

# July Birthdays

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## Birthday Tea

Wednesday - July 30  
10 am MPR with  
**Steve Marriott**



## HAPPY BIRTHDAY!

Neil M.	July 1	Leslie H.	July 14
Mary P.	July 5	Rose B.	July 14
Linda M.	July 7	Garry C.	July 16
Glyn D.	July 12	Audrey F.	July 17
Kimiyo I.	July 13	Margaret R.	July 31

## RESPECT

Find out  
what it means to us

Find time to sit  
with residents  
who may need  
company or  
to encourage  
socializing.

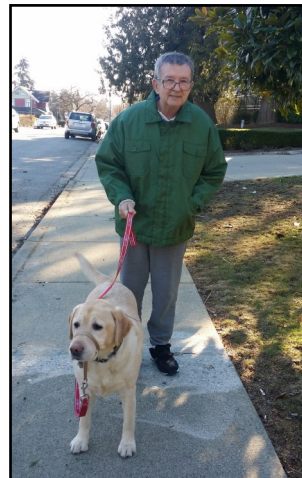
RESPECT  
suggestions are  
new each month.  
Check them out!

## DOG SHOW in AUGUST

**August 27 - 10am in the MPR**  
If you or anyone you know would  
be interested in  
participating, please contact Trish  
[patricia.foley@salvationarmy.ca](mailto:patricia.foley@salvationarmy.ca)  
for more information or to have a  
“getting to know your doggy” info  
sheet sent to you.  
Dogs must be people friendly and  
good with other dogs.



“Dublin will be written in my heart!” James Joyce  
Heartfelt condolences to Trish. We will all miss  
Dublin, a very special member of our team!



## BUCHANAN LODGE



To all my Dear Canadian friends:  
“Happy Canada Day!”  
I trust you are enjoying it  
in your own special way.

It's a big, beautiful country  
with nature at its best:  
mountains, rivers, meadows, lakes,  
and coastlines north, east and west.

Opportunities thrive here,  
something for everyone.  
We have many freedoms  
and take advantage of each one.

I'll take a quiet moment today  
to be grateful I am here  
in Canada, this glorious land,  
to celebrate another year.



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# Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

JULY 2025

## June Memories



Philippines Independence Day with Mayor Patrick Johnstone



Nala - Queen of our jungle!



Joyce risking her manicure to garden



Boot scootin' with the Diamond Country Dancers



Our Rec staff & residents showing off their moves



Trish & Garry with 4 green thumbs





# Thought for July

## SUMMERTIME and the livin's easy

One of Gershwin's greatest songs, with over 25,000 recordings, is "Summertime." While bluesy in style, the lyrics speak of the promise inherent in the season: *Summertime and the livin' is easy; Fish are jumpin' and the cotton is high.*

Our senses seem to come alive in the summer, squinting at bright blue skies, feeling warm winds on our faces, listening to the song birds in full voice, breathing in the fragrance of roses and lilacs, and tasting the succulence of freshly-picked strawberries.

The photo below brings back good memories from 5 years ago. Some of our Buchanan residents experienced all of those senses while touring the Krause Berry Farm (love this photo of Reg and his wife Sigrid back then). This year, we should at least enjoy a Strawberry Shortcake Day in the courtyards. The Krause experience reminds me of my own frequent visits to my grandparent's farm in Langley, of picking fruit off the vine and trees, and then helping mom make fresh-baked berry pies. With the work came the privilege of sampling the "fruits" of our labours hot out of the oven!

But mom also taught me to store up the abundance of summer for the lean winter months ahead. She introduced me to ciders, jams, and preserves, and just thinking about those precious moments with my mom makes me want to pass on this kind of training to my grandchildren. We were doing more than canning fruits and making memories – I was learning a spiritual principle!

Proverbs 10:5 says: *He who gathers in summer is a son who acts wisely, but he who sleeps in harvest is a son who acts shamefully.* Jesus said in Matthew 24:32: *Now learn the parable from the fig tree: when its branch has already become tender and puts forth its leaves, you know that summer is near.*



Reg & Sigrid livin' easy at Krause Berry Farm!

The seasons speak to us of the phases of life. We need to invest what God gives us today in the days ahead. The Bible calls it laying up treasures in Heaven, but for the sake of this analogy, let's call it laying up preserves. The promise is right there in Gershwin's lyrics: *One of these mornins, you're gonna rise up singin'; you're gonna spread your wings and you'll take to the sky.* Eternal summertime awaits those who plan ahead for a future in Heaven.

~ Chaplain Rob

## Coming Soon

CANADA DAY CELEBRATION  
Thursday | July 3 | 1:30pm | MPR  
With music by Pete Campbell



## HOUSE BBQ's

### Throughout July @ 11 am

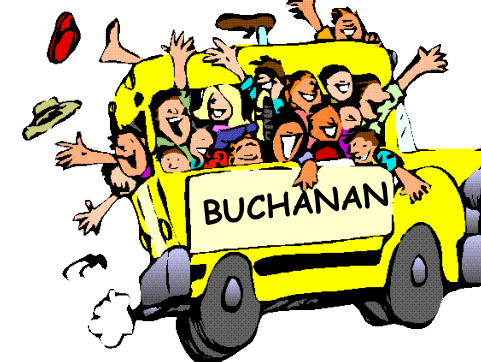
BBQ hamburger or veggie burger (cheese, ketchup, mustard, relish & mayo)

- Potato chips
- Lemonade
- Ice cream novelty

Rose - July 10 | Camelia - July 17  
Willow - July 24 | Magnolia - July 31

Cost per person is \$12. This will be added on the residents comfort fund or can be paid at reception starting in July. All proceeds support extra music programs for residents.

## On The Road Again! Scenic Bus Drives



10 am, Friday, July 18 & Wed, July 23  
Please let Trish or recreation know if you would like a family member to go on one of these drives.

## SPIRITUAL HEALTH SUMMER 2025



### Mondays

SPIRITUAL REFLECTIONS  
Rose at 10 am | Willow at 11 am

### Tuesdays

SPIRITUAL REFLECTIONS  
Camelia at 10 am | Magnolia at 11 am

### Wednesdays

MASS - 1<sup>st</sup> Wednesday at 11 am  
COMMUNION - 3<sup>rd</sup> Wednesday at 11 am

### Thursdays

CHAPELS  
Rose at 10 am | Willow at 11 am

### Sundays

Camelia at 10 am | Magnolia at 11 am

## LIVE MUSIC

Thursday - July 3 1:30 pm with Pete (MPR)  
Saturday - July 5 1:30 special entertainer (C)  
Monday - July 14 1:30 with Steve (M)  
Wednesday - July 30 1:30 with Pete (W)

## MEN'S BREAKFAST CLUB

Friday | July 4  
8 am | MPR



## T.E.A.M. Together Everyone Achieves More

Submit your suggestions for improving our teamwork in the box at Reception. Ideas added to the new Teamwork flyer will earn you Lindt chocolates!



"Working together with  
one mind & purpose"