ingdom

A 7-day Guide to Building Connections That Last

HI, I'M JOANNE AND I BELIEVE relationships MATTER

HELLO LOVELY, I'M GLAD YOU'RE HERE.

In a world that often settles for surface-level connections, you've chosen to step into something deeper—an intentional journey toward deeper friendships.

For over 25 years, I've walked alongside women like you who sensed there was more to friendship than casual coffee dates and social media DMs. I've witnessed the extraordinary power of purposeful relationships to not only transform individual lives but to create ripples of impact that touch countless others.

This guide isn't just about making better friends—it's about discovering how your relationships can become catalysts for kingdom advancement. Whether you're a ministry leader yearning to build stronger teams, a businesswoman seeking to place purpose into your professional connections, or a woman of faith desiring deeper spiritual fellowship, these next 7 days will equip you with practical tools and biblical truths to elevate your relationships from meaningful to mission-driven.

Ready to begin? Pour yourself your favorite drink, grab your journal, and let's dive in!

Xoxo, Joanne





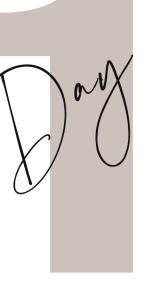




GETTO MANUEL BETTER

I live in Orange County, CA, and am a SoCal girl to the core. I'm always down for a walk on the beach, heartfelt conversation over coffee, and I'll never say no to dark chocolate. This side of heaven, my greatest joy is sharing life with my husband Tim, our three amazing children, and our four precious grandbabies. I look forward to connecting with you!





"Iron sharpens iron, and one friend sharpens another." Proverbs 27:17

HEART REFLECTION:

What if friendship was never meant to be just about coffee dates and casual conversations? What if God designed it to be a vehicle for transformation, growth, and kingdom impact? Kingdom friendships are different – they're intentional, purposeful, and divinely orchestrated.

DAILY CHALLENGE:

Choose three friends and send each a voice message sharing one specific quality you see in them that reflects God's character.

FRIENDSHIP ACTION STEP:

Create a "Friendship Vision Board" in your journal. Write down 3-5 qualities you want to embody as a Kingdom friend.

JOURNAL PROMPTS:

- How have meaningful friendships shaped your faith journey?
- What qualities do you value most in friendship?
- How do you want others to feel in your presence?



BREAKING FREE FROM COMPARISON

"For as in one body we have many members... so we, though many, are one." Romans 12:4-5

HEART REFLECTION:

Competition dims our light, but celebration multiplies it. In God's kingdom, there's no need to compete because each of us has a unique role to play. When we truly grasp this truth, we are free to champion others wholeheartedly.

DAILY CHALLENGE:

Share a friend's recent win on social media or send them a handwritten note celebrating their success.

FRIENDSHIP ACTION STEP:

Create a "Celebration List" of 5 friends' recent wins or qualities you admire.

JOURNAL PROMPTS:

- When do you feel most secure/insecure in friendships?
- What triggers comparison in your relationships?
- How can you turn comparison into celebration?



"And let us consider how we may spur one another on toward love and good deeds." - Hebrews 10:24

HEART REFLECTION:

True Kingdom friendships create safe spaces where masks can come off and real conversations can happen. Vulnerability isn't weakness – it is the breeding ground for authentic connection and transformative relationships.

DAILY CHALLENGE:

Have a "no filter" conversation with a trusted friend. Share something you're really celebrating or struggling with right now.

FRIENDSHIP ACTION STEP:

Create a "Safe Space Checklist" of practices that help build trust in friendships.

JOURNAL PROMPTS:

- What makes you feel safe in a friendship?
- How can you create that safety for others?
- What holds you back from being vulnerable?



The Power of Presence" Scripture: "Rejoice with those who rejoice; mourn with those who mourn." - Romans 12:15

HEART REFLECTION:

Kingdom friends don't just show up for the celebrations – they walk through the valleys too. Sometimes the most powerful thing we can offer is our presence and a listening heart. No fixing, no advice-giving, just being there.

DAILY CHALLENGE:

Reach out to a friend going through a difficult season. Instead of offering solutions, simply say, "I'm here with you in this."

FRIENDSHIP ACTION STEP:

Create a "Friend Check-In Calendar" to intentionally track and reach out to friends in different seasons.

JOURNAL PROMPTS:

- Who has been present for you in hard times?
- How can you be more present for others?
- What prevents you from showing up fully?



"A friend loves at all times..." - Proverbs 17:17

HEART REFLECTION:

Deep friendships don't happen by accident – they happen by design. Just like any other important area of life, Kingdom friendships require intentional investment, purposeful planning, and consistent nurturing.

DAILY CHALLENGE:

Schedule three intentional connection points with friends for the coming month (coffee dates, prayer calls, walk-and-talks).

FRIENDSHIP ACTION STEP:

Design your "Friendship Rhythm" - create a simple plan for regular connection with key friends.

JOURNAL PROMPTS:

- What does intentional friendship look like to you?
- How can you better steward your relationships?
- What small actions could make a big impact?



"Two are better than one... if either of them falls down, one can help the other up." - Ecclesiastes 4:9-10

HEART REFLECTION:

When Kingdom friends come together, impact multiplies. Your friendships are not just for your enjoyment – they are meant to create ripples of transformation in your communities and beyond.

DAILY CHALLENGE:

Partner with a friend to serve someone else or support a cause you both care about.

FRIENDSHIP ACTION STEP:

Create a "Kingdom Impact Plan" with a friend - dream together about how you can serve others

JOURNAL PROMPTS:

- How can your friendships impact others?
- What dreams could you pursue together?
- Where do you see God moving in your friendships?



"I thank my God every time I remember you." - Philippians 1:3

HEART REFLECTION:

Every interaction, every conversation, every moment of showing up builds your friendship legacy. What kind of friend do you want to be remembered as? How can your friendships point others to Jesus?

DAILY CHALLENGE:

Write legacy letters to 2-3 close friends, sharing how their friendship has impacted your life.

FRIENDSHIP ACTION STEP:

Create your "Friendship Mission Statement" - a guide for how you want to show up in relationships.

JOURNAL PROMPTS:

- What friendship legacy do you want to leave?
- How have your friendships changed you?
- What's one thing you want to be known for as a friend?