

EXOMIND: Willpower & Self-Control

Novel ExoTMS Technology for the Improvement of Self-Control and Food Cravings:
1-Month Preliminary Results

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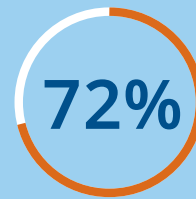
1. Cady Wellness Institute, Newburgh, IN, USA, 2. Jiva Med Spa, Columbus, OH, USA,
3. A New You Wellness, Miami, FL, USA, 4. Aria Integrative Health, Denver, CO, USA,

Highlights

- 51 patients (20-74 years, BMI 20.2-58.8 kg/m²) seeking improvement in willpower & self-control were enrolled in a randomized sham-controlled IRB approved trial
- Both active group and sham group received 6 Exomind treatments spaced 3 -7 days apart
- Patients evaluated using the Brief Self-Control Scale (BSCS), Food Cravings Questionnaire - Trait (FCQ-T), Subject Satisfaction Questionnaire (SSQ), and Therapy Comfort Questionnaire (TCQ)
- 90% of patients found the therapies comfortable; no serious adverse events were reported



Patients reported
improvement in
self-control (SSQ)
at 1-month follow-up



Patients reported feeling
more in control of
everyday diet (SSQ)
at 1-month follow-up

296%

Greater improvement
in BSCS score
compared to sham

231%

Greater improvement
in FCQ-T score
compared to sham