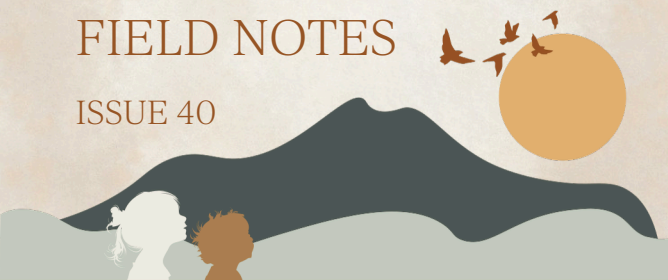


# Nat Theo Club

## FIELD NOTES

ISSUE 40



### Fog

#### ENVIRONMENT

#### POEM

Look closely,  
for that's all you can see.  
What's far is hidden,  
for a breath, a moment, an hour.  
Ponds and lake, rivers and trees –  
inhaling, exhaling.  
Clouds cloaking the land.  
Soak it in,  
time held in droplets.  
Look closely and you might see,  
God watering the earth.

#### ACTIVITY

Take a hike on the next foggy day. Go with an adult and be aware of your surroundings. What beauty do you see right in front of you? If you do not live in a foggy area, watch clouds in the sky and thank God for the many ways He waters the land.



## DO YOU EVER HAVE VERY FOGGY DAYS WHERE YOU LIVE?

I live in Colorado near the mountains, which can be very dry. We do not often have foggy days. However, this weekend, I was visiting Washington, and it was foggy for my entire stay. I love seeing how the fog hides certain things and then reveals them. Do you know what fog is made from? It is tiny water droplets or ice crystals suspended in the air. God designed fog to help water the earth and bring forth new life. Fog is considered a low-hanging cloud, so if you have ever wanted to walk in the clouds, take a walk on a foggy day! Just be careful of your surroundings as you won't be able to see as far as usual.

When it does get foggy near where I live, it hides the mountains. At first, it might seem like it is hiding the beauty. But fog also helps us focus on the beauty right in front of us. On one visit to the mountains when it was very foggy; I looked around to the beautiful creek, trees, and willow bushes. Even though I had visited that spot many times before, I saw it with fresh eyes, focusing on the beauty right in front of me that I could see, rather than the large mountain peaks hidden by fog.

Have you ever heard the song Turn Your Eyes Upon Jesus? Here are some of the lyrics:

Turn your eyes upon Jesus  
Look full in his wonderful face  
And the things of earth will grow strangely dim  
In the light of his glory and grace

Just like fog hides what is far away and can focus us on what is near, we can ask God to help us not be distracted by all the many things happening around us, but to focus on what He is doing right now in our lives, as Hebrews 12:2 tell us to fix our eyes on Jesus.

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