

Hydrafacial:

Microdermabrasion used to feel rough and drying, until the introduction of hydrodermabrasion procedures - such as the cult favorite, HydraFacial.

What sets this treatment apart? HydraFacial uses a unique, patented Vortex-Fusion delivery system to exfoliate, extract and hydrate skin, and, the spiral design delivers painless extractions.

Suitable for all skin types, HydraFacial addresses...

- + Fine lines & wrinkles
- + Elasticity & firmness
- + Even tone & vibrancy
- + Skin texture
- + Brown spots
- + Oily & congested skin
- + Enlarged pores

Not only does this treatment leave skin glowing from its peptide & antioxidant rich serums, but it also clears out congestion from the pores painlessly!

#Hydrafacial #Microdermabrasion #MedicalAestheticsTreatments

Vivace:

If you haven't tried microneedling, what are you waiting for?! The Vivace Experience® is a new treatment approach that combines microneedling and radiofrequency energy with a specialized treatment serum and cooling peptide mask to provide patients with superior, natural-looking results.

What can you expect from this treatment?

- Alleviate Fine Lines & Wrinkles
- Tighten Skin
- Minimize Pore Size
- Improve Skin Tone & Texture
- Immediate Results
- Minimal Downtime
- Virtually Pain-Free

Still have more questions about this treatment or would like to see more results from past clients? Send me a message!

#Vivace #Microneedling #Radiofrequency

Skincare Pyramid:

There are many misconceptions surrounding the frequency of skincare treatments, so here's a reminder of the most common recommendations.

As always, these will vary for everyone so it's best to check with your treatment professional

Are you in need of new skincare products? Message me for product recommendations or to put together a personalized skincare regime based on your needs.

#SkincarePyramid #SkincareRules #MedicalGradeSkincare

Botox Gift Cards:

If you took advantage of last month's Botox Day promotions, now is the time to treat yourself for the holidays and book your appointment! If you purchased a Botox gift card on National Botox Day, you received a \$50 gift card as part of the promotion. To apply this gift card or any ALLĒ rewards credits you earned during the Double Points promotion, simply let our practice coordinator know when checking out after your appointment.

Just a reminder if you're new to aesthetics that ALLĒ - formally Brilliant Distinctions - is one of the two main rewards programs for patients receiving Medial Aesthetics treatments such as Botox, Juvederm, and DiamondGlow. If you haven't already, download the ALLĒ app to stay in the know about special offers and keep track of the points you earn for treatments.

#AlleRewards #BotoxAppointment #WrinkleFreeHoliday

Our Services:

We often get asked what services or treatments we offer, so we're sharing a rundown of our many offerings! We currently offer the following injectables:

Neurotoxins (Botulinum Toxin Type A) for treating wrinkles:

- Botox
- Dysport
- Jeuveau
- Xeomin

Dermal Fillers for treating lines, creases, contouring, and adding volume:

- Juvederm line including XC, Voluma, Volbella, Vollure (Hyaluronic Acid)
- Restylane line including Silk, Lyft, Refine, Defyne (Hyaluronic Acid)
- Belotero Balance (Hyaluronic Acid)
- Radiesse (Calcium Hydroxylapatite)
- Sculptra (Poly-L-Lactic Acid)
- Bellafill (Polymethylmethacrylate)

Most patients are unaware of just how many injectable options are available or the differences between them. Send us a message detailing your aesthetics goals and we will put together a treatment plan tailored to your specific needs!

#MedicalAestheticsTreatments #DermalFillers #Neurotoxins

Prolong Filler:

“My filler didn’t last as long this time” is something we sometimes hear from our patients. While there is no way of knowing how your filler will dissolve, following these tips can help prolong your filler between appointments. In addition, keep the following points in mind:

- Filler is buildable, so while your first syringe may feel as though it dissolves quicker, continuing to maintain and build on the filler in that area will make your overall result last longer.
- Some types of filler last longer than others - one variety could last 6 months while another could last 2 years. Ask your injector to go over available options.
- Your metabolism could play an effect in how quickly your body dissolves filler. For example, losing weight could mean your filler may also dissolve more rapidly.

As emphasized by these tips, leading a healthy lifestyle and focusing on overall wellness will enhance any aesthetic treatments you receive. Feeling good physically and mentally will always translate to looking your best!

#ProlongFiller #DermalFiller #MedicalAesthetics

Winter Skincare:

What season does your skin thrive most in? Whether you have dry, normal, combination, or oily skin, you should make adjustments to your skincare routine in the winter months. Follow these tips for optimal skin health. The main ways your skin is affected in the winter?

- Dryness
- Irritation
- Sensitivity
- Dullness

Keep in mind, even in climates where temps don’t reach or go below freezing, a shift or drop in temperature can still have an affect on your body. How does your skin react to the winter season? Whatever you’re experiencing, our practice can help you keep your skin looking flawless this holiday season. Send us a message or click the link in our bio to book your next appointment!

#WinterSkincare #MedicalAestheticsTreatments #WinterSkin

Holiday Scheduling:

While it's the most exciting time of the year, it also tends to be the most hectic for those of us in the aesthetics industry! Everyone wants to look their best for holiday parties and especially as we enter a fresh new year! So be sure to book your appointments ahead of time to ensure you have enough time to recover and see results before your scheduled holiday events. While downtime per procedure varies from person to person, here's a quick overview of how far in advance to book for the following services:

2-3 weeks: Botox, Filler, Microneedling, Kybella, Fraxel Lasers, Sculptra, QWO, Facials involving Extractions

1-2 weeks: Chemical peels

1-5 Days: Vivace, DiamondGlow, Hydrafacial, Buccal Massage Facials

Again, keep in mind everyone experiences different timelines when it comes to healing. Even if you know how you typically react to a procedure, it's not a guarantee that you won't react differently the next time you're treated. Always give yourself adequate time to recover - especially during the holidays when we lack sleep and our stresses are often heightened, making it more difficult for our bodies to heal.

#WrinkleFreeHoliday #MedicalAestheticsTreatments #DermalFiller