

	8:00am	Registration/sign-in					Gate 9, Level 1 Hub
	8:40am	Welcome to Country & Smoking Ceremony Annette Xiberras, Wurundjeri Elder					Victory Room Balcony
	9:15am	Opening Address Bridget Hamilton, CentreMHN					Main Plenary – Victory Room
	9:35am	Major Sponsor Introduction: CentreMHN – Bridget Hamilton					Main Plenary – Victory Room
	9:40am	KEYNOTE MHNs Challenging the Narratives that Limit and Lessen our Contribution Dr Haley Peckham					Main Plenary – Victory Room
	10:25am	Morning Tea Break					Medallion Club Level 2
		Special Event: Nurses Unite – Hosted by Collaborative Centre: Oliver McDougall, Fisher & Emma Murrell					Chill Out Space
Block	Start Time	Main Plenary Victory Room (AB)	Break Out 1 Victory Room (C)	Break Out 2 Victory Room (D)	Break Out 3 Victory Room (E)	Break Out 4 Danvers Room	Hero Room Medallion Bar Lvl 2
B1	10:55am	RRI & SAFEWARDS SYMPOSIUM The Tapering of Safewards Knowledge in Victoria: Quiz Results Over 4 Years Bridget Hamilton She/Her (CentreMHN) One Team, One Goal: Safer Wards Through Shared Learning, Empowering our Medical Workforce	INNOVATION Kindness, Knowledge and Collaboration: The Eating Disorder Liaison Model Kate Lahiff She/Her (RMH)	INNOVATION Consumer Support After Restraint or Seclusion - A Trauma-informed, Evidence-based Pilot Trial Kirby Moerth (Grampians)	TEACHING & LEARNING Adoption of the Clinical Reasoning Cycle in Mental Health Drug and Alcohol Services Liz Mushangwe (Barwon Health)	ENTRY TO PRACTICE FRAME: A Digital Framework Supporting Entry-to-Practice and Novice Mental Health Nurses with Embedded Confidentiality Protection Bronwyn Tarrant She/Her (Uni Melb)	Mindful Abstract Watercolours 10:30am – 11:30am
B2	11:25am	Erynn McMillan She/Her (Austin Health) The Effectiveness of Delivering Short and Sharp Safewards Training Sessions to the Medical Work Katalin Pal She/Her (Eastern Health) Every Picture Tells a Story – Reducing Restrictive Interventions and Embedding Safewards through Meaningful Data Storytelling Jodie Ten-Hoeve She/Her (Eastern Health)	COPRODUCTION How the Move for Mental Health Program is Empowering Collaboration in the Workforce and Strengthening the Consumer Voice Rachael O’Neil She/Her (Bendigo Health) NOTE: Therapy Dog Present A certified therapy dog will be present at this session. Please let staff know if you have any concerns or allergies.	INNOVATION Beyond the Checklist: Innovating Risk Assessment in Mental Health Nursing Glen Mangelsdorf-Collett (Epworth Clinic)	SIMULATION Enhancing Mental Health Nurses’ Confidence in Identifying and Responding to Clinical Deterioration Laura Ritzert She/Her (Eastern Health)	ENTRY TO PRACTICE ‘Phase 4’: A Regional Hospitals Approach to Providing Contemporary Mental Health Learning and Practice Development in 2025 John Brown He/Him (Barwon Health)	Delta Therapy Dogs 11:00am – 12:30pm
B3	11:50am	Restrictive Intervention – How we Have Collaboratively Changed our Practice Mandy Kadish She/Her (Alfred Health) Reducing Restrictive Interventions Claudia Perkins She/Her (PRM) Safety for All Jennifer Holmes She/Her (Safer Care Vic)	INNOVATION Reimagining Mental Health Care: Reducing Compulsory Treatment Through Innovation and Collaboration Alice McDonald She/Her (Safer Care Vic)	SEXUAL SAFETY From Post-It Note to Everyday Practice Across a Whole Health Service: Driving Change and Managing Scale and Spread in Victoria’s Improving Sexual Safety Initiative Misha Adair He/Him (Safer Care Vic)	SIMULATION Simulation-based Learning Approaches to Address Domestic Violence in Nursing and Midwifery Practice: A Scoping Review Claire Hayes She/Her (Deakin)	ENTRY TO PRACTICE Welcome to Mental Health Nursing – Incorporating Teachings and Reflections to Build Student Confidence within a Youth Specialist Program Sal Hosking She/Her (PYMHWS)	

PROGRAM	AFTERNOON		Tuesday 19 August						
