

HAIR EXTENSIONS

Aftercare Guide



YOUR HAIR EXTENSIONS AFTERCARE GUIDE

In order to make sure that extensions are suitable for your hair and your lifestyle, use this sheet as a guide to ensure you properly maintain the health and integrity of the extensions. Cat will not be responsible for individual misuse or lack of maintenance. Some instances of lack of maintenance could result in a color correction, be refitted, or worse, ordered new altogether.

THINGS TO CONSIDER WHEN YOU HAVE HAIR EXTENSIONS FITTED:

Extensions require routine maintenance visits (every 4-6 weeks). Make sure you have the time to attend these sessions because if you skip maintenance and then experience issues, Cat Boh Beauty Co. may not be able to help you fix them.

Using heat tools: Straighteners, curling irons, and wands are all perfectly acceptable and can help smooth and tame hair. Check your heating appliances frequently to ensure they are free of product buildup, which has been known to fade lighter-colored extensions. Overheating devices can dry up hair extensions, which can result in color fading, breakage, snapping, and splitting. Always divide your hair into sections and blow dry as smoothly as possible, ensuring the root is DRY. We do not advise "air drying" your hair because this can overly saturate the bonds and/or beads, and leaving it wet for an extended time reduces the bead and bond's quality, lifespan, and can ultimately cause possible breakage in your hair. Do not use heat tools above 350 degrees. Finally, always ensure you're using a heat protectant on extensions.

Holidays: Even though we want to look our best when on vacation, we don't recommend getting a pair fitted right before a trip abroad for various reasons. Your hair extensions will become very dry when exposed to chlorine or salt water. We strongly advise staying away from these at all costs. If you swim, make sure your hair is up on top of your head and not in the water. Bonus points if you add a conditioner mask to ensure they get little exposure to the water. Additionally, it has been documented that vacationing in foreign places with high iron water content can turn lighter colored extensions a peach or orange color. You must only wash your hair with bottled water if you observe any discoloration. With repeated washing in a filtered shower head, discoloration should disappear. This is not a problem with the hair; rather, iron is deposited in the hair cuticles by chemicals and minerals in the water.

Tanning Beds & Sun: UV rays can fade or discolor extensions; as a result, we advise wearing a sunhat when lounging in the sun and covering your hair with a towel if you use a sunbed to entirely avoid exposure to strong UV rays.

Sports/gym: Use a wet brush to untangle your hair, then use Spiral Hair Ties to tie it back. If very sweaty, blow dry root to ensure the tape-ins/sew-ins are dry.

Coloring: Since your hair extensions have already been processed and colored when they arrive for you, we do not advise dyeing them. Because of this, additional coloring will be uncertain. We strongly advise against lightning extensions because it can harm the hair or at the very least drastically reduce its lifespan. It works better to use toners or color the hair darker with a professional hair colorist, although Cat cannot be held responsible for the results and this may shorten the hair's lifespan. Coloring your hair is entirely at your own risk, and if it has been changed in any way since you left Cat Boh Beauty Co., your hair may be treated as a "color correction."

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Incorrect product use: We only endorse merchandise approved by Cat Boh Beauty Co. Everything your hair needs to stay silky, protected, and long-lasting is used by us at the salon and can be recommended. If you are unsure about a product to use in your hair, reach out to Cat by email or social media DM.

Sleeping: Always use a boar bristle brush to fully detangle your hair before bed, and then braid or rope braid hair in two even sections, and secure it with silk ponytails lightly. Additionally, to reduce frizz, it is highly recommended to use a silk bonnet and/or silk pillowcase. This will reduce frizz daily as well as allow you to reduce your use of heat.

Your hair extensions must NEVER be wet before bed. If you do, you'll probably find that you wake up with many nests of tangles that your extension expert will have to de-matte, which is charged hourly. Very often, this is impossible, so extensions will have to be taken out to correct, and reinstalled at a later date, or possibly repurchased based on level of damage.

Leaving the hair wet with extensions is the primary act that can cause breakage to your hair. As your hair is wet, it becomes weak and vulnerable to damage. The weight of the wet extensions pulling on your hair can cause breakage as it also heavier resting on your roots. Always ensure the root stays fully dry.

Brushing: Every morning and night, use a boar bristle brush. You may untangle and smooth your hair by gently brushing from the ends up to the root. Boar bristle brushes, especially mini ones, are portable and wonderful to have in your bag for quick brushing sessions. To ensure you are not pulling at the root, angle the brush at a 45-degree angle, as you go past the extension roots, then use the full brush flat to your strands down to your ends. Cat will demo this as well as ensure you understand how to brush properly. Too much yanking/pulling at the root can cause extensions to come loose or possibly cause damage. If you have matting in between the extensions, section them off where appropriate and gently brush through in small sections. Too much tension/forceful yanking could cause the extension application to come loose or lose an excessive amount of extension hair. A hydrating conditioner mask is also recommended weekly to keep the extensions hydrated and less prone to matting.

Lifespan: We are unable to provide a precise lifespan because this is a consumable product. We can only provide general guidelines; the majority of the lifespan will depend on the end user's level of maintenance. By following this advice, you should be able to extend the life of your hair between 6-10 months. Since lighter hues require more processing to obtain their color, they will last slightly less time. For the light shades to last longer, they will also need more maintenance. Additionally, using minimal heat, scheduled move ups, and daily brushing can extend the life of the extensions up to 11-12 months.

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STEPS TO TAKE BEFORE YOUR FITTING

Make sure you approve the extensions you bought, including the color match, quality, and other factors, as once they are installed, any discrepancies cannot be fixed once shaped or colored to your hair. Ensure you have washed your hair (ideally with a clarifying shampoo at the root) but have not used any conditioner or other hair products before the fitting. This is crucial in order to secure any bonded extensions with a good, strong bond and to prevent slippage on micro rings or weft fittings.

AFTER YOUR HAIR IS FITTED

You must strictly adhere to the products recommended by Cat Boh Beauty Co. It is crucial to find items that are developed specifically for the hair you are wearing because hair extensions might be processed quite differently depending on the manufacturer. To provide you with the best lifespan and to safeguard against the issues that improper product exposure can bring about, Cat Boh Beauty Co. aftercare products are carefully selected and recommended to maintain and care for your extensions.

TO ENSURE YOUR HAIR HAS THE FULL CARE YOU WILL NEED:

Clarifying shampoo, hydrating shampoo, hydrating conditioner, lightweight oil/lotion for the mids/ends, a conditioning mask, a boar bristle brush, silk scrunchie, and silk bonnet and/or pillowcase.

These products must be used consistently throughout time. Cat Boh Beauty Co. will not accept responsibility for any damage to your hair if any of these items are not consistent in your routine. Incorrect products can seriously harm extensions and your hair.

FOR COLORED EXTENSIONS: Do not use purple shampoo on your extensions. If using, ensure your hair is separated from the extensions, and immediately washed out if it gets on them. They will turn ashy/purple/gray immediately. The tone will need to be placed back in the extensions and will be considered a color correction.