

The Lovelight Stories

PODCAST

Ep: 9 | Abuse, Addiction, & Mentoring Inside Prisons with Pamela Hillman
| LifeChangers Legacy

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00:01.16

lovelightstories

Pamela. Thank you so much for joining me today on the love light stories podcast.

00:05.85

Pamela Hillman

Thank you Stephanie! Thank you for the honor of being on here.

00:11.85

lovelightstories

Yes, we have gotten to know each other over the last couple of years and I know you have an incredible personal story of redemption and the power of god's love and we want to hear a little bit about that. So could you start just telling us about your story How it began where you were all of that?

00:38.49

Pamela Hillman

Well, it started at 5 years old. Um, so I had a praying grandmother I'll start with her and she was constantly instilling Jesus in me and taking me to church and um I knew Jesus. But I you know you're 5 you don't know if you've received him. But um, even though she was the anchor to me coming to Christ even later. Um, she would look away. About things and um, so that's a little moving forward to too fast. Sorry but um, so she played piano in the church for 65 years and she would make lunch for the pastors. And they came over and one of them put his hands on me and he says this one here's special. She's going to do great things for guide one day I think it was more of an impartation. You know than it was um because we're all special. We're all made in his image. So I think it was ah him just speaking...

01:53.24

Pamela Hillman

Prophetic words into my future and um so this this was at 5 at um, maybe 6 my father who was in the military who came back was an alcoholic and he was. He was a good dad. Up until he got drunk and 1 specific day I brought this little puppy home. It was snowing outside and I tied it up to the fence and my mom and my sister were gone and he's at the door and he says what are you

doing with that dog and I said. Can I have the puppy can I have it please and he says come upstairs with me and you can have the puppy I trusted my dad because he's never tried anything with me and I just thought we were going up to take a nap. So ah, we're laying there and all of a sudden I feel.

02:50.96

Pamela Hillman

Something like a snake and I start crying and he says why are you crying and I ran out of the room and um I could tell you for years. Not today but I could tell you the smell of the room. The color of the bedspread I mean I was so locked into that moment and it created such a trauma in my soul that core belief systems were established that caused me to think you know I'm not believed I am not worthy I'm not loved I'm not protected. Um, I'm not worthy of it. So I later went through life with that and satan knows that right? So he heard this impartation at that time and he came in to steal that seed I believe it was a seed and I believe that.

03:44.50

Pamela Hillman

You know he comes to still kill and destroy the seed and we are god's seed and when somebody comes and speaks into that seed for growth then the enemy wants to snatch it and he does it in childhood. And most people that I have come across now in the ministry I have found there have been childhood wounds that have not been addressed. The ax has not been laid at the root and you have to do that you have to go back to that place of that wound. And revisit it and it's painful people do not want that pain again and I have had to address it. You know I wanted to be free and I'm free today because I went to that place and it took years. It took years.

04:30.42

lovelightstories

Um, yeah, yeah.

04:40.60

Pamela Hillman

But when I was young. Ah well my mom she left him and ah divorced my dad and I really thought it was my fault and I lived with that for years that I didn't have a daddy because I you know it was my fault and so she got with a hippie guy. And she worked a lot. She was a very good mom but one day ah my sister she she's older than I just eleven months but she hung out with a lot of older people and she actually was still in pot from his glove box and. Ah, introduced me to it but then he introduced it to my mom and she cried and she you know he convinced her to actually take a puff and it wasn't so bad after all. So this became a family affair. We were all smoking pot together and he said if you want something don't go out on the street and get it because you don't know what you're getting come to me and so we would go on camping trips and do acid and this is like you know 11 years old and it just I look at an 11 year old today. And I think oh my gosh who in their right mind could possibly give a child a drug it just it just blows me away today. but God he knew all of this was gonna happen and he covered me.

06:02.77

lovelightstories

Um, yeah.

06:12.18

Pamela Hillman

I listened to this voice and I didn't know it was him at the time but um, after they divorced I just went way out there I was using cocaine at 13 years old and. Started really heavy at 17 but this was the amazing thing I stayed in school and I did so well in school and I just I look back at it and I'm like that had to be god because I looked at so many other people. Youth that were using drugs and they were just while they were dying left and right but I guess that kind of scared me. But.

06:54.46

lovelightstories

As a child when your mom's boyfriend was offering this to you and introducing it to you. What was it did it feel like something that's. Really foreign and unknown like was it scary or were you just super trusting because you trusted him?

07:11.69

Pamela Hillman

Oh it took me somewhere else. No it No, it took me somewhere else. It was it was like that was my relief I knew that I could come out of that bedroom upstairs I was freed inside That's what I felt like.

07:31.33

lovelightstories

Yeah.

07:31.55

Pamela Hillman

But it's a counterfeit. It's not true. Freedom. It's the enemy's trap and you think at that moment that you're feeling no pain. You're not stuck upstairs anymore. But it's a lie It's all counterfeit from the enemy and once you. Get in that cycle. It's so hard to break free I was addicted for 35 years my stepdad that man who at the time was the boyfriend. Um, it turns out that even though he was giving us drugs. He was the only father figure that I ever knew as a real father I mean he brought us bikes he made sure I mean our lifestyle was bad with you know, occasional smoking pot and taking us camping and using. Any kind of drug but he made sure that we stayed in school he made sure you know we had things and he never tried anything with me that was the main thing because they're just you know my uncle he tried something with my sister and i.