	DAY ONE								
Block	Start Time	Main Plenary <i>Victory Room (AB)</i>	Break Out 1 <i>Victory Room (C)</i>	Break Out 2 <i>Victory Room (D)</i>	Break Out 3 <i>Victory Room (E)</i>	Break Out 4 <i>Danvers Room</i>	Hero Room <i>Medallion Bar Lvl 2</i>		
B4	12:15pm	RRI & SAFEWARDS SYMPOSIUM	INNOVATION	SEXUAL SAFETY	PRACTICE UPHOLDING	SEXUAL HEALTH	Delta Therapy Dogs 11:00am – 12:30pm		
		Safewards : Empowering Staff Through Transformational Learning	The Internship Model - Taking Walk-in Family Therapy to Mental Health Services	Promoting Sexual Safety in Acute Adult Care: A Priority in Our Practice	Why Are we Still Doing This?: Reducing the use of Restraint for the Treatment of Anorexia Nervosa in Acute Paediatric Settings	Improving Sexual and Reproductive Health of those with Serious Mental Illness: Scoping Review			
		Sara Benson She/Her (Austin Health)	Martin Pradel (Barwon Health)	Brittany Williams She/Her (Eastern Health)	Naomi Brockenshire She/Her (UoM)	Trudy Brown She/Her (Federation Uni)			
		Towards the Elimination of Restrictive Practices Collaborative							
		Rebecca Britt She/Her (Safer Care Vic)							
		Questions							
12:35pm		Lunch Break					Medallion Club Level 2		
1:20pm		Major Sponsor Introduction: ACMHN – Professor Rhonda Wilson, President					Main Plenary – Victory Room		
1:25pm		KEYNOTE Decolonising the Mental Health System – A SEWB & Lived Experience Perspective Shibs Sharpe					Main Plenary – Victory Room		
B5	2:15pm	CRISIS / ZERO SUICIDE	WELLBEING	INNOVATION	COPRODUCTION	UPHOLDING RIGHTS	Clay Hand Building Superhero Figurines 2:15pm – 3:15pm		
		Adopting the Zero Suicide Framework Across Victorian Healthcare Services	Practicing What We Preach: Practical Wellbeing Strategies for MHNs	The HIPPO Project - Handover Involving the Person Promotes Opportunity	Partnering with Consumers: Co-designing a nurse-led groups program with Lived Experience Experts	Enhancing Therapeutic Engagement in the Acute Older Adult Mental Health Unit			
		Jezwyn Lapham He/Him (Safer Care Vic)	Jennifer Love She/Her (Austin Health)	Nicola Cowling She/Her (Austin Health)	Natalie Nardella She/Her (Epworth)	Steven Yates He/Him (Eastern Health)			
B6	2:40pm	CRISIS / ZERO SUICIDE	WELLBEING	INNOVATION	COPRODUCTION	UPHOLDING RIGHTS	Clay Hand Building Superhero Figurines 2:15pm – 3:15pm		
		Can the Zero Suicide Framework Help Nursing Students to Support People with Suicidal Thoughts?	Supporting our Nurses: The Implementation of Evidenced Based and Nurse Identified Strategies to Improve the Wellbeing and Resilience of our Mental Health Workforce	Enhancing Safety in Mental Health: Implementing a Tool to Predict and Mitigate Violence	Integrating Lived Experience in Mental Health Education: Co-designing Microcredentials on Youth Mental Health for Primary Care Practitioners	Everyone Deserves to Feel Heard, Understood and Supported - New Resource to Support the Deaf Community			
		Samantha Scott She/Her (Monash Uni)	Rose Nguyen She/Her (Eastern Health)	Tom Wilson (St Vincents)	Christine Hughes She/Her (PYMHWS / UoM)	Harry Singh He/Him (Eastern Health)			
B7	3:05pm	CRISIS / ZERO SUICIDE	WELLBEING	INNOVATION	COPRODUCTION	UPHOLDING RIGHTS	Clay Hand Building Superhero Figurines 2:15pm – 3:15pm		
		Advancing Consistent and Contemporary Suicide Prevention Training in Victoria	More Than a ‘Self-Care’ Problem: Organisational Solutions for Nursing Burnout	New Frontiers for Nursing in Innovative Youth Inpatient Care: The Hospital in the Home Model	Breaking the Silence: Engaging Fathers in the Eating Disorder Treatment Journey	Designing for Change: Developing a Sustainable Mental Health & Wellbeing Act Education Hub at Mercy Health			
		Shaina Serelson She/Her (Safer Care Vic)	Luka Stefani They/Them (PYMHWS)	Emma Pettigrove She/Her (PYMHWS)	Andrew Jong He/Him (Alfred Health)	Simer Plane He/Him (Mercy Health)			
