



**ANNUAL REPORT  
OF  
SAI AASHRAYA TRUST  
FOR  
FINANCIAL YEAR  
2020-2021**

## Table of Contents

Message by Founder .....	3
<b>Board of Trustees</b> .....	4
The Year that it was – 2020-2021.....	5
In the field of Food and Nutrition.....	5
24/7 Food Seva:.....	5
In the field of Medicare .....	6
Sai Aashraya Adarsh Gram Seva and Medicare seva .....	6
Telemedicine and Medicines support during Covid lockdown:.....	7
<b>Sai Aashraya Super Speciality Hospital</b> .....	7
Summary of Service Activities 20-21 .....	9
Income and Expenditure for the Year (Audited) .....	10
GALLERY OF LOVE .....	11
24/7 FOOD SEVA.....	11
How to Reach out to us.....	14



## Message by Founder

*Sai Prasad Venkatachalam*

Namaskaar and Greetings to All!

It is with great joy that we bring to you this Annual Report for the year 2020-21. Dear Readers, this year has been a particularly challenging one for all of humanity and the entire world with the pandemic throwing life out of gear.

We vividly remember how we completed a challenging Seva in Arunachal in March 2020 just before the Nationwide lockdown was announced. Shortly after that came a big opportunity for us to take the plunge and carry out Seva through Operation Smiley where we served through the year nearly 3000 people a day in a huge area where people were struggling to get that one wholesome meal a day. We could transform their lives in a holistic manner by making sure that all their basic needs were taken care of. We successfully distributed clothes both used (in good condition) and new to thousands of people. It was truly heartening to see how people from all walks of life joined us. The pandemic brought in work from home and also brought in volunteering opportunities. We now have a larger number of youth who have joined us in this mission of Love & Service.

With the assistance from the District Administration and the State Government of Karnataka, we successfully carried out Seva as always in the new normal. We were given special permissions to travel out of the state to Dharmapuri district, Tamilnadu, where we carried on with Seva in Sai Aashraya Adarsh Gram - The first village that we had adopted. Our Seva in Arunachal though had to be suspended. But with the help of the District Administration in Tawang, we sent a huge consignment of medicines which were handed over to our patients who collected them from the PHCs and CHCs.

As a team, we faced multiple challenges that came our way with great fortitude, the result of the training that we have undergone over the years. This manifested into us procuring a six wheeler cargo van and then converting the same into a state of the Mobile Medicare Unit in record time. The Mobile Unit was commissioned into Seva and has been touching the lives of hundreds people since day 1.

We adapted to the circumstances that were prevalent and the big change was moving to tele medicine and that helped us serve most of our patients in an effective manner. The local patients though came over to our registered office to collect their medications every month.

Dear Readers,

The main update though is that we have been granted 5 acres of land (March 2021) at a subsidy by the government of Karnataka and plan on starting the construction work of our hospital at the earliest post the completion of all the paperwork. The Hospital project will surely be a great one for all of us to get involved in and we will soon see our own Temple of Healing ready to serve with love all the under-served amongst our brethren. We shall surely keep all of you posted along the way.

We take this opportunity to convey our heartfelt gratitude to each one of you for being an integral part of Sai Aashraya's mission of Love & Service and look forward seeing many more of you join us in this endeavour to discover our true selves through Seva.

Namaskaar! Jai Hind!

## **Board of Trustees**

---

Mr Sai Prasad Venkatachalam, Founder Trustee

---

Mrs Sarika M Dhareshwar, Co-Founder Trustee

---

Mrs V Jayanthi, Managing Trustee

---

Mrs Rajeshwary Ramankutty, Trustee

---

Mr K V Avinash, Trustee

---

## The Year that it was – 2020-2021

This year has been once that has impacted all lives in many ways. With Corona Virus pandemic hitting mankind like never before, life was not easy. But at Sai Aashraya, we believe we should put others ahead of us and this inspired us to reach out to our brethren and provide the maximum support that we could during this crisis time. Bringing to you, the various activities of Sai Aashraya during this pandemic, the impact that it has created and the avenues it has opened for us to Love more and Serve more.

