

PRP Microneedling for Hair Rejuvenation Aftercare

- It is normal to experience redness, bruising, itching, swelling that could last up to 5 days. You may also experience a tingling sensation.
- Use a cold pack to reduce any swelling or redness if needed and paracetamol can be taken.
- Avoid vigorous exercise/sports for 48 hours post treatment.
- Avoid using any styling product including heat styling tools for a minimum of one week.
- No further cosmetic therapies for two weeks post treatment.
- Avoid the use of sauna, steam rooms, icy temperatures or UV radiation for two weeks post treatment.
- Drink 1-2 litres of water a day.
- Anti-wrinkle injections should be administered 2 weeks prior to the treatment.
- Microdermabrasion or chemical peels should be administered 2 weeks prior or post treatment.
- Avoid having the treatment for 4 weeks after having any type of vaccinations.
- Dental procedures should be administered 2 weeks pre or post treatment.