3:25pm		Afternoon Tea					Medallion Club Level 2		
		Special Event: Aboriginal & Torres Strait Islander Mental Health Nurses & Students to Come Together					TBC		

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B8	3:50pm	KEY COMM CHILD & FAMILY The Booboop Centre: Transforming Child and Family Mental Health Care Christine Dalton She/Her (Austin Health)	ELDER CARE Cultivating Person-Centred Care with the Sunflower Tool in Older Adult Mental Health Shanelli Mendis (Eastern Health)	CLINICAL SUPERVISION The Role of Mental Health Placement Fellows in Shaping Nursing Students' Experiences and Capacity of Clinical Preceptorship Dhanpreet Kaur She/Her (RMIT)	LEADERSHIP Empowering Heros: Strategic Leadership in Nurturing a Marvelous Workforce Through Benner's Helping Role Monika Drew (Austin Health)	CRISIS / ZERO SUICIDE A State-wide Victoria Ligature and Anchor Point Risk Assessment Audit Tool Anna Love (Safer Care Vic)	
B9	4:15pm	KEY COMM CHILD & FAMILY Supporting Children and Families Where Parents have Mental Illness with EASE Kim Foster She/Her (ACU)	ELDER CARE Improving Quality of Life in Psychogeriatric Care Caroline Coleby (GV Health)	CLINICAL SUPERVISION Organisation-wide Peer-group Nurse Unit Manager Clinical Supervisor Training and Practice – Considerations for Mental Health Nursing Dhanpreet Kaur She/Her (RMIT)	LEADERSHIP Time in Motion Studies to Examine Effectiveness of Team Leaders in Public Health Crisis Mental Health Services Euan Donley He/Him (Eastern Health)	CRISIS / ZERO SUICIDE Crisis Containment through Connection: Mental Health Nursing and Single Session Thinking Jessica Legge She/Her (Alfred Health)	
B10	4:40pm	KEY COMM CHILD & FAMILY Innovating Relational Care for Children and Families: The MERTIL Program Suite for Nurses and Parents Zoe Cloud She/Her Bouverie Centre	ELDER CARE I Have the Right to Dignify Death! Stephanie Liao She/Her (RMH)	CLINICAL SUPERVISION Restorative Resilience Clinical Supervision: A Retention Strategy for Graduate Nurses in Mental Health Settings Debra Klages (Uni New England)	LEADERSHIP Embedding Dialogically Informed Practice in an Acute Women's Mental Health Service: Reflections and Consumer Feedback from WREN Emily Stowell (Alfred Health)	EARLY CAREER Growing Your Early Career to Become a Future Nursing Academic Brent Hayward He/Him (Monash Uni)	
5:00pm		Conference Closes Day 1					
5:00pm – 7:00pm		Social Event at Friends of Fire					

8:00am		Registration/sign-in					Gate 9, Level 1 Hub
8:45am		Acknowledgement of Country Welcome & Major Sponsor Introduction: ANMF – Maddie Harradence, Branch Secretary					Main Plenary – Victory Room
9:00am		KEYNOTE Celebrating Mental Health Nurses Doing Extraordinary Things Anna Love					Main Plenary – Victory Room
Block	Start Time	Main Plenary <i>Victory Room (AB)</i>	Break Out 1 <i>Victory Room (C)</i>	Break Out 2 <i>Victory Room (D)</i>	Break Out 3 <i>Victory Room (E)</i>	Break Out 4 <i>Danvers Room</i>	Hero Room <i>Medallion Bar Lvl 2</i>
B11	9:50am	CAREER PATHWAYS SYMPOSIUM Supporting Graduates & Nurse Educators to Navigate a New Area of Mental Health Service: The GGQ Local Alexandra Martin She/Her (Barwon Health)	LIVED EXPERIENCE Breaking Barriers, Building Bridges: Building a Lived Experience Workforce & Reflections from Year One Leonardo Portillo (Eastern Health)	WELLBEING Today I Have Exceeded my Expiry Date. How Workplace Support Improves wWorker Wellbeing Helena DeCosta (Monash Health)	WELLBEING Wellbeing, Resilience, Stress, and Turnover Intentions of Mental Health Transition Nurses 6 Months into Their Program Johanna Boardman She/Her (ACU)	LEADERSHIP The Glue that Binds it All Ashmi Panta She/Her (PYMHWS)	