08:37.20

lovelightstories

Right.

08:47.89

Pamela Hillman

And just fondling but still that's traumatic and just my godfather after my ah stepdad after they divorced my godfather even tried things with my sister and I.

08:50.41

lovelightstories

Yes.

09:06.86

Pamela Hillman

So you know it's like how do you trust Men will not own and not all more like that hi.

09:07.95

lovelightstories

Um, right and he was your safe space Mostly I mean he and your stepdad became that safe father figure for you.

09:21.31

Pamela Hillman

I Yeah yeah.

09:23.20

lovelightstories

And even though he was offering you substances at a young age. It felt like something you needed to essentially numb things out it sounds. Yeah.

09:30.49

Pamela Hillman

Well I thought it was okay and all all the kids at school thought it was the most coolest thing that your parents used drugs with you. You know because everybody not everybody used drugs. But you know my little group did and they were.

09:41.98

lovelightstories

Um.

09:48.33

Pamela Hillman

Like the most popular and the most best dressed and you know but they were still had that other life and but it's so sad you're living in this this void in this sadness that is only temporarily covered. It's ah it's just like the covering of Adam and eve it was a temporary. It wasn't anything that could take that feeling away that that sin away it was just covered.

10:23.29

lovelightstories

I can't even imagine just being a young child and going through that trauma and it's, I mean your story essentially is such a testament of what that trauma does to you and how it follows you and how when you break free. What? Um, how much freedom and love you can have to share with others from the Lord. It's just incredible. Um, and as you grew older. How did that how did you break free from it tell us a little bit about you know the middle of your story here.

11:05.40

Pamela Hillman

yeah I became a functional addict I was I worked at the apparel Mark for 4 years I've worked for realtors lawyers and I was functional. And you know party at night with ah with the lawyers and you know it it just they knew well I don't think they knew that I actually used drugs until later because you can only be functional in it for so long.

11:43.84

Pamela Hillman

Because if you have those wounds. It's never enough. You'll never cover it enough because you're always longing for more coverage and you go deeper into the drugs and then eventually you know you quit your job and you just don't show up basically and um.

12:03.16

Pamela Hillman

Just to fast forward through a lot of heartache a lot of trauma you know children are involved and um, you know I basically told my Ex take care of my children because I you know I can't I'm not. A fit mother I didn't feel I was I didn't do anything in front of them. But um I just wanted their the best for Them. You know I wanted their life to be successful and not to duplicate me I didn't want them to be like me. So.

12:42.30

Pamela Hillman

I Love them that much to set them free but you know they were still in my life but ah to fast forward through a lot of trauma I I've been in the vehicle with so many people who have wrecked head on with a semi truck that fell asleep and I was I was laid back asleep. But. Um, so the inertia force threw me forward and it just my it broke my nose and ah my back a couple of places and then another time somebody fell asleep at the wheel and it hit the back of a steel utility truck. Which I went through the windshield that time the buckle didn't catch but I was buckled so that was anyway I went out came back in and ah it had sliced my esophagus. My face was just hamburger meat.

13:40.58

Pamela Hillman

I had um 2 broken vertebra in my back and my tailbone and um I was molded in a body cast in a wheelchair for a while and they said I wouldn't run again because I like to run and God is amazing. He has healed me I had a line that went down the left eye. It was a white line and my eyelid was white and I had all these scars up under my chin for a very long time you can still fill them. They're still. Ah. Visible as well. But god told me to use preparation 8 and I did I didn't have surgery and it healed it. You can still see some cuts here and there but so I was also.

14:28.25

lovelightstories

Wow.

14:34.80

Pamela Hillman

In the hospital 3 different times for my liver due to too much drinking and too much cocaine because those were my 2 drug of choice and 1 time I was on the critical ward dying ward actually. And they told me I didn't even have six months to live and I said well can I get a new liver and they said no, you don't have enough time. There's a waiting list of 2 years. So I went home and just cried and then you know started praying and. Got healthy started milk thistle and broccoli and beets and just you know doing the right thing until I got with a guy again and that caused me so much pain and that was my trigger.

15:28.46

Pamela Hillman

And satan knew that and he would always bring a guy and then something would happen and I would go back to drugs. It didn't matter. You know it's a slow suicide those who use drugs they have so much pain inside and they want. To be free and that's why when if somebody cries out I just want to die I just want I'm going to commit suicide that is a cry for help that is a cry you've got to listen and you've got to say look you know there's more to life. Let's get you help. Let's get somewhere get inner healing and deliverance That's what I I go to because you know we're in bondage for our struggle is not with flesh and blood but against principalities and powers of darkness and wicked spirits in heavenly. Places so we've got to address it from the heavenlies and we are in that position in Christ. We're now positioned in a place of authority as Luke 10:19 states all power and authority has been given unto us in heaven and an earth. So we've got to position and say no more satan no more. You're not going to take my life. You've got to get in the word, you've got to get the word in you because memorization of scripture will renew your mind and it will heal.

