



Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

MARCH 2026

March

Racing clouds and
whistling winds,
Coats flapping
in the breeze,
Bright kites circling
in the skies,
The dance of
swaying trees,

The cheerful sight
of crocuses,
The first sweet
breath
of spring
Just part of all
the many moods
The month of March
can bring.



INSIDE THIS ISSUE:

- February 1
Memories
- March 2
Devotional
- Coming 3
Events
- More news 4
- Memorials IP
Insert Pages

Precious Memories



Trish & Mike get applause from Suzanne



Carly & John "trip the light fantastic"



Amrit is a more serious dancer than Trish



Welcome to the Chinese New Year



Irene reached the milestone of 106!



Not to be outdone Mabel is also now 106!

Thought for March

*Love means ~~never~~ having
to say you're sorry*

As predicted in last month's Buzz, February was the month for cheesy romance movies on TV, and yes, I watched too many of them! But the one I didn't go near was "Love Story," from 1970, starring Ryan O'Neal and Ali MacGraw. That one line, "Love means never having to say you're sorry," is one of the most parodied movie lines in cinematic history, and for good reason. It is so blatantly wrong! Real love requires an unending supply of apologies and forgiveness. We are human and we will make many mistakes in our relationships. However, if we are secure in who we are and already assured that God loves us no matter what, a lot of hurt feelings can be avoided.

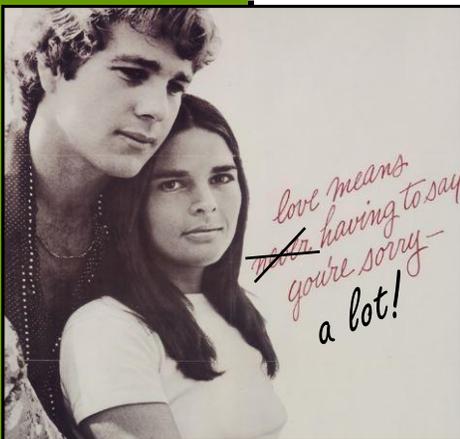
God's kind of love "is not easily angered; it keeps no record of wrongs" (1 Cor. 13:5b). Another version says that "love hardly even notices when others do it wrong." Now that's the best way to avoid misunderstandings, confrontation, damaged feelings, and the need for forgiveness. I learned a long time ago to believe the best about people. If they say something or do something that may seem personally offensive, I quickly tell myself, that's not what they meant. My wife calls me the "boy in the bubble" (I don't think she means it as a compliment but I take it that way!) and so far, no one has been able to burst that bubble. The key is to forgive people even before they ask for it, like Jesus did (Luke 23:34). Lewis Smedes, author of "Forgive and Forget," said that "to forgive is to set a prisoner free and discover that the prisoner was you." We try to use unforgiveness as a weapon to hurt others but like a knife without a handle, it only hurts the one who holds on to it!

A more difficult challenge for me, as the insensitive bubble boy, is to not offend others. The first part of that same verse we quoted earlier says that "love is never haughty or selfish or rude. Love does not demand its own way" (1 Cor. 13:5a).

When you are thinking about others and caring about how they feel, you are unlikely to cause an offense. If you do, then love demands an apology – who is right or wrong is not the only issue. It's one of the most powerful principles we can teach our children and grandchildren. And the best way to teach it is to provide an example for them to follow. Have you ever made a mistake with your children and asked for their forgiveness? This is not a sign of weakness, but of great inner strength.

Asking for and extending forgiveness is not easy. Smedes goes on to say: "Forgiving is love's toughest work, and love's biggest risk Forgiving seems almost unnatural. Our sense of fairness tells us people should pay for the wrong they do. But forgiving is love's power to break nature's rule." Chaplain Rob

Lewis Smedes,
author of
"Forgive and
Forget," said
that "to forgive
is to set a
prisoner free
and discover
that the
prisoner
was you."