		Expanding Horizons: The Benefits and Impact of Secondment Opportunities on Professional Development for Mental Health Nurses Shaina Serelson She/Her (Safer Care Vic)	LIVED EXPERIENCE Essentials Nurses & Others Need to Know About the LE Consumer Discipline Framework Nina Joffee-Kohn She/Her (CentreMHN), Shibs Sharpe She/Her	WELLBEING Nurses Need Care Too: Shining a Light on Mental Health Nurses’ Daily Workplace Challenges Ravneet Kaur She/Her (Northern Health)	PHYSICAL HEALTH Equally Well in Victoria Framework Update Anna Love (Safer Care Vic)	LEADERSHIP Purpose-Built, People-Focused: Innovation in a New Mental Health Inpatient Unit Daniel Darmanin He/Him (Western Health)	
		How Mental Health Clinical Nurse Educators are Responding to the Needs of an Emergency Department Workforce Freya Lance She/Her (RMH)	LIVED EXPERIENCE Are we Experiencing a Clinical Ceiling? Barriers to Lived Experience Led Approaches in the Mental Health Sector Deb Carlon She/They (Mind Aus)	INNOVATION Marvellous Family Gains in Extraordinary Times, the Power of Running a Multiple Family Groups [MFG] for Consumers, Families and Staffplace Challenges Alison Lewis She/Her (RMH)	PHYSICAL HEALTH Equally Well in Victoria Rebecca Helvig She/Her (Safer Care Vic)	LEADERSHIP Working with Anxious Learners – Knowledge Sharing and Collaboration Within Healthcare Rebekah Hales She/Her (St Vincents)	
B12	10:15am						
B13	10:40am						
11:00am		Morning Tea Break					Medallion Club Level 2
		Special Event: Nursing Students Unite – Cathie Miller					Chill Out Room

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B14	11:30am	INNOVATION Building Capability in Mental Health Deterioration Within Non-mental Health Services Stuart Wall He/Him (Peninsula Health)	INTERDISCIPLINARY STRENGTH Interdisciplinary Collaboration for Increasing Options and Participation in Physical Activity: a Prospective Audit to Develop Trauma-informed Programs in Inpatient Adult Mental Health Settings Nicholas Jacklyn He/Him (St Vincents)	POLICY & CHALLENGES The Taking it Forward Alliance - Coming Together to Transform Services in a Regional Area Margaret Clarke (Grampians MHWB)	FUTURE MOC Panarchy Theory: An Ecological Model for Mental Healthcare Cathy Francis She/Her (RMIT)	CAREER TRANSITIONS Beyond the Inpatient Walls: Transitioning from Inpatient to Community Mental Health Nursing Caring for Young People with Dual Mental Health and Intellectual Disabilities Shannon Mullins He/Him (Alfred Health)	Mindful Doodling 11:00am – 12:30pm
B15	11:55am	INNOVATION Transforming Mental Health Service Crisis Response Through Immersive Co-design and Community Social Impact Elise Pointer (Peninsula Health)	INTERDISCIPLINARY STRENGTH Interprofessional Superpowers: Equipping Graduates for Collaborative Mental Health Care Rohan De Mel (Peninsula Health)	POLICY & CHALLENGES A Positive Consumer Journey: Embracing Innovation in Eating Disorder Recovery Natalie Sacco She/Her (Austin Health)	FUTURE MOC Neuro Surgery for Mental Illness 2025 – Deep Brain Stimulation for OCD Helen Kelly She/Her (RMH)	CAREER TRANSITIONS Choosing Mental Health Nursing: What are Transition Nurses’ Experiences and Psychosocial Outcomes? Johanna Boardman She/Her (ACU)	
B16	12:20pm	DIGITAL HEALTH & AI AI and Family/Carer Inclusive Support in Mental Health Crisis Care Judy Hogan She/Her (Monash Health)	INTERDISCIPLINARY STRENGTH Interdisciplinary Strength to Bridge the Gap in Mental Health Nursing Care Regina Cai (Eastern Health)	INNOVATION Innovating Training for Mental Health Care: Motivational Interviewing in Practice Seaton Charlesworth He/Him (Eastern Health)	FUTURE MOC Crisis in the Cloud: Can Virtual EDs Truly Deliver in Mental Health Emergencies? Shin Lim She/Her (Northern Health)	CAREER TRANSITIONS Creating and Implementing Australia’s First Specialist Youth Mental Health Nurse Program for Early Career Nurses Lucy Graham She/Her (PYMHWS)	