17:01.68

Pamela Hillman

Your body he has healed me I'm actually 1 of 1% of the Americans with a hundred percent health

17:11.35

lovelightstories

Wow And how did you I know you've actually told me this before, but how did you come forward with your liver and have it healed? Did you get a new one?

17:19.61

Pamela Hillman

I Know let me tell you what guy did for me. I did not get a new one? No. I Yes I got a new one from God let's put it that way, I didn't get a new one from man. I got a new one from God and let me tell you how it happened.

17:29.31

lovelightstories

Ok.

17:38.66

Pamela Hillman

It was amazing. So I knew something was going to change I had a big house and had several vehicles and had just I had a business that was making a lot of money it was you get into prostitution when. You're in drugs I don't care who says they don't it happens and um so I was I had a lot of big businessmen and anyway that's a whole nether story I actually did a segment on 700 club and I didn't say very much about that part of my life because I don't really talk about it. Um, but they really honed in on that and that is what that story is about on the 700 club and I just.

18:29.33

lovelightstories

Oh wow.

18:34.35

Pamela Hillman

Didn't like it I said no you know that's like my hidden part that I just don't talk about but it is um, something that goes back to when I was taken upstairs I found that the route was my. Dad saying

you can have this if you do that if you go upstairs with me so that route had to be cut and so in my big house I was praying and I was watching Tbn I was watching Sid Roth and every.

18:59.45

lovelightstories

Um.

19:12.79

Pamela Hillman

Ah, preacher I could on Tv as much as I could and hearing the word. Okay, the word is what set you free and I had a drink next to me I had a crack pipe next to me and I had the bible in my lap and anybody that came in my room they said because I helped people even then and would. Allow people to live in my home and when they would come in. How can you be watching that when you're doing that and I said if I'm not watching that when I'm doing this then I'm never going to be free from this. So this is the only thing.

19:45.60

lovelightstories

He.

19:49.68

Pamela Hillman

I Said that is the only thing that is going to make me free and the word of God and hearing the word I said so I and I felt it I felt like something was about to shift something was about to happen in my life and I told them I said I don't know what it is but something is about to happen. And I'm ready for it because I was praying I said Lord I said if you got to put me in an institution put me in Jail put me somewhere to get me off this drug I said I'm just ready I'm ready to go be with you I'm ready to die I Just I was ready and um.

20:23.86

lovelightstories

Um, yeah.

20:28.33

Pamela Hillman

It was two weeks after those prayers and I was continually praying but I said um, no well I went to get drugs. It's a whole big story. It's going to be in my book. The confrontation within. It's actually see me free from the confrontation within is my book. Um, but I knew I knew there were cops undercover I knew the whole scene I felt it my spirit I told my driver I said this some this isn't right. There's something going on here. He's like oh you're just parent. No I know it I knew it I knew it and all of a sudden it happened and I had hit drugs in the back of the police car and when we got to the police station I went to the bathroom and I was overcome by the holy spirit. In the bathroom and I heard this I mean it could have been audible I heard in my spirit I thought you wanted this to be over tell them about the drugs in the car.

21:32.56

lovelightstories

I.

21:39.17

Pamela Hillman

And I started crying and I said if I do that I'm going to go to prison because I had been to jail so many times that I you know I was violation of probation already and I would just go to jail for a couple of months and just get a little slap on the wrist I knew that. But if I told him about the drugs I would get years and I knew that and I was just weeping and weeping and I went out and I told the officer I said I just have to come clean with this I have to tell you because I don't ever want to go back to the drugs and I knew if I didn't tell him. I knew I wouldn't be free I knew I would go back to the drugs that was my turning point that was my decision. The lord allowed me to make that decision. So I told him about it and he just this blood red came over his face. You stupid did it did it.

22:21.17

lovelightstories

He.

22:27.99

lovelightstories

Yes.

22:37.71

Pamela Hillman

You're going to go to prison now and I said I already know that I already know that and um, they wanted to give me 20 years when we went to court and I got a really good attorney and he got me 5 to do three years and I served 18 months the best eighteen months of my life. It wasn't a good experience in there, but it was the change and it was my calling that I discovered and it was it was just beautiful. He spoke to me in my room I never called it a cell because he said he said I've brought you here to train and equip you for what I have prepared for you and I want you to see this with a heavenly perspective. This is your college campus I said okay, let's go.

23:16.83

lovelightstories

So.

23:28.42

Pamela Hillman

So I got all these psychology books and self-helps books and recovery books from the library got them sent into me as well and I was just constantly studying and writing and I had to find out what was causing me to go back to this insidious drug. Because I I would be clean for almost two years 3 different times of my life and I got in seminary each time and I would fall with a man I would sleep with a guy and that would cause me so much pain and I would go back to the drugs.

24:06.73

Pamela Hillman

So I just said lord don't let me out of here until whatever this is is gone I don't trust me I don't this is my first mission field because I was giving out scriptures everywhere. The lord actually called me to create. A daughters of zion women of god using your time wisely class in prison and the women were saying oh you don't know what it's like this happened to me and you don't know what that's like this I did this I did that and 1 person would say this and that and. And I'm like oh I experienced that oh my gosh that happened to me and so I just said lord I get it I needed to go through all of these different encounters to be able to relate to each of these different women and I knew my calling. And they said how do you pray? Well the lord taught me to pray scripture.

