

THE *session* GUIDE



welcome!

I'm am so overjoyed you are here. What an exciting and eventful time in your life! I'm sending you my biggest congrats and thanking you for inviting me into this season with you.

I've created this resource that will give you all of the details on what to expect for your session. I'll also help you in picking outfits that photograph well and express your style.



what to expect



01. PLANNING

We will decide on a date and location together. I'm happy to send over location recommendations if you need them. You'll also receive a pre-session questionnaire to help me get to know you better!

02. LOCATION

We can pick a local location, based on your questionnaire, OR, we can go somewhere adventurous. I have been to California, Wyoming, Nevada and many other locations, for sessions and would love to create something super special for your session. If you have an epic location you would like for me to travel to for your session, we can make it happen!

03. YOUR SESSION

My goal is to make my sessions feel laid back and very easy going! I will give you plenty of guidance, but also just let you be yourself. I want it to feel like a date night with a fun third-wheel, it is always a good time!

04. YOUR PHOTOS.

I will send over a few next day sneak peeks, because I know you cannot wait to see them. Your full gallery will be delivered via online gallery and ready for you within 3 weeks of your session date.

"DEFINITEY DO AN
ENGAGEMENT
SESSION! IT MADE
US FEEL WAY
MORE
COMFORTABLE IN
FRONT OF THE
CAMERA ON OUR
WEDDING DAY."

"TRUST YOUR
PHOTOGRAPHER!
THEY'LL TAKE CARE OF
YOU RAIN OR SHINE"

*advice from
past couples*

"BRING A CHANGE OF
CLOTHES SO YOU WILL
HAVE SOME VARIETY IN
YOUR PHOTOS."

"DON'T WORRY ABOUT
FEELING AWKWARD IN
PHOTOS, YOUR
PHOTOGRAPHER WILL
MAKE YOU FEEL
COMFORTABLE AND
THEY WILL TURN OUT
AMAZING!"

"WE MADE OUR
SESSION A DATE
NIGHT AND WENT
OUT FOR A FANCY
DINNER AFTER
OUR PHOTOS. IT
WAS SUCH A
BLAST."

WHAT TO WEAR

01. THINK MOVEMENT

My shooting style is to have you moving around a lot. Make sure to wear something you are comfortable moving in. Flowy skirts or dresses photograph beautifully because we can play with the movement of them. But I also recommend wearing something you don't mind jumping onto your partners back in or running through an open field in.

02. BRING OPTIONS

Feel free to send over outfit ideas for input beforehand, and bring multiple options to the session. That way we can get an idea of how the outfit looks with the specific location. I always recommend at least one cute casual outfit and another more dressy formal outfit so we can get a variety. Bringing options for accessories such as hats or jackets is also recommended.

03. COORDINATE COLORS

Instead of trying to perfectly match your outfit to your partner's outfit, think of choosing complimentary colors. You can never go wrong with neutrals, but don't be scared of a pop of color or a cool pattern, just don't overdo it or it will be distracting in the photos.

one of my fav color palettes!





04. PLAY WITH PATTERNS

Incorporating unique patterns and textures such as fringe, faux fur, linen, denim, etc. can add a fun pop to your photos. Vintage clothing shops or thrift store often have great finds for unique textures.

05. HAIR & MAKEUP

This is a great time to schedule your hair and makeup trial for your wedding day! Please make sure to allow plenty of buffer time incase hair and makeup is running behind, you don't want to be late to your session. If you need hair & makeup recommendations, here are a few of my favorites:

@makeup.by_mc
@lbhmakeup
@makeupbylexib

03. STAY TRUE TO YOU

Lastly and most importantly, these are YOUR photos and the most important thing is that you feel comfortable and confident in what you are wearing. Let your outfit reflect your personality for the best photos!



what to bring



MAKE YOUR PHOTOS UNIQUE.

I love when couples bring props or special items that are unique and true to them. Here are a few of my favorite ideas for what to bring:

YOUR DOGS!

RETRO SUNGLASSES

HATS

GUITAR

OLD CARS/MOTORCYCLES

LONGBOARDS

FAVORITE FOOD (PIZZA, ICE CREAM, ETC.)

BLANKETS

CHAMPAGNE

+ ANYTHING ELSE YOU CAN THINK OF!

Lastly,

I cannot wait to shoot with you!
I'm so looking forward to this
opportunity to get to know you
better as a couple and to get
comfortable with each other
before your wedding.

Think of these photos as an
opportunity to intentionally
celebrate the exciting season
you are in. We are going to savor
it and document it!

A couple in wedding attire embracing in a desert landscape. The man is wearing a white shirt and dark pants, and the woman is wearing a long, flowing, light-colored lace dress. They are standing on a dirt path with a rocky, hilly background. The woman is holding a bouquet of flowers. The text "LET'S ADVENTURE, DARLINGS." is overlaid on the image in a white, serif font.

LET'S ADVENTURE, DARLINGS.



SO EXCITED FOR YOUR SESSION!

If you have any questions beyond this guide, I am here for you and happy to help!

Lili B's Photography

Call or Text Me : 423-326-6990

Shoot me an email: hello@lilibsphotography.com

- Lili