

# November Birthdays

Dorothy D.	Nov. 3	Cindy H.	Nov. 17
John A.	Nov. 10	Herb H.	Nov. 19
Wai L.	Nov. 12	Chris L.	Nov. 20
Fred I.	Nov. 15	Tula G.	Nov. 24
Doug S.	Nov. 16	Norma M.	Nov. 26

## Birthday Teas

Rose Garden  
Thursday, Nov 12, 2:30 pm  
Camelia Park  
Thursday, Nov 26, 3 pm



Being receptive  
to helpful  
criticism or  
suggestions if  
they can benefit  
our residents or  
coworkers!

## RESPECT

Find out what it means to us



## Christmas Fundraiser

Purdy's catalogue/order forms are available at Reception & nursing stations. Submit to Trish or Reception, and pay with cash, cheque or online. Online orders: [www.purdysgpp.com](http://www.purdysgpp.com). Go to home page, click "register" to start, click "create account," fill out the information, enter Buchanan's customer #31808, click "Join Group," click "go to home page," click "shop on line" from the bar at the top.



CHOCOLATES



WELL ... AT LEAST  
VENTRILOQUISM GOT EASIER



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## Candlelight Memorial

Our Memorial Service will be accessible on-line by invitation to families starting  
**TUESDAY | NOV. 24 | 7pm**

A special evening to remember those of our Buchanan community who passed away in this last year.

## November

Comes and  
November goes,  
With the last red berries  
And the first white snows.

With night coming early  
and dawn coming late,  
And ice in the bucket  
and frost by the gate.

The fires burn  
and the kettle sings,  
And earth sinks to rest  
Until next spring.

By Elizabeth Coatsworth



BUCHANAN LODGE



# Buchanan Buzz

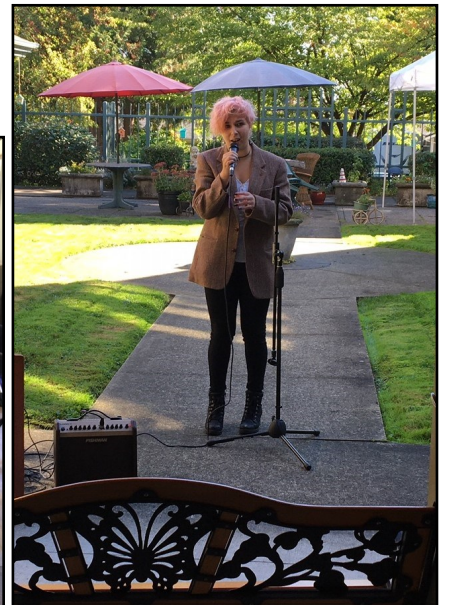
NEWS FROM 409 BLAIR AVE.

NOVEMBER 2020

## Precious Memories



Camelia's indoor/outdoor concert!



Michael's granddaughter can sing!



When the weather cools we bring tennis indoors!



As always, Deb's the life of the Party



Hold on to your hats June, Sonya, Vi & Reg - It's party time!



We love everyone - tacky & all!

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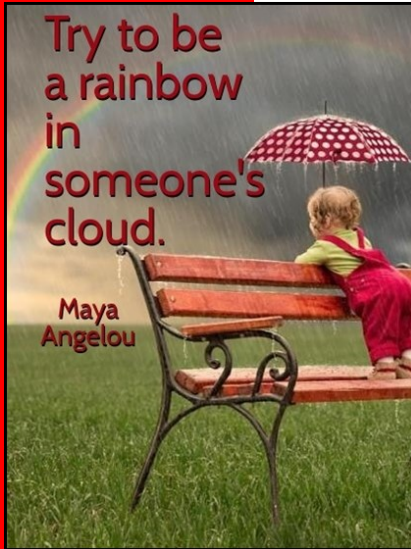
## Thought For November



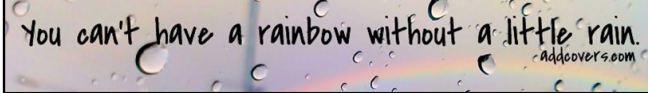
We can make  
the choice to  
reflect and  
refract God's  
light every day,  
whatever the  
weather!

