



Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

MARCH 2024

March

Racing clouds and
whistling winds,
Coats flapping
in the breeze,
Bright kites circling
in the skies,
The dance of
swaying trees,

The cheerful sight
of crocuses,
The first sweet breath
of spring
Just part of all
the many moods
The month of March
can bring.



Precious Memories



Eiko & Nala love each other's company



Ann, Marie & Wiwik kick off Valentine's Day



Eva shows off her Valentine's Day manicure



Glenys' manicure - "nailed" it Carly!

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Chinese New Year's - bring on the Chinese food & red envelopes!



Thought for March



A few minutes of scanning radio stations will confirm it – we are all obsessed with finding true love! No one questions the Beatles when they sing, “All you need is love.” We empathize with Queen and their plea, “Can anybody find me somebody to love?” Unfortunately most of us can also identify with Waylon complaining about, “looking for love in all the wrong places, looking for love in too many faces.”

We know that our two greatest psychological needs are to love and be loved. If you choose to believe that humans are the result of random evolution, good luck figuring out where that deep need for love comes from. If, on the other hand, you’ve recognized the handiwork of a Designer in everything and everyone you see around you then it won’t be hard to understand why we desperately crave “endless love” (isn’t that right, Diana and Lionel?).

The Bible, our Designer’s instruction manual, explains why. In one place it says that “God is love”; in another we are told that we are created in God’s image. It seems our need for love was placed there intentionally by the God who created us to be in relationship with Him. The Bible also tells us that the only way to fill that gaping hole in our hearts is to discover God’s love for us. When we do, we find that we now have the capacity to love Him and other people with the same kind of unselfish love He has for us: “Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love” (1 John 4:7,8).

This word for love is “agape,” a word reserved only for God’s kind of love. As we approach the Easter season we are going to be reminded about how selfless and unconditional God’s love is.

I remember sitting at a fast food counter beside a young girl with some striking tattoos up one arm. One colourfully emblazoned a man’s name who I naively assumed was her husband. When I asked her about that, she reluctantly told me about her impetuous love for an old boyfriend. After they broke up she tried only dating boys with the same name but that severely limited her options. Her plan now is to remove it but she’s dreading the pain. What a vivid metaphor for the

pain we all go through “looking for love in all the wrong places.” Let’s face it – “Love hurts!” So often we get disillusioned and embittered about love because we haven’t yet discovered true love.

Let’s take this month to think about the loving sacrifice of saints like St. Patrick and the ultimate sacrifice of Jesus on Good Friday and Easter. Let’s join the quest of Foreigner: “I want to know what love is!”

Chaplain Rob Buzza

*The Bible tells us
that the only way
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hole in our hearts
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God’s love for us.*





- Mar 1 – 1:45 pm, Camelia, Music with Dave
- Mar 2 – 10 am, Magnolia, Piano with Gian
- Mar 2 – 10:45 am, Rose, Piano with Gian
- Mar 2 – 1:30 pm, Willow, Music with Alastair
- Mar 8 – 1:45 pm, MPR, Women's Day Tea Party
- Mar 14 – 1:45 pm, MPR, St. Patrick's Day Party
- Mar 21 – 1:45 pm, MPR, Birthday Tea with Alastair
- Mar 22 – 1:45 pm, Camelia, Music with Dave
- Mar 23 – 10:45 am, Rose, Piano with Gian
- Mar 23 – 1:30 pm, Rose/Willow, Music with Alastair
- Mar 30 – 10:45 am, Rose, Piano with Gian



SPIRITUAL HEALTH

WINTER 2024



Mondays

SPIRITUAL REFLECTIONS

Rose at 10 am | Willow at 11 am

Tuesdays

SPIRITUAL REFLECTIONS

Camelia at 10 am | Magnolia at 11 am

Wednesdays

MASS - 1st Wednesday at 11 am

COMMUNION - 3rd Wednesday at 11 am

Thursdays

CHAPELS

Rose at 10 am | Willow at 11 am

Sundays

Camelia at 10 am | Magnolia at 11 am





Joan C.	Mar. 3	Mary B.	Mar. 23
Agnes G.	Mar. 10	Vi G.	Mar. 24
Deidre K.	Mar. 11	Dale W.	Mar. 25
Alvera S.	Mar. 12	Terrence K.	Mar. 28
Richard B.	Mar. 12	Philip L.	Mar. 28
Patricia M.	Mar. 16		



Birthday Tea

Thursday, March 21
1:45 pm, MPR
with the one & only
Alastair



RESPECT

Find out what it means to us

When moving about the building, be mindful of residents looking for washrooms, programs, or someone to help them home, and then take a few moments to help!

RESPECT
suggestions are new each month. Check them out!



SUNDAY | MARCH 17

Get ready for Our Giant Leprechaun,
Chaplain Ross, this year's
St. Patty's Day Photographer, to

catch you with
your green on !

Saint Patrick's Prayer of the Faithful

May the Strength of God pilot us.
May the Power of God preserve us.
May the Wisdom of God instruct us.
May the Hand of God protect us.
May the Way of God direct us.
May the Shield of God defend us.
May the Host of God guard us
Against the snares of the evil ones,
Against temptations of the world.

May Christ be with us!
May Christ be before us!
May Christ be in us, Christ be over all!
May Thy Salvation, Lord, Always be ours,
This day, O Lord, and evermore. Amen.