### In the field of Food and Nutrition

#### 24/7 Food Seva:

Covid Pandemic initiated nationwide lockdown with all schools closed indefinitely. With the need increasing and avenues to reach out to people reducing, Sai Aashraya decided to reach out to the underserved communities who were impacted the most. Sai Aashraya identified a large community in Munnekolala, Bellandur, Bangalore, this place was inhabited by more than 3000 people. Inhabitants of this community are day labourers, whose one meal a day was under question with the lockdown.

We saw an opportunity to carry out a special Seva which we named Operation Smiley. We worked in challenging circumstances to serve about 500 children with milk in the morning and around 3000 People a day with a healthy lunch every afternoon. Children were also given freshly made nutritious Protein mix which is a powder rich in protein (wheat, green gram, Ragi, Groundnut, Soyabean and til to mention a few) that can be dissolved in either hot milk or hot water and served specifically to children and pregnant ladies.

Most of the families also were helped with dinner as they would carry food for both lunch and dinner for their families.

We continued to support these people with medical help on a need basis. Sai Aashraya also tied up with the Corporation in administering antidotes. Pregnant women and infant, toddlers were also supported with the necessary medical care through this period.

Number of people served:

- Milk and Protein mix for over 500 children per day
- Lunch for over 3000 people every day

## In the field of Medicare

### Sai Aashraya Adarsh Gram Seva and Medicare Seva

Team Sai Aashraya conducts its Super Speciality Medicare camp in Bharatiyar Nagar, Dharmapuri District on 3<sup>rd</sup> Sunday of every month to serve Lepers from 70 families and the inmates of nearby villages. Apart from the Medicare camps, the 70 families are provided with high quality groceries including 10 Kgs of rice and 1Kg of dal every month. Apart from this, seasonal fresh vegetables, Turmeric powder, Chana dal, oil etc are also provided every other month. Sai Aashraya has adopted this village and named it Sai Aashraya Adarsh Gram.

These Medicare camps being Super Speciality in nature where life sustaining medication is provided with continuous monitoring of the patients every month, it was imperative that Team Sai Aashraya conducted these camps even during lockdown. With the approval of the Administration, Sai Aashraya continued to conduct its monthly camps in Sai Aashraya Adarsh Gram.

Number of people served:

- 70 Families with 10 Kgs Rice and 1 Kg dal for each family
- Super Speciality Medicare for over 100 people from this village and nearby villages

## Telemedicine and Medicines support during Covid lockdown:

- a. **Telemedicine** – Though we were unable to continue the medicals camps owing to the Government guidelines, Team Sai Aashraya remained undeterred. We continued support our patients pan India via telemedicine. Patients were personally informed to reach out to us on our Toll-Free numbers and we provided medical support to them by consulting our team of Doctors. Sai Ashraya has served thousands of patients across the Country through Telemedicine.
- b. **Continued issue of Medicines for patients across Karnataka** – Sai Aashraya continued to issue medicines for all critical patients from its centralized pharmacy. Select timings are informed for patients who would visit our pharmacy and collect medicines based on prescription.
- c. **Continued issue of Medicines for patients in Arunachal Pradesh** – Sai Aashraya identified all its patients from the five adopted villages across Arunachal Pradesh who would need continuous support in terms of medicines for critical illness. The Team from Bangalore arranged for the medicines patient wise and shipped them to the District Administration. Sai Aashraya reached out to each patient and informed them of the same. With the help of local administration, medicines were successfully disbursed to all the patients. We fondly recollect the regular calls we receive from the patients asking of our wellbeing!

