

PHOTO CREDIT: @LAURAWILLIAMSWEDDINGS

THE KIND VIBE RETREAT

at Sandon Manor, Hertfordshire



FRIDAY 7TH NOV - MONDAY 10TH NOV 2025

A WEEKEND INTRICATELY DESIGNED TO
PROPEL YOU IN YOUR BUSINESS AND
BRING CLARITY TO WHAT'S NEXT.

TAKE THE REINS OF YOUR BUSINESS & YOUR DESTINY

GAIN CLARITY & VISION

Step out of the daily grind to reconnect with your bigger vision. Gain clarity on what you truly want out of your business – and what the future looks like for you – in 2026 and beyond.

STRATEGIC SPACE TO PLAN AHEAD

Leave with a refreshed 12-month roadmap and bold ideas for growth. Brainstorm, strategise, and set intentional goals while surrounded by inspiring women who know what it's like.

DEEP, GENUINE CONNECTIONS

Build meaningful relationships with like-minded women in business. Not just surface-level networking – real conversations, real support, and real depth.

REST, RESET & RECHARGE

Nourish your mind, body and soul in a stunning countryside setting. You'll return home relaxed, energised and more focused than you've been in months.

WHAT TO EXPECT

The Kind Vibe Retreat is a 3-night winter escape designed to give you the space—and permission—to slow down, reconnect, and gently refocus, both personally and professionally, making room for growth, clarity and transformation.

Set at the beautiful Sandon Manor, a peaceful countryside hideaway, the retreat offers a welcoming space away from the grind of daily life. Think crackling fires, soft blankets, deep conversations, and that feeling of exhale you didn't realise you needed.

On the Saturday, you'll take part in Fifi Scif's Mindset, Money & Marketing Workshop; a full-day session that past attendees have called "eye-opening," "deeply insightful," and "truly life-changing." It's not about overhauling your business overnight; it's about tuning in, realigning with what matters, and finding some fresh perspective.

You'll also take part in The Aligned Leader workshop; delivered in two powerful parts across the weekend and designed to help you reflect deeply, lead with intention, and step into 2026 feeling clear and aligned in your business. Together, we'll explore what leadership means for you personally – diving into meaningful reflections on your business journey through 2025, identifying what you're ready to leave behind, and defining the values and principles that will guide your next season as a business owner.

Later on the first evening, you'll take part in a creative session, designed to gently anchor the energy and intention you've set for the year ahead – something simple, soulful, and quietly powerful.

WHAT TO EXPECT CONT.

In Part Two of The Aligned Leader workshop (Sunday evening), we'll return to integrate everything that's surfaced over the weekend. You'll create your own Leader Compass – a guided tool to help you stay connected to your values, vision, and leadership style as you move into the next chapter of your business.

Together, these sessions offer a space to pause, tune in, and consciously choose how you want to show up – not just in your business, but in the way you lead and live.

Over the weekend, you'll also be treated to a mini brand photoshoot with Fiona Kelly, where you'll receive 5 fully edited, beautiful images; delivered within 48 hours, ready to use in your business the moment inspiration strikes. And you'll also receive a therapeutic massage by a professional massage therapist, to help you unwind.

And let's talk food. Each evening, we'll gather for indulgent, beautifully prepared dinners, cooked by our private chef. No decisions to make, no rushing—just good food, great company, and time to savour it all.

In between, there'll be plenty of quiet moments to just be. Whether it's chatting over tea in your comfiest socks, curling up with a journal, or sharing stories with new friends, this is your chance to slow down and feel connected again. With yourself. With each other. With your business.

DETOX FROM DAILY LIFE

At the retreat, we will encourage a light digital detox—a little less scrolling, a little more presence. Nothing strict, just a gentle nudge to unplug and enjoy the here and now. This retreat isn't about doing more. It's about softening the edges, finding clarity, and remembering that you're allowed to give yourself the space that you need and crave.





LET'S REFLECT ON 2025 TOGETHER
& PREPARE TO MAKE 2026 THE
YEAR YOU SOAR

THE SIGNATURE WORKSHOP

Fi helps therapists and purpose driven entrepreneurs break through self-doubt, transform their relationship with money, and grow thriving businesses with confidence.

Combining practical strategy with deep mindset work, she uses her own signature methods to guide clients toward sustainable success and real freedom.

At The Kind Vibe Retreat, Fi will lead the Mindset, Money & Marketing Workshop, an interactive session designed to help attendees overcome limiting beliefs, step into financial empowerment, and build a business that aligns with their values and vision.

This isn't just a talk, it's an interactive and experiential session designed to help you break through limiting beliefs and step into the next season of your business with clarity and confidence.

This is an immersive experience and your chance to reset, reimagine, and reignite your business in a setting designed to inspire.



