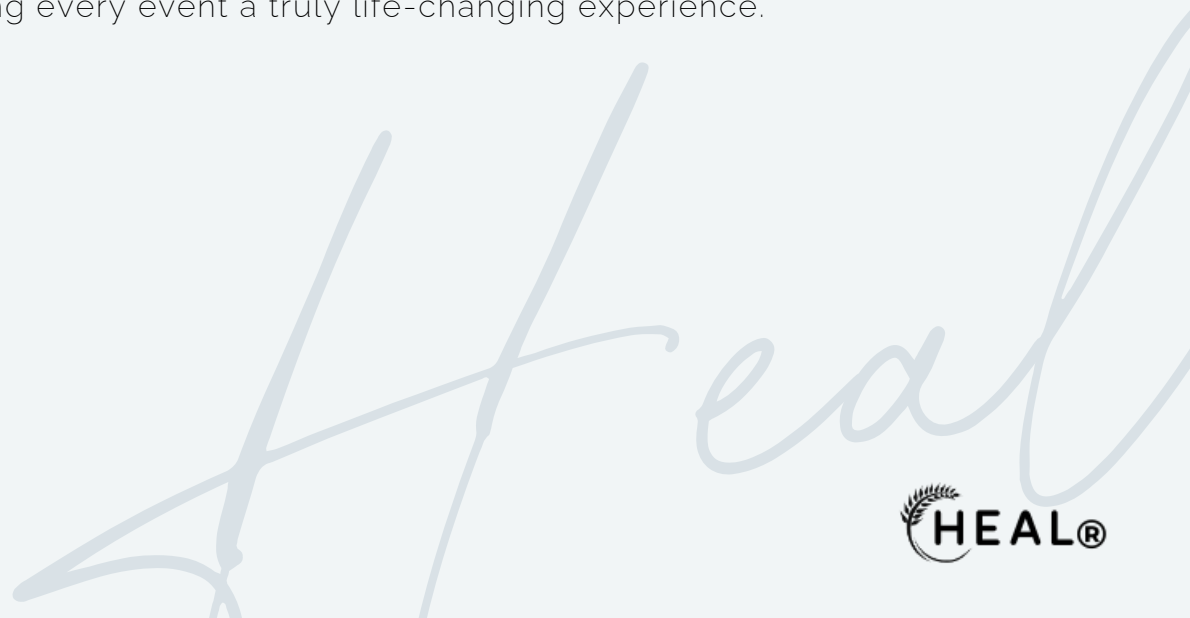
Whether speaking on stages, digitally or in person, leading her own masterminds, live classes, sharing insights on her podcast, The Wendy M. Johnson Show, or in her book HEAL®, Wendy connects deeply with her audiences, equipping them with the knowledge and inspiration to drive real change in their lives.

In rooms of beginners, leaders, in spaces filled with advocates, educators, and changemakers, Wendy shows up to lead with authenticity, empathy, and heart every single time. Her purpose is clear: to create an environment where every audience—no matter the size—feels truly seen, understood, and empowered with practical tools for meaningful change.

Wendy's experience in creating impactful, lasting programs in a rapidly evolving world equips her with a unique ability to cut through the noise and provide audiences with actionable insights and genuine guidance. She's committed to delivering more than inspiration; her audiences leave with real, effective steps to drive forward.

Speaking on overcoming adversity, the importance of reclaiming one's voice, and reconnecting with inner worth and taking control of your life, Wendy's teaching is direct, compassionate, and transformational. She leads with vulnerability and empowers every room to create supportive, healing spaces.

Wendy's style is honest and deeply inspiring. With her storytelling and a passion for creating genuine connections, she guides each audience on a powerful journey from open to close, making every event a truly life-changing experience.



HEAL®

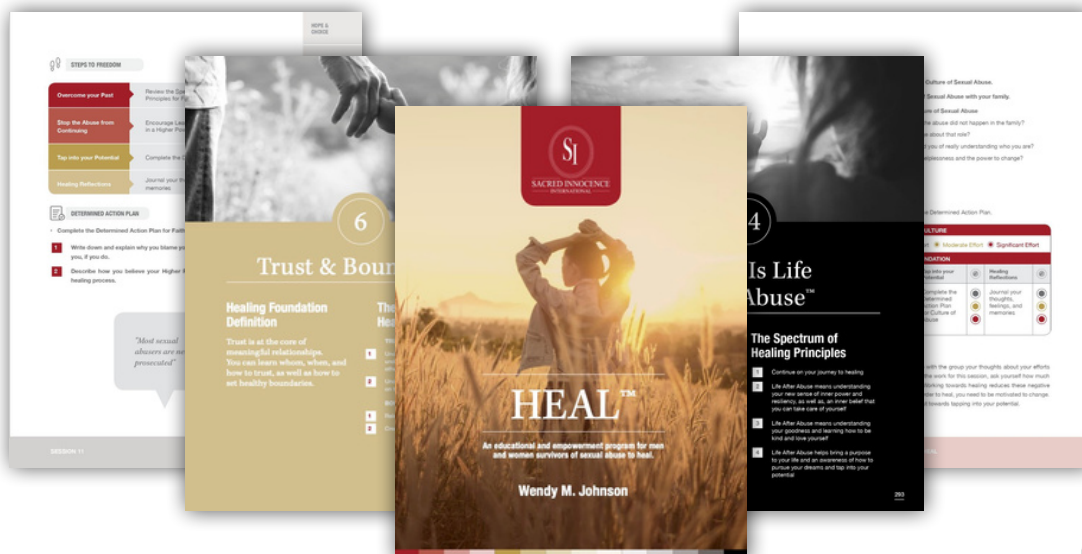
A workbook for survivors to heal.