He says my word does not return void to me right? So every time that we are praying his word. It's coming back to us.

25:12.72

lovelightstories

Um, yeah.

25:22.62

Pamela Hillman

And then he said put your name in it. So I started putting my name in the word and if we put our name there. It makes it more personal and when we speak it out loud. This is something the Lord showed me if we're speaking negative words the demons are picking them up. And they're causing them to happen if we're saying positive words not just positive but words from his word the word of God then the angels are picking them up and they're causing them to be established. It says in Isaiah excuse me in psalms 1 or 3 twenty Bless The Lord ye his angels. Who excel in strength who do his word hearkening unto the voice of his word. The voice of his word is me speaking his word isn't that amazing. So yeah.

26:08.58

lovelightstories

Like yes and how do you know for people listening because I have experienced this as well where I know God is speaking to me and I can sense things as well. Even when I don't. No specifically I can still sense his presence and so for those who are listening who haven't maybe felt that or haven't experienced God speaking them directly speaking to them directly like you have can you explain that a little bit like is there words you can use.

26:43.79

Pamela Hillman

Yes, our consciousness is helm. Okay, do we get like oh we're very aware if we do something wrong that you're conscious right? So he is present with you always, but are you listening. That's the key He taught me he said he told me silent and listen have the same letters in it isn't that amazing. So sometimes we just have to be quiet. We have to listen.

27:14.24

lovelightstories

He.

27:23.58

Pamela Hillman

And learn his voice. You have to be okay if you and I had never talked on the phone we had never talked in person you and I used to go to jails and prisons together actually and.

27:37.50

lovelightstories

Yeah.

27:39.93

Pamela Hillman

We threatened to had that relationship I wouldn't know your voice I wouldn't have a relationship to know what you sound like right? So it's about relationship.

27:43.78

lovelightstories

Right? That's a good Point. Yes.

27:54.10

Pamela Hillman

It's about discovering him in his word through his word he will speak to you through his word. Also let me tell you a quick dream I had um so I usually get up at 5 just automatic clock. So I go into my day room. My 4 dogs are in there. And I'm sitting and I have the bible in my lap and all of a sudden. The bible is breathing. It's going up and down just like a chest I want you to envision that now it's breathing it is alive I saw this. And then all of a sudden on the left side of the page I saw these words light up this illuminating gold light bright so bright and at the bottom of the page this bright light and then the next page at the top of the page words. We're lighting up this gold illuminating light the same thing at the bottom of the page all of a sudden the words floated up and they made a different sentence. They came together and made a different sentence. And I heard decoding the bible and all of a sudden the dayroom door opens and my husband walks in he says what are you doing and I said I'm decoding the bible and he said no, do you know what time it is.

29:27.99

Pamela Hillman

And I looked and it was three thirty three so the clock actually said 3 in my eyes or the lord made it look like it was five so I could have time with him and he could show me this revelation. It was so beautiful. So being in his word is relationship. And listening to him asking him even before you get in the word lord teach me give me ears to hear. There's a scripture Isaiah 50 and four lord give me how does it go the lord gives me the tongue of the learned. That I should know how to speak I say it all the time I can't believe I can't remember that I know how to speak a word in season to him who was weary he wakens morning by morning he wakens my ear to hear as the learned so pray the scriptures. Apply them to you anoint your mouth anoint your ears say lord I want to hear you I want to learn you I want to I want to I desire to grow in you get hungry for him and just say lord teach me give me a teachable spirit.

30:36.65

lovelightstories

Yes, yes.

30:43.53

Pamela Hillman

I need to know you more. That's his heart's desire that is what he wants a relationship that's his number 1 desire because he loves us so much.

30:52.92

lovelightstories

Yes, coming from someone who has been able to establish and build and nurture that relationship with the lord and it's so evident into how you speak and the way your belief and your faith and in all of it and. For those listening. Um, it's possible to get to that point where you do truly feel and know the lord and he shows up in different ways. Um, whether you just feel his presence or glean something from scripture or From. And experience you have in your daily life or whatever it may be and sometimes hear him actually speaking to you. Um and it starts by being present in in his sitting in his presence that is That's what I've found as Well. So I feel.

31:36.15

Pamela Hillman

Yeah, well yeah, a.

31:48.89

lovelightstories

Like you are saying very similar things to um, what's been my experience and while I haven't had dreams or some of these more audible things. Um it is. It's very similar. So I think.

32:03.89

Pamela Hillman

Yeah, another thing is that just blows me away guys is we are filled with the holy spirit of God he lives inside of us. Do you know how huge that is.

32:06.22

lovelightstories

Um, it makes a lot of sense.

32:23.81

Pamela Hillman

That the guy lives in us. That's so amazing to me. It's so beautiful and that's another reason that I take care of my temple because he says he will dwell in this temple right? This is where he lives oh my gosh do I honor him with what I'm eating. Do I honor this temple to take care of it. You know I mean its body. It's Flesh. It's it came from dust but still he lives in it. It's so beautiful. So he's always present excuse me. He's always here right? We can call on.

