

Rose and Willow January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 NEW YEARS DAY No Recreation Programs
2 2:30 Tea Time -W/R	3 2:00 Trivia/Mental Aerobic - W 2:00 Bowling-R 2:30 Tea Time -W&R 3:30 Ball Fitness - R 3:30 Racketball-W	4 9:00 Hairdresser 10:00 Spiritual Reflections-R 11:00 Spiritual Reflections-W 10:30 Word Games-R 10:30 Balloon Toss-W 2:00 Tuck shop-R 2:30 Tea Time- W&R 3:30 Short Stories-W	5 10:30 Racketball-R 10:30 Mental Aerobics-W 11:00 Catholic Mass 2:30 Tea Time- W&R 2:00 Yahtzee-W	6 10:00 Chapel 10:30 Hand Massages-R 2:00 Welcome to 2022 Party-R 2:30 Tea Time- W&R	7 10am Deer Hunting 10:30 Yoga Stretch-W 11:00 Trivia-W 1:30 Bingo-W 1:45 Bingo-R 2:00 Tuck shop-R 2:30 Tea Time- W&R	8 10:30 Hand Massages-W 2:00 Movie-R/W in the MPR 2:30 Tea Time- W&R
9 2:30 Tea Time -W/R	10 10:00 Spiritual Reflections-R 11:00 Spiritual Reflections-W 2:00 Music & Games - R 2:00 Bowling-W 2:30 Tea Time -W&R 3:30 Racketball-R 3:30 Music + Games - W	11 9:00 Hairdresser 10:30 Word Games-R 2:00 Tuck shop-R 2:30 Tea Time- W&R 3:30 Short Stories-W	12 10:30 Racketball-R 10:30 Mental Aerobics-W 2:30 Tea Time- W&R 2:00 Yahtzee-W	13 10:00 Chapel 10-12pm Undecorate Rose Garden 2:30 Tea Time- W&R	14 10:30 Yoga Stretch-W 11:00 Trivia-W 1:30 Bingo-W 2:30 Bingo-R 2:00 Tuck shop-R 2:30 Tea Time- W&R	15 10:30 Hand Massages-W 2:30 Tea Time- W&R 2:00 Crafting-R 2:00 Everly Brothers 1983 Reunion “ Royal Albert Hall” IN MPR*
16 2:30 Tea Time -W/R	17 10:00 Spiritual Reflections-R 11:00 Spiritual Reflections-W 2:00 Bowling-R 2:00 Trivia/Mental Aerobic - W 2:30 Tea Time -W&R 3:30 Ball Fitness - R 3:30 Racketball-W	18 9:00 Hairdresser 10:30 Word Games-R 10:30 Balloon Toss-W 1:45 Baking-W 2:00 Tuck shop-R 2:30 Tea Time- W&R 3:30 Short Stories-W	19 10:30 Racketball-R 10:30 Mental Aerobics-W 11:00 Holy Communion 2:30 Tea Time- W&R 2:00 Yahtzee-W	20 10:00 Chapel 10:30 Hand Massages-R 2:00 Birthday Tea-W with Ed and Salve-W 2:30 Tea Time- W&R	21 1:30 Bingo-W 1:45 Bingo-R 2:00 Tuck shop-R 2:30 Tea Time- W&R	22 10:30 Hand Massages-W 2:30 Tea Time- W&R
23 2:30 Tea Time -W/R	24 10:00 Spiritual Reflections-R 11:00 Spiritual Reflections-W 1:45 Armchair Travel to Costa Rica-R 2:00 Bowling-W 2:30 Tea Time -W&R 3:00 Armchair Travel -W 3:30 Games - R	25 9:00 Hairdresser 10:30 Word Games-R 10:30 Balloon Toss-W 1:45 Baking-R 2:00 Tuck shop-R 2:30 Tea Time- W&R	26 10:30 Racketball-R 10:30 Mental Aerobics-W 2:30 Tea Time- W&R 2:00 Yahtzee-W	27 10:00 Chapel 2:30 Tea Time- W&R	28 10:30 Yoga Stretch-W 11:00 Trivia-W 10:30 Games/Exercise 1:30 Bingo-W 1:45 Bingo-R 2:00 Tuck shop-R 2:30 Tea Time- W&R	29 10:30 Hand Massages-W 2:00 Music with Alastair--R
30 2:30 Tea Time-W/R	31					