HEAL® is an empowering workbook designed for survivors of sexual abuse. Many survivors feel that healing is out of reach but the HEAL® Workbook breaks down the healing journey into manageable, bite-sized steps that help the healing process not be so overwhelming. Each section includes actionable exercises identifying key challenges faced by survivors and offers practical coping strategies and life skills. Each chapter provides exercises to help readers navigate their healing journey, and remind them that There is Life After Abuse® and that they are not defined by their trauma.

This workbook is a vital resource for anyone seeking to take control of their life, find their voice and learn healing is possible.

Wendy has poured a lifetime of insight into her debut book HEAL®, a 14-session workbook designed to give survivors of abuse something she once wished she had: a clear path to healing. Through her relentless journey of self-discovery, Wendy shares how she learned to unapologetically prioritize her mental health, overcome the fears holding her back, and ultimately come to know that healing is possible. With practical tools and an unapologetic approach to breaking free from the past, HEAL® is your guide to help you restore your self-worth and live a life with purpose and on your terms.

Through encouraging us to ask the more honest—and sometimes tougher—questions, Wendy shows us how to uncover real, transformative answers breaking free from stigmas and shame to create a life they truly want. No more waiting for “someday” to start living.



Wendy is excited to draw insights from her book to create a unique, tailored lesson and conversation specifically *for your audience!*

TOPICS INCLUDE:

- ✓ Discover how to navigate and overcome unmet expectations and learn to build a fulfilling life, one step at a time.
- ✓ Gain insights into creating a life that inspires and sustains you, moving beyond survival to building a future that truly supports your healing journey.
- ✓ Redefine what strength and resilience mean on your own terms, embracing your journey as a survivor with pride and purpose.
- ✓ Learn how to break down seemingly overwhelming healing goals into an actionable, achievable plan that allows you to progress at your own pace.
- ✓ Quiet the noise of outside opinions and cultivate the inner voice that empowers and guides you through each stage of your recovery.
- ✓ Bridge the gap between where you are now and where you want to be by crafting your own definition of happiness, peace, and wholeness.
- ✓ Leverage the strength and wisdom gained through your experiences to create a positive impact—not only in your own life but also in the world around you.
- ✓ Master the art of setting healthy boundaries that protect your well-being and allow you to stay connected to yourself and others in meaningful ways.
- ✓ Envision and cultivate a supportive community, nurturing relationships and mentorships that help you grow into the strong, resilient leader you are meant to be.
- ✓ Overcoming the Global Culture of Sexual Abuse

Wendy is a leader and a mentor to individuals and groups through the power of an internet connection.

Wendy has excelled at transforming any platform into a dynamic, engaging stage, regardless of whether her audience is gathered in person or learning from their couches around the globe. As long as there are live participants or individuals with a reliable Wi-Fi connection, Wendy is ready to step in and teach!

Whether your event is in person or online, large-scale or intimate, Wendy delivers the energy and expertise of a keynote speaker while fostering the close connection of a mentor.

Through her live webinars and masterclasses, Wendy has crafted impactful, one-time-only events that attract thousands eager to learn her digital personal growth systems and her unique approach to *healing and overcoming*.



Getting Connected

If you're interested in having Wendy at your event, checking her availability, or discussing how her talents can align with the vision of your event,

please reach out to us here!

BOOK WENDY

Here are a few quick options for your next steps:

Email: support@healinnovations.com

One

Fill out the Contact Form by clicking the link '**Book Me**' for Wendy's schedule to ensure your event and her calendar can align! Connect with us to confirm that your preferred date is available.

Two

Share details about your event, including time, location, attendance, and any other relevant information—the more details, the better!

Three

If you have additional questions not covered in this speaker kit or on Wendy's website, feel free to email us at support@healinnovations.com.