32:57.88

lovelightstories

Yes, yes.

33:01.63

Pamela Hillman

On him any moment and say I need comfort right now. Holy Spirit I need peace I can't deal with this workplace this atmosphere bring you Holy spirit your peace into this atmosphere and he'll do it.

33:18.65

lovelightstories

Yes.

33:20.50

Pamela Hillman

Because he lives in Us. We have all the fruit of the spirit we have that extravagant Love we have that extreme Joy. We have shalom peace. We have his presence but you got to know it and you got to know that when you walk into a room The light. That he is that lives in you is shining in there. It is changing the environment. It's changing the atmosphere because he is present in you and you are there and I believe divine appointments I ask for divine appointments all the time. Because I know he living in me is I'm an extension right? I'm an extension of him So I know that he is going to illuminate the room right.

34:08.80

lovelightstories

Um, yes, his hands and feet.

34:16.52

lovelightstories

Yes, and essentially you continued to build that relationship or maybe begin that relationship even stronger. Well okay, let me start that over. So Essentially you. Continued to nurture your relationship with God while you were in prison bringing it bringing us back to prison and um I know a little bit about what happened there but can you share with everyone else. Um, how you started to grow and emulate his light.

34:36.54

Pamela Hillman

Oh boy did I.

34:44.99

Pamela Hillman

Yeah.

34:51.78

Pamela Hillman

Well when I was studying the ah psychology books and self-help books and all such the holy spirit spoke to me and he said the only thing that will change your old mindset is the word of god. Memorize a scripture a day and he gave me romans 12:1 and 2 and it says um I beseech you brethren by the mercies of god that you present yourself a living sacrifice wholly and acceptable unto him which is your reasonable service. Right? So we may not be holy. We may not be um, excellent or have his but we do have his. That's the key. We do have his excellence. We have his um he's perfect. Right? So we have his perfection. We can live out in that place if we choose to. We have a dead old nature that will creep up and tell us you know oh that's you, that's who you are, you're still that old person. No.

36:06.25

Pamela Hillman

I was crucified with Christ I no longer live. It is Christ who lives in me. Okay, his resurrection power lives in me I do not have to be that old person I do not have to think those old ways and if it does creep up and I have a bad thought. I can choose at that moment. No I am not going to receive that thought I I rebuke that in Jesus name I renounce you if I spoke a word that is against the word of god just something off the wall. You know I I feel sick I don't I don't. Ever say that even if I'm feeling bad because well the word I am I don't say I am sick I don't say I am anything negative because when you do god's nature. The great I am he says I am that I am right. So anything we put after I am pertaining to our own selves and we're created in the image of god that becomes an absolute. So if you say I am sick you better believe you're going to get even sicker because you're taking on the nature. Of the old Aemic sinful satanic nature and that's who brings on sickness and disease is him so you're saying you're in that old nature I am and if you say I am healed in Jesus name stand on him.

37:40.00

Pamela Hillman

Stand on his word. What he says you are he says in the word of God Okay that you are healed by his stripes you are healed speak his word no matter what it looks like no matter what you're going

through. You can bind circumstances. You can bind to hindrances. And delays and interferences because he is the interference of the airway think about it. He's the prince of the air right? So bind it off start getting bold and getting confident in who he's called you to be. We are mighty warriors in his kingdom.

38:04.80

lovelightstories

He.

38:17.57

Pamela Hillman

We're supposed to strap on that full armor of god every single day and it's up to you if you're having some bad things happen in your life. Sometimes I have discovered that god allows the bad things to bring you through a fire test. And it will refine. You it has refined me the fire is necessary but this is what I do when I pray I ask him lord is this of you I sometimes don't it I don't get an answer because that's my season of fire. And testing but doesn't he say in first Thessalonians 5 16 to 18 doesn't he say rejoice always pray without ceasing in everything give thanks did I say in everything yeah everything give thanks that's even the bad things and he says for this is the will of god in Christ Jesus for you it's his will for us to give thanks in every situation. So I do that and then I do my part. He's given us power and authority for for some reason, right? so. I believe that he has called us to do our part here on earth bind those things that need to be bound. He says in Matthew 16:18 whatsoever you bind on earth will be bound in heaven whatsoever things you loose on earth will be loosed in heaven doesn't that.

39:53.78

lovelightstories

He.

39:53.82

Pamela Hillman

Tell me I got to bind something. Yeah, and so I'm gonna do my part I'm gonna bind. He's giving me the power and authority to do so and then whatever is happening after that I trust that he's in it I trust him. I bound the traffic I was in gridlock traffic guys I've never been in this kind of traffic and people were pulled off the side of the road they were parked and they were out on the lawn I've never been in this I had just come from a bus station. To pick up somebody who was coming out of prison I was there 3 hours and I finally had to leave but this is gridlock traffic and I just had a piece I've never had a piece in traffic leave me and I said lord I know you're in this I feel it. And so I got off one exit and it was just everybody had the same thought to get off that exit. So I got back on and when I got up four hundred North some of you may not know where that is. But anyway I got on a different highway and it was fairly open. I got a phone call from the guy and turns out he was at the bus station but there was a guy that the lord had pulled up out of his chair at a Starbucks and told him go to the bus station turns out that guy was a pastor he was led there by the lord.