## Sai Aashraya Super Speciality Hospital

From our experience in taking the most loving and holistic Medicare to the doorsteps of the people living in the remotest parts of our Country over the last 6 years, we felt an increasing level of difficulty in getting children and elders who needed surgeries treated with tie ups with other institutions (private hospitals and charitable institutions).

We then impressed upon the State Government the need to build a Hospital providing the highest quality tertiary care to serve the most underserved amongst us. A state-of-the-art Super Speciality Hospital without a billing counter in a rural setting amidst the proximity of 40 villages that could be adopted by us was our proposal. Lack of prioritization, unavailability of beds, scarce resources or prohibitive costs were some of the issues we faced regularly. The COVID-19 pandemic had further worsened the situation for people needing surgeries and post-operative care was scarce.

In a remarkable decision made seeing the intent and capability of Sai Aashraya's team to execute a landmark Seva Project, The Karnataka Industrial Areas Development Board (KIADB), A Government of Karnataka Undertaking, granted us 5 acres of land in Vemagal, Kolar District Karnataka, at a subsidy to build this magnificent temple of healing, a humble offering to our Motherland Bharat and the World at Large. We plan to commence work within the next quarter once the statutory approvals are in place.

## **SAI AASHRAYA SUPER SPECIALITY HOSPITAL, VEMAGAL, KOLAR DISTRICT**





## Summary of Service Activities 20-21

### Medical Camp & Gram Seva Dharmapuri

- 12 Camps held during the year from April 2020 to March 2021 at Bharatiyar Nagar, Dharmapuri District
- Over 80 families affected by leprosy and villagers around the camp site are being treated

### 24/7 Food Service

- 150 meals (lunch and dinner) served to porters and family from Bangalore Cantonment Railway Station Jan 2021
- 200 nutritious lunch served to Children served at schools (few schools have been closed due to covid) per day
- 600 meals served to BBMP front line workers per day from Jan 2021