Fifi Sc lif – Business & Mindset Coach

THE SIGNATURE WORKSHOP CONT.

What to Expect in This Workshop:

Shadow Work – Uncover and work with the hidden patterns that hold you back. Through archetypal exploration and dialoguing with your shadow, you'll shift the subconscious fears keeping you from being seen, heard, and fully expressed in your business.

Money Mastery – Your relationship with money impacts every decision you make in business. Through this powerful exercise, you'll uncover your personal money story and reframe it in a way that opens the door to more ease, abundance, and aligned financial decisions.

Identify your Current Season – Not all strategies work in every phase of business. You'll learn how to identify the season you're in, whether it's planting, growing, harvesting, or resting, and how to market yourself in a way that feels natural and sustainable.

Future Intelligence (The F.I.) Technique – Step into the mindset of your future self and gain practical insights on how to bridge the gap between where you are now and where you want to be. This deep visualisation and embodiment practice will help you unlock clarity and confidence in your next steps.

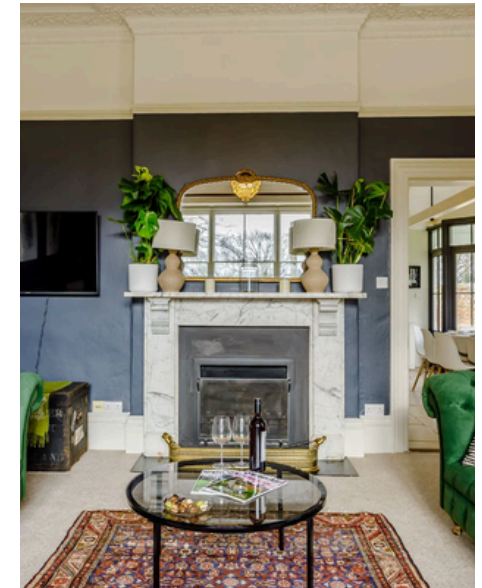


Why This Workshop is Different:
Fi's workshops don't just inform, they transform.

This is an immersive experience and your chance to reset, reimagine,
and reignite your business in a setting designed to inspire.

THE VENUE

Nestled in the heart of Hertfordshire, Sandon Manor is a beautifully restored Queen Anne-style country house set within 1,200 acres of rewilded estate. With elegant bedrooms, formal gardens, a grand dining room and fireside lounges, it offers a cozy winter retreat—perfect for winding down, gathering with kindred spirits, and immersing yourself in comfort and charm. The historic character; the sweeping staircase, roaring fireplace, and heritage features like the musket hole in the door; adds an enchanting touch, which make this the perfect venue for our retreat.