41:24.22

Pamela Hillman

Picked them both up. The guy was homeless. The pastor was because the lord called him to a ministry to the homeless and wanted him to encounter being homeless. But the lord said he's bringing him into another season and he had somebody to meet him and so it was like this is the thing I got back on the highway I have never seen traffic loosed like this I mean going the

opposite direction. There was no cars. There were absolutely no cars I've never seen no cars on to 85 never and there were no Cars. So I laughed and I said Lord you were in this entire thing. Sorry I just know it I There wasn't an accident. We couldn't see anything. It was just stopped there were there were I don't know.

42:01.39

lovelightstories

Wow Did it happen to be rush hour where they were going one direction or no.

42:16.39

Pamela Hillman

I still don't know today. What I do know actually it was the lord ah because I needed to wait. He wanted me to wait to pick these men up and I did and they I took them to my center and it was I was closing my thrift store my center.

42:18.95

lovelightstories

Um, okay, yeah, yeah.

42:37.40

Pamela Hillman

And I needed help and the lord brought these 2 guys at that time and they've been there for three weeks helping me close the center. So all things work together for good to those who love him I love him so much he is everything in my life.

42:43.50

lovelightstories

Wow. Yes.

42:55.59

Pamela Hillman

And when we get to a place of surrender that doesn't mean just surrendering to him for salvation that means is he lord of your life Also is he truly everything to you is he if I do this little sin over here if I tell this little lie. Is it going to convict me so much that I am weeping before him it should because that grieves him and he lives in us. It grieves the Holy spirit to do things against. Him against his will against what he came to earth and died for.

43:33.69

lovelightstories

Right? Yes, Okay, and so when you were and going to jump back to your story and then we can.

43:42.74

Pamela Hillman

I Love you and.

43:45.83

lovelightstories

Get into what you're doing today with your ministry and how that all came to be so you were in prison and um the lord was working through you and share with us how he worked through you to help others.

43:47.93

Pamela Hillman

Um, yeah, that's.

44:02.49

lovelightstories

In prison and how that led to what you're doing.

44:03.18

Pamela Hillman

Yes, okay, so um, I had a great support system when I was in prison and I know the lord established that because there were many times when I would go to jail for a month or three months that I didn't have that support system and that was detrimental to me when I got out you know I went back to the old playmates and so this time I had wonderful support system and that was the key and I'm saying this because um.

44:40.81

Pamela Hillman

I had letters or cards every day and the women would be they stand around in this big group and the male is called out. Well they would walk away crying and I would go over and talk and and try to comfort them and. Um, my gosh so many of them 10 years they've been there or 5 years and they had never gotten a card and it broke my heart and I said I got their gdc number I wrote I just started collecting all these and i. Got different people that I knew on the outside to send them cards. You would not believe the tears I mean I'm going to cry right now just remembering it because it brought them so much joy and felt like they belonged. They loved. They were loved. They were um, thought of they were remembered somebody on the outside knows them knows their name and it was so special and so I you know I was I created this prayer sheet I asked the lord I said you've heard their cry. They've.

45:45.27

lovelightstories

Um.

45:54.62

Pamela Hillman

They say they don't know how to pray Lord and they need a prayer sheet so he downloaded this prayer sheet. It's on my website. It's amazing. It's anointed completely and ah, there's a faith sheet There's an I am sheet and we've got to speak these things out. You got to speak them out. Loud. You know the enemy is constantly putting stuff in our ear in our eyes through our gateways. Okay, these are gates and through television radio our phones you know Youtube we've got to stop this Facebook looking all the time. And start looking at his word start looking at preaching because if we really want change choose habits around new growth every day. That's the acronym god gave me for change choose habits around new growth every day if you want change it can come. So I start this class. The women are coming I said you know what I know what I'm going to do I'm going to create a workbook and I'm going to come back in I talked to my when it was time for me to go the counselor called me in and I said look can I leave my class. Because I was having a weekly class and I said they're really getting a lot out of this and she said no, you can't you have to you know, take it with you and I said I'm coming back I'm going to bring this class back and so I did god did.

47:26.45

Pamela Hillman

I didn't know what to do? How to do it and he brought the right people he brought you know if you step into your calling and you say I will Lord I you've chosen me I will step into it and but you got to you got to guide my path. This is your ministry lord I dedicate it back to you. He gave me the name chair ministries. It's derived from Ezekiel 1 3 1 1 to 3 it says as I was with the captives by the river char the heavens were open and I saw visions of god he gave me a lot of visions and a lot of dreams and a lot of things I'm not even telling here because there's a lot so that was the name of the ministry for I guess the first three years when I got out this is very guide to I got out on d December excuse me on November eighteenth

48:07.86

lovelightstories

He.

48:21.63

Pamela Hillman

My birthday is December eighteenth and I did eighteen months and I was like lord oh my gosh 1818 is my number now because I didn't know when I was getting out you just never know the date and so I looked up eighteen what does it mean it means new life.

48:39.42

lovelightstories

Oh beautiful. Wow.