Try to be  
a rainbow  
in  
someone's  
cloud.

Maya  
Angelou



My thoughts in November often include musings about rain and rainbows. This is the time of year when gratefulness for summer sunshine and glorious autumn colours can turn to complaints about rain and more rain! However, may I suggest that happy thoughts about rainbows could assuage our rain rant.



I even think about the science behind rain and rainbows, as explained in the greatest textbook on origins - the Bible (sorry, personal interest - bear with me). When God created the earth, He *separated the water under the sky from the water above it* (Genesis 1:7). The initial creation, it seems, included some water above the atmosphere, perhaps a vapour canopy shrouding the earth, which could account for the greenhouse effect of early earth, resulting in mists (instead of rain - 2:5,6), a global semitropical environment, prolific plant & animal life and long life spans. The catastrophic collapse of that canopy (the Great Flood), along with the *fountains of the great deep* opening up (7:11), would explain the extreme temperature change, the formation of continents & mountains (covered in sedimentary or water-laid rock), glaciers & polar regions, mass extinctions of plants & animals, deposits of coal & fossil fuel, and the seasonal cycle we "enjoy" today. With those changes have come ongoing rains and the occasional rainbow - God's reminder that the earth will never (can never) again be flooded with water (9:13-15).

It's been said: *Everybody wants happiness, nobody wants pain, but you can't have a rainbow without a little rain!*

It's true in science: the water droplets refract the sunlight into its full spectrum of awe-inspiring colours. It's also true in life: the storms we go through can help expose the depth and beauty of God's light and love. It was there all the time, but His light, like sunlight, often goes unappreciated until "rainy days" force us to look for signs of hope.

The inspiring civil rights activist, Maya Angelou, gave us even more to think about when she said: *"Try to be the rainbow in someone's cloud."* We can make the choice to reflect and refract God's light every day, whatever the weather! To those going through difficult storms (and that's all of us these days!), we can offer hope, God's promise that the rains will stop, that "Son"shine will break through, and the full spectrum of His love will be revealed!

*Like the appearance of a rainbow in the clouds on a rainy day, so was the radiance around him. This was the appearance of the likeness of the glory of the Lord (Ezekiel 1:28).*

~ Chaplain Rob



## Coming Soon



### MUSIC ENTERTAINMENT

Coming to your House!

#### Camelia

Dave O'Malley - Nov 2, 9, 23, 30

Alastair McMurray - Nov 26

#### Magnolia

Alastair McMurray - Nov 5 and 19

#### Rose

Hugh Barbour - Nov 5

Bruce Tilden - Nov 10

Alastair McMurray - Nov 12

#### Willow

Hugh Barbour - Nov 13

Peter Montgomery - Nov 17

Bruce Tilden - Nov 24



## SPIRITUAL HEALTH

### NOVEMBER - DECEMBER

#### TEAM COVERAGE:

Sunday - Alternating  
Monday - Rob & Jeanne  
Tuesday - Rob & Jeanne  
Wednesday - Rob & Ross alt.  
Thursday - Rob, Ross & Darlene  
Friday - Ross & Darlene



#### PROGRAMS:

**Mondays** - SPIRITUAL REFLECTIONS  
Rose at 10 am | Willow at 11 am  
**Tuesdays** - SPIRITUAL REFLECTIONS  
Magnolia at 10 am | Camelia at 11 am  
**Thursdays** - CHAPEL in the MPR  
Rose at 10 am | Willow at 11 am  
**Sundays** - CHAPEL in the Houses  
Magnolia at 10 am | Camelia at 11 am

### VISITATION and REGULAR RECREATION PROGRAMS

As we have now hired 3 new visitation support workers to assist with resident and family visitation, our hope is that the Recreation Department will be able to offer regular programs to our residents around the middle of November. As there is training involved for the new positions it will require the recreation staff to assist our new staff and be available if our assistance is needed during this learning curve.

### NEW RECREATION STAFF

Trish and the Recreation Team would like to welcome **June Wells** and **Darlene Mollard** to the team. We are thankful and appreciative for their willingness to be a part of our team.