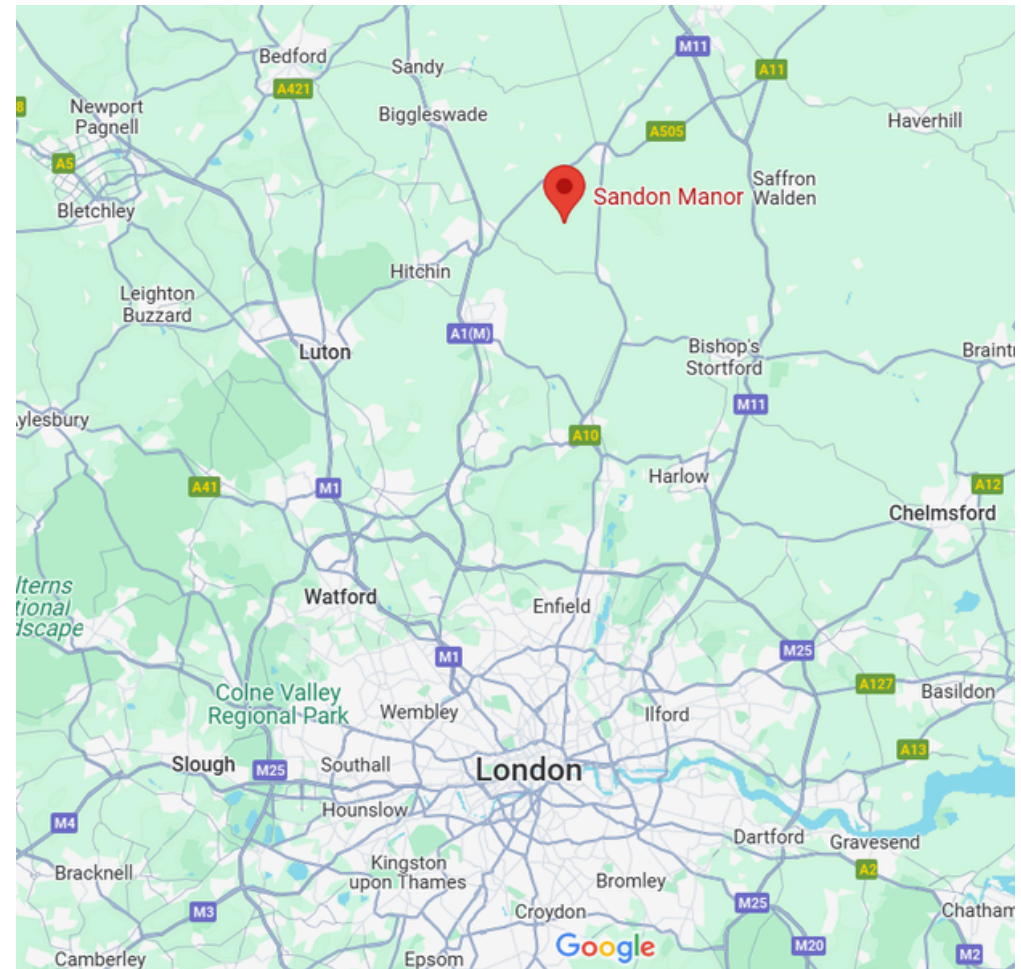


GETTING THERE

About 65 miles north of Croydon, the drive is between 1hr30mins to 1hr45mins.
Parking available at the Manor House.

If coming by train, the nearest station is Royston. There are trains direct from East Croydon to Royston, which take about 1hr 20mins.

From Royston, it's about a 10-minute taxi ride to Sandon Manor. We can provide you with some local taxi companies so you can pre-book your ride.



PRICE OF RETREAT

We've tried to make the retreat as affordable as possible. We offer a range of room types at various prices.

With all of these rooms, a payment plan is available. Secure your spot for just £200, with the remaining payments spread monthly over end of August, end of September and end of October.

The price includes everything such as accommodation, delicious food, soft drinks, workshops, networking, and all activities.

The only costs not included are travel costs to the venue and any alcoholic drinks you wish to bring with you.

Price starting from

£795

*shared room**

includes accommodation,
delicious food, workshops,
networking, activities,
photoshoot and massage

*other room types including single
occupancy rooms available for an
additional supplement PTO

VIPs get an additional £50
off! Just use your code at
checkout

ROOM TYPES

£795

shared room/ shared bathroom

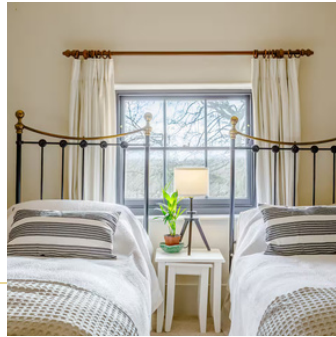


PAYMENT PLAN AVAILABLE

Payment 1: £200 due to
book your space
Payment 2: £200 due by
Friday 29/08/2025
Payment 3: £200 due by
Friday 26/09/2025
Payment 4: £200 due by
Friday 24/10/2025

£845

own small room/ shared bathroom



PAYMENT PLAN AVAILABLE

Payment 1: £200 due to
book your space
Payment 2: £220 due by
Friday 29/08/2025
Payment 3: £220 due by
Friday 26/09/2025
Payment 4: £220 due by
Friday 24/10/2025

£895

own room/ shared bathroom

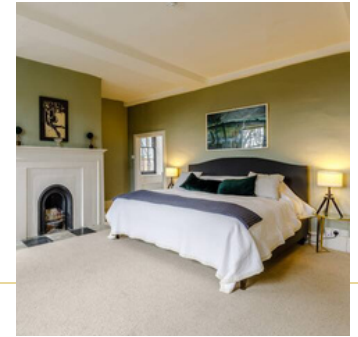


PAYMENT PLAN AVAILABLE

Payment 1: £200 due to
book your space
Payment 2: £235 due by
Friday 29/08/2025
Payment 3: £235 due by
Friday 26/09/2025
Payment 4: £235 due by
Friday 24/10/2025

£995

own room/own bathroom



PAYMENT PLAN AVAILABLE

Payment 1: £200 due to
book your space
Payment 2: £270 due by
Friday 29/08/2025
Payment 3: £270 due by
Friday 26/09/2025
Payment 4: £270 due by
Friday 24/10/2025

ONLY 10 SPOTS AVAILABLE

JOIN US FOR THE KIND VIBE RETREAT,
WHERE RELAXATION MEETS
TRANSFORMATION, AND WHERE YOUR
NEXT LEVEL BEGINS.

BOOK YOUR SPACE

Any Questions, just call or send Anne-Marie a message on
WhatsApp: 07455 231 928 or email hello@thekindvibe.co

DM on Instagram:
[@thekindvibeco](https://www.instagram.com/thekindvibeco)