48:41.61

Pamela Hillman

New life I've been given new life I started I started writing the curriculum in 2014 and um, I'm now at phase four almost completed phase 4 it's called I see me free. You have to see yourself free before you can be free and they need to see that it has oh my gosh we offer so many so many tools for this. They need the building blocks. You know they need. They need how to cult to excuse me. They need to know how. To cultivate new behavior they need to know that they have dreams that can still be fulfilled. You know we help set goals. We teach them about acceptance The first thing is surrender of course and then we accept. Things that have happened and we discover why they happened so there's a whole series of phase one 2 3 and 4 and it takes you through Laminin. That's the glue that holds the body together and it's in the form of a cross in every single person's Dna. Walks the earth we teach about strongholds we have the trauma recovery empowerment model in it. We have stages of change critical thinking emotional intelligence. We have criminal thinking ah cognitive behavior.

49:59.50

lovelightstories

Um.

50:16.69

Pamela Hillman

Internal family systems I'm trying to remember all that we have in it. But it's just it has all the methodologies of the psychotherapy but it's combined with biblical specialties. They have to memorize a verse every week and we encourage them to memorize more., But that is what is required is just one a week and we provide a mentor that walks alongside them. They have a

support system which is vitally important as I stated earlier and it's done through email and video Visit. You can be a mentor from your home.

50:45.69

lovelightstories

Yes.

50:55.39

Pamela Hillman

You don't even have to go into the prisons and it is so effective. Let me tell you we have so many mentors that give their testimony I think god brought me to this because I needed inner healing and just so many countless testimonies. It's a 2-edged sword that's with holy spirit said.

51:13.45

lovelightstories

Yes.

51:15.35

Pamela Hillman

It's bringing yelling to the mentees and the mentors we don't call them inmates because they are god's chosen people and god shared me this analogy of their locked up treasures you know what is the Kings. Do they have treasure chest and they lock up all their jewels and all these this gold in there. And how do you refine this I mean it has to be in a fire to be refined and to be polished and to get all the rough edges off and I believe that's what god is doing in the prison system today because let me tell you we have over 700 people that are waiting to get in this program men and women we're in both prisons we're in all the women's prisons and we're in 10 men's prisons now and there's 36 men's but we have ah gosh 1900 people that are actually in our program. So it works. We've got people who have come out. They're in our program. Our outpatient program they're in our ministry they work with us and it's just beautiful. What God is doing and we help we have an entrepreneurial class. We're actually opening a transition home for men.

52:21.25

lovelightstories

The.

52:31.49

Pamela Hillman

Coming out. We're doing the men first because of the the number of men that are actually waiting is a lot more than the women and there are more places that are available.

53:11.94

lovelightstories

Yes, you do every time I talk to you have a new program something different. You're trying and I love I Just love your zest and passion and love to help others continually refining and changing things and all of that and.

53:21.64

Pamela Hillman

Our thing.

53:31.72

lovelightstories

1 of the things I just have to say really quickly that I love so much about your mentoring program and just your whole curriculum in its entirety is the fact that this topic or this this point that you keep touching on that people reoffend. Because they don't have that support system you found that in your own experience and that's something that I learned um you actually sent me to um, one of the programs to be certified to go into the.

54:04.65

Pamela Hillman

The present. Yeah.

54:05.88

lovelightstories

Prisons I think it was yeah in Georgia in the state of Georgia and so I did that certification class and um in that class. We really dug into the root causes of people offending and reoffending and understanding the psyche and all of that and one of the things that came down to. 1 of the big points was that um the support systems that people have when they come out of prison. They go back to the environment and the relationships that and not always but in a classic case of what could happen and you can you can um, correct me Pamela but um, what I was learning is that. They go back to the same environment in the same relationships that they were in when they first offended and if nothing has changed in those relationships or environment. It's hard for them to um, not be tempted to go back into that lifestyle and not just because. You know they're tempted but coming out can be really difficult as far as finding work and all of that and so it gets to this point of um I need to ah need money or I need things to survive and so there's those temptations so anyway, having this mentorship in this program.

55:08.16

Pamela Hillman

First earth.

55:23.99

lovelightstories

Makes it so much bigger than um, just our earthly presence but living for eternity and understanding God it in you and all of it. Everything that you shared on this podcast I episode already that is like such a critical key for my perspective and I love that. So Anyway, that was a long way of saying. Um Why I think what you do is so important. But.

55:48.28

Pamela Hillman

Thank you? Yeah, yeah, it really is because if we think about it you know they give you \$25 when you get out in 1 outfit so who could make it even a day without having a support system. And you know we are supposed to be discipling. We have been called as a disciple what did they do they disciplined they went out to Judea and all the earth right? and. All we have to do is just visit them in prison Matthew states that right? Matthew 35 36 35 verse 26 and so we have to listen to him. He says did you visit me in prison and you're like well when were you in prison. Jesus.

56:31.21

lovelightstories

Um, yep.

56:43.89

Pamela Hillman

Well he did you know he did get locked up but did you know that the guy that was next to him on the cross. He was a returning citizen. He was the first one to enter the kingdom of god a returning citizen was.

56:59.99

lovelightstories

Yeah, that's powerful. Yes, it sure is wow.