B17	12:45pm	DIGITAL HEALTH & AI Human-in-the-Loop: AI as the Nurse’s Ally in Delivering Marvellous Care Ravinder Kumar He/Him (Northern Health)	INTERDISCIPLINARY STRENGTH Time Flies When You’re Having Fun(ctional Nursing Shifts) – How can we Increase Nursing Time Spent with Consumers in our Mental Health Unit? Marcie Regester She/Her (St Vincents)		FUTURE MOC Mental Health Nurses Providing Marvel-ous Leadership in Behaviour Support Across Healthcare Settings Nicole Edwards She/Her (Monash Health)	EARLY CAREER Building an Orientation Platform for Marvel-ous People Yoges Annavee She/Her (Mercy Health), Adam Daly (Undergraduate programme Manager), Sarosh Shareef (Peer worker)	

	1:05pm	Lunch Break				Medallion Club Level 2	
	1:55pm	Major Sponsor Introduction: HACSU – Paul Healey, State Secretary				Main Plenary – Victory Room	
	2:00pm	KEYNOTE Marvelous Models and More Dr Tessa Maguire				Main Plenary – Victory Room	
Block	Start Time	Main Plenary <i>Victory Room (AB)</i>	Break Out 1 <i>Victory Room (C)</i>	Break Out 2 <i>Victory Room (D)</i>	Break Out 3 <i>Victory Room (E)</i>	Break Out 4 <i>Danvers Room</i>	Hero Room <i>Medallion Bar Lvl 2</i>
B18	3:05pm	EARLY CAREER SYMPOSIUM The Positive Impact of a Good Mental Health Placement – A Roadmap from Undergraduate to Graduate Mental Health Nurse Maddison Adams She/Her (Barwon MDHS) Digital Frontiers in Mental Health Nursing: Expanding Early Career Opportunities Ogechi Oluwa She/Her (Northern Health)	CLINICAL SUPERVISION A Relational, Experiential, and Translational Approach to Growing Clinical Supervisors: A Clinical Supervisor Development Program for Mental Health Nurses Teresa Kelly She/Her (CentreMHN)	WELLBEING Peer Workers’ Grounded Praxis of Systemic Change to Re-centre People with Lived and Living Experience in the Public Mental Health System Currently Imposed Upon Unceded Aboriginal Land Jordan Brown She/Her	POLICY AND CHALLENGES Adopting a Collaborative Approach to Develop High Quality Preceptor Modules for Enhancing Support of Undergraduate Nursing Students in Mental Health Placements Shingai Mareya He/Him (RMIT/RMH)	Special Event: Haley Peckham Shame Competence for Trauma-Informed Practitioners Training 3:05pm – 4:15pm	Self Massage & Stretching 2:05pm – 2:50pm
B19	3:30pm	Our Junior Workforce – Cultivating Leaders & Sustaining a Positive Workplace Culture for the Growth and Development of Early Career Nurses Siobhan Gurry She/Her (Eastern Health) Strengthening Undergraduate Mental Health Nursing Education Through Collaboration with the Lived Experience Workforce Hamanbeer Singh He/Him (Alfred Health)	CAREER PATHWAYS Developing a Framework for supporting employment of Lived Experience Educators into Health Professions Education. Stuart Wall He/Him (Peninsula Health)	FIRST NATIONS Using Safewards’ ‘Mutual Help Meeting’ on an Adolescent Inpatient Unit – Key Learnings and Findings Carla Martins She/Her (Royal Childrens)	COPRODUCTION Co-creation of a Support Program for Lived Experience Workforce Members Undertaking Tertiary Studies: Approach and Methodology Puneet Sansanwal He/Him (CentreMHN)		
B20	3:55pm	Growing Our Marvel-ous Peer Workforce; Collaborative Practices in Recruitment and Induction Tom Pickup He/Him (Monash Health) St. Vincent’s POP Pathway for Early Career MHN Growth in a Changing Landscape Mike Sweeney He/Him (St Vincents)	INN / HR & YOUNG NEURO DIV We Can See the You Yangs’ – Mental Health Nursing in a Youth Justice Setting Rebecca Corbett She/Her (Barwon Health)	YOUTH & NP Meeting the Unique Physical Health Concerns of Young People With a Mental Illness: Enablers and Barriers of Implementing a New Nurse Practitioner Model of Care Alexis May She/Her (PYMHWS/RMH)			
	4:15pm	Major Sponsor Introduction: Monash Health				Main Plenary – Victory Room	
	4:20pm	Awards & Presentation				Main Plenary – Victory Room	
	4:50pm	Conference Closing Day 2					