- Mar 6 - Friday | 10 am | Camelia | Alastair
- Mar 7 - Saturday | 1:30 pm | Willow | Greg A.
- Mar 9 - Monday | 1:30 pm | Magnolia | Dean S.
- Mar 17 - Tuesday | 1:30 pm | Camelia | Steven M.
- Mar 18 - Wednesday | 1:30 pm | Camelia | Pete C.
- Mar 21 - Saturday | 1:30 pm | Rose | Prickly Pair Band
- Mar 23 - Monday | 1:30 pm | Magnolia | Greg A.
- Mar 25 - Wednesday | 1:30 pm | Willow | Dean S.
- Mar 26 - Thursday | 1:30 pm | Rose | Steven M.
- Mar 31 - Tuesday | 10 am | Willow | Alastair



Urban Safari Rescue Society

Wednesday | March 11
10:30 am | MPR

Presentation on injured, rescued and rehabilitated wild life. Live animal presentation and education.



ICE CREAM SOCIAL and FUNDRAISER

Thursday
March 19

2-3 pm - All Houses
\$2 per scoop
in 3 Flavours

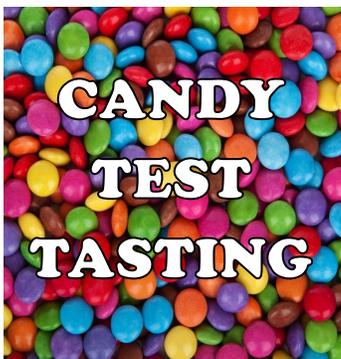


TUESDAY | MARCH 17

Get ready for Our Giant Leprechaun's Understudy, Chaplain Rob, this year's St. Patty's Day Photographer, to

catch you with your green on!

CANDY TEST TASTING



- Willow | March 17
3:00 pm
- Magnolia | March 20
1:30 pm
- Camelia | March 23
1:30 pm
- Rose | March 28
10:45 am

Afternoon Drive
New West
Friday Mar. 27
1:30 - 3:30 pm
If you would like to add a family member for the outing, email:



BuchananLodge.Recreation@salvationarmy.ca

FUNDRAISER RESIDENT LUNCH



Thursday | Mar 26 | Noon | MPR
Cockney Kings Fish & Chips
Ice Cream | Punch/coffee/tea



Peggy R.	Mar 06	Jay F.	Mar 21
Anna M.	Mar 08	Judith B.	Mar 23
Richard B.	Mar 12	Vi G.	Mar 24
Patricia M.	Mar 16	Heather O.	Mar 24
Deborah G.	Mar 20	Philip L.	Mar 28

Birthday Tea

Wednesday, March 18
1:30 pm, Camelia (& Mag)
for March & April B'Days
with Pete Campbell



RECREATION UPDATES: Starting March 2, the Rec Team will be adjusting their working hours to provide greater programming to enhance the lives of our residents. Please see the house calendars for specific program adjustments. The most significant change is the increase of programs between 2:30 - 4 pm. We hope to be able to provide opportunities to reduce restlessness and boredom in the later part of the afternoon. Your feedback is valuable. Please call or drop by the Recreation office if you would like to share your thoughts on these changes.

DONATIONS: The Rec Department is looking for the following donations which will support the Christmas Craft Sale this December.

New: Bath and body products (luffas, lotions, nail files, bodywash and lotions), Tea towels and dish cloths, mugs that match, wine glasses, charcutier boards and serving trays, baskets, decorative buckets (can be used). These items will be used to put together our gift baskets for purchase during the craft fair. If you have any other household goods you think might be of use in our baskets please contact Trish Foley Recreation Coordinator at patricia.foley@salvationarmy.ca.

FOR ALL BUCHANAN STAFF & VOLUNTEERS

T.E.A.M. WORK
Together Everyone Achieves More

"Working together with one mind & purpose"

MARCH TEAMWORK SUGGESTION

Invite and create incentives for more input and creative suggestions from all staff.

GOOD FRIDAY - APRIL 3

Buchanan Services

March 29 - Palm Sunday
Camelia & Magnolia - 10/11 am

April 2 - Holy Thursday
Rose & Willow - 10/11 am

April 5 - Easter
Camelia & Magnolia - 10 am
MPR

EASTER...

THE WEEKEND THAT SAVED THE WHOLE WORLD

Saint Patrick's Prayer of the Faithful

May the Strength of God pilot us.
May the Power of God preserve us.
May the Wisdom of God instruct us.
May the Hand of God protect us.
May the Way of God direct us.
May the Shield of God defend us.
May the Host of God guard us
Against the snares of the evil ones,
Against temptations of the world.

May Christ be with us!
May Christ be before us!
May Christ be in us, Christ be over all!
May Thy Salvation, Lord, Always be ours,
This day, O Lord, and evermore. Amen.