57:03.60

Pamela Hillman

Isn't that amazing. Yeah, so you know the bottom line really is um, do we love like Jesus loves do we really? or do we have a judgment are we playing guide and judging these people for what they did.

57:12.50

lovelightstories

Yes, yes.

57:21.36

Pamela Hillman

Let me tell you there are some really strong deep Christians in there that can out church you trust that I mean they come up with the email and they're like I'm like wow you know I mean you can feel the flow. It's coming from their heart. It is real some of them. You can tell you know they're just trying to we. We do a \$50 package at the end of every workbook course and you can hear those who are just trying to get the package and we really hone in on them. And do extra with them because we don't want to lose them either even though they're playing games. They might have a spirit of manipulation still and you know we just got to understand the environment that they're in they're in survival mode hundred percent

58:14.92

lovelightstories

Um, yeah, right.

58:19.17

Pamela Hillman

And it's really bad right there now it really is I I don't know how I would have made it at the rate that it is right now and there it is so bad guys. There are people coming in to rooms.

58:24.61

lovelightstories

Um.

58:38.98

Pamela Hillman

Gangs coming into rooms and the guards aren't even in the dorms. The guards. There might be 1 guard to 3 or 4 dorms. They didn't come back after covid and it's so hard to hire them because they don't you know, just because of what's going on in there. And it's just it's really bad and they need our love. They need our support so many of their family members died during covid and they're alone. They're just alone.

59:09.39

lovelightstories

But that's sad I didn't realize that um and it makes sense but they don't have to be alone right? They have they have other real. Yes, yes, yes.

59:16.20

Pamela Hillman

They know they can have us if they choose to yeah 7 over over 700 are waiting over okay at it.

59:26.61

lovelightstories

Um, Wow. Ok so yes, so how can someone become a mentor and be part of this program and how easy is it I mean it's pretty easy.

59:33.44

Pamela Hillman

You can go. It's going. Yeah so you get a workbook. They get a workbook you start at the same time and you walk alongside them. Okay, we ask the mentors go through the workbook to do. Do this too because you don't know what issues you might have to if you've got to do 5 minutes in the morning. Ah 10 minutes 30 minutes reading do it it's for your own good because these are really anointed workbooks and you will know where your mentee is and you can better. Assist them so you go to the email you introduce yourself on an email and you get a whole packet of your mentee by the way you know their story you? Well you know what's the gdc. Story part is but you will get their story because number 1 ah Facebook phase 1 module one is the power of my story so we ask them to write their story and to put an emotion next to every section of their story. Because they're going to rewrite their story in phase 4 and it's going to be a different perspective. It's going to be different all the healing has taken place some of it. Not all, maybe but enough to see the difference to see the measurable outcome. We do that. We've got questions throughout the workbooks.

01:01:06.17

Pamela Hillman

But it takes you maybe 30 minutes a week to do emails. You do 1 email a week is the requirement. We ask you to get on their visitation list unless you are a pastor or chaplain and you go into the prisons to minister to the groups. Then we don't ask you to actually do the visitation because then you can't go into the groups and it is better to reach more and so we do ask you to get on the visitation list of your mentee so you can do video visits. You can do a video just like a Zoom meeting. It's really not like a Zoom meeting. It's less quality but you get to see your mentee. You get to see them. You get to hear them. You get to hear their memory verse and you get that connection.

01:02:01.83

Pamela Hillman

You get that relationship building and support system that they need. You know we do so many things for them. We'll contact the parole board and see what their status is. We've even gone on Facebook and pulled pictures of somebody's children and sent them to them. You know we have to make sure that that particular person isn't in there for any kind of child harming or anything like that. But there are rules. We have a training. It's an hour and 30 minute training it's online it's a

Zoom meeting. And it's easy. It's just so easy. So but profound the world. Yes, we have people all over the world mentoring. Yeah Australia the UK.

01:02:42.65

lovelightstories

Yes, and so anyone can do this from any part of the country right? because it's all online. The visits everything? Yeah, all over the world.

01:02:57.14

Pamela Hillman

We have mentors all over the world who are mentoring.

01:03:02.63

lovelightstories

Incredible, Incredible. How about is there any other places. Um that you'd like to direct people to how can people find you.

01:03:11.47

Pamela Hillman

Yeah, lifechangerslegacy.org. We do have 2 websites and we actually just recently had this one built and it's lifechangerslegacy.net and just take a peek at it because I like it. It's a virtual um room basically and it's pretty cool. It's ah updated high tech stuff but go to lifechangerslegacy.org to sign up. Ah go to the mentor page. On the tab and there's a dropdown mentor sign up, you can pull those just download all those forms fill those out scan them back to the person that is on that form and that would be Diana.

01:09:20.96

lovelightstories

Okay, well thank you Pamela it has been such a wonderful conversation. Um, really appreciate you sharing your story with us and just being able to have a deeper understanding of um.

01:09:23.74

Pamela Hillman

That means.

01:09:36.60

lovelightstories

What God can do inside of the prisons and all of that. So again, Thank you.

01:09:40.88

Pamela Hillman

Yes, thank you for the opportunity here. Thank you! This has been an honor.