### Operation Smiley

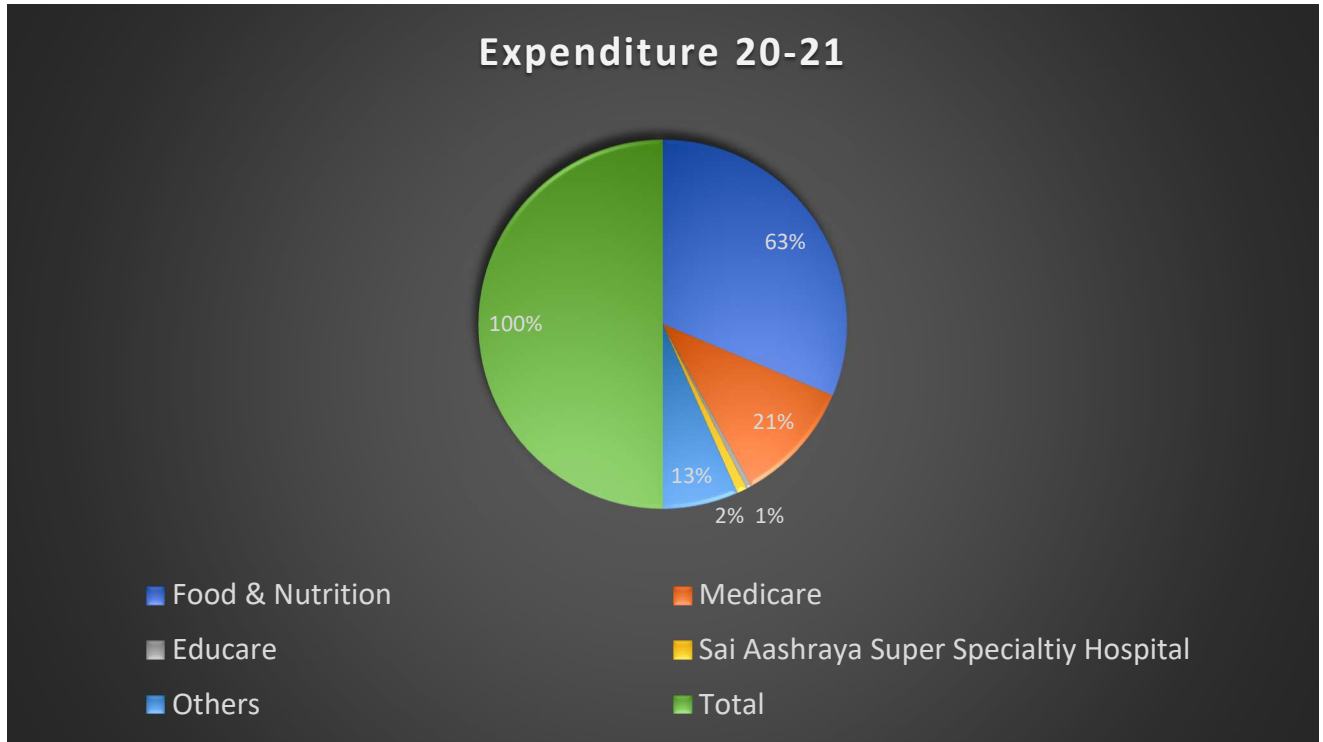
#### COVID LOCKDOWN INITIATIVE

- Morning Milk Seva for around 500 Children every day
- Lunch Seva for over 3000 people every day
- Medicare and Sociocare (including vaccination support with BBMP) for the recipients from this area during covid lockdown

### Tele medicine

- Due to covid, the medical camps in Bangalore and Arunachal Pradesh were temporarily put on hold. However patients with hypertension, cardiac issues and diabetes have been provided with monthly medicines every month after consultation through telemedicine.
- Over 5000 patients have benefited from the above

## Income and Expenditure for the Year (Audited)



Particulars	INR Lakhs
<b>Total Income</b>	<b>981.75</b>
<b>Expenditure</b>	<b>74.54</b>
Medicare	16
Food & Nutrition	47
Educare	0.7
Sai Aashraya Super Speciality Hospital	1.35
Others	9.8
Land procurement (Hospital)	856

### **Compliances**

Sai Aashraya's Books of Accounts are regularly audited by experienced Chartered Accountant Firm. The Organization has complied to all statutory compliances as required by the applicable laws of the Country.

# GALLERY OF LOVE

## 24/7 FOOD SEVA





# GALLERY OF LOVE

## SAI AASHRAYA ADARSH GRAM - DHARMAPURI





# GALLERY OF LOVE

## 24/7 FOOD SEVA – PORTER'S SEVA





## How to Reach out to us



Sai Aashraya  
Newsletter  
**Hridaya  
Spandanam**



Our  
**YouTube**  
CHANNEL

**Sai Aashraya  
Official**

Please stay tuned for periodic audio-  
visual updates from the ground...

<https://bit.ly/3ITcb1u>

[www.SaiAashraya.org](http://www.SaiAashraya.org) • 1.800.120.2724 (India) • [contact.SaiAashraya@gmail.com](mailto:contact.SaiAashraya@gmail.com)

Sai Sannidhi, P-191, Sector 10, 8<sup>th</sup> Main  
LIC Colony, Jeevan Bhima Nagar  
Bengaluru - 560 075, India

SV Venkatachalam  
**+91.94483.07883**  
[svv@SaiAashraya.org](mailto:svv@SaiAashraya.org)

Sowmya Ramani  
**+91.99000.55992**  
[Sowmya@SaiAashraya.org](mailto:Sowmya@SaiAashraya.org)

Sai Aashraya Trust is a non-profit organization Registered under Sec 12A and Sec 80G of the Income Tax Act

[www.SaiAashraya.org](http://www.SaiAashraya.org)

Love All. Serve All

**Sai Aashraya** - It's All About Love



*Sai Ashraya*

**SAI AASHRAYA**

**It's All About Love**