

Selected Media Interviews

COVID Confusion

<https://www.msn.com/en-ca/video/news/psychologist-weighs-in-on-covid-19-confusion/vi-BB1dJvAC>

Dealing with Collective Anger

<https://www.msn.com/en-ca/news/other/how-to-deal-with-collective-anger-and-frustration/vi-BB1cAyra>

Compliance with Public Health Advisories: Why do some people choose not to follow the rules?

<https://twitter.com/MacPsychDoc/status/1319658233166872577?s=20>

TikTok Parenting Advice: How to evaluate “advice givers”

<https://globalnews.ca/video/7387722/tiktok-parenting-advice/>

Resilience at school

https://twitter.com/global_leslie/status/1308052390810181632?s=20

When Will You be “Good Enough”? The Arrival Fallacy

<https://www.besthealthmag.ca/article/arrival-fallacy/>

Men’s Mental Health

<https://twitter.com/MacPsychDoc/status/1274107346038349824?s=20>

Setting Mental Health as a Priority CBC Online

<https://www.cbc.ca/news/canada/calgary/mental-health-covid-19-1.5553792>

Opportunities in Isolation – CPA Quick Chat

<https://cpa.ca/daily-audio-update-dr-brent-macdonald-about-the-opportunities-arising-from-isolation/>

Financial Insecurity and Anxiety

<https://twitter.com/MacPsychDoc/status/1262757299585560577?s=20>

Free psychological services in COVID times

<https://www.cbc.ca/news/canada/prince-edward-island/pei-counselling-front-line-workers-covid-19-1.5554523>

Services offered live or remotely. Dr. Macdonald is registered for service provision in Alberta, Nova Scotia, Prince Edward Island, the Northwest Territories and Yukon Territory.

MACDONALD

psychology group

complexlearners.com

Mental Health Priorities

<https://www.cbc.ca/news/canada/calgary/mental-health-covid-19-1.5553792>

Check Up from the Neck Up: Staying Healthy through the COVID Crisis

<https://twitter.com/MacPsychDoc/status/1254796955936407552?s=20>

Check Up from the Neck Up: Long Term Stress Management

<https://twitter.com/MacPsychDoc/status/1249724148403695616?s=20>

Check Up from the Neck Up: Mental Toughness in COVID

<https://twitter.com/MacPsychDoc/status/1247185629340827652?s=20>

Check Up from the Neck Up: Dealing with Anxiety as COVID Continues

<https://globalnews.ca/video/6707483/dealing-with-anxiety-in-the-covid-19-pandemic>

Anxiety and Public Health

<https://globalnews.ca/video/6707483/dealing-with-anxiety-in-the-covid-19-pandemic>

Building Psychological Health

<https://globalnews.ca/video/4065401/how-to-build-psychological-health>

Social Media Stress

<https://www.youtube.com/watch?v=omb6YZK1PSs>

Sleep Habits for Kids and Teens

<https://globalnews.ca/video/3785065/best-sleep-habits-for-kids-teens-and-adults-2/>

Social Media for Kids and Teens

<https://globalnews.ca/video/3351607/how-social-media-usage-affects-kids-and-teenagers>

Vaping and Teens

<https://www.facebook.com/GlobalCalgary/videos/422688968368997/>

Psychological Impact of Class Size

<https://www.msn.com/en-ca/money/business/psychological-impact-of-class-sizes/vp-AACPZbl>

Cell Phones in Schools

<https://globalnews.ca/video/5071458/should-alberta-ban-cell-phones-in-schools>

Valentine's Day Stress

Services offered live or remotely. Dr. Macdonald is registered for service provision in Alberta, Nova Scotia, Prince Edward Island, the Northwest Territories and Yukon Territory.

MACDONALD

psychology group

complexlearners.com

<https://globalnews.ca/video/3248136/why-valentines-day-can-cause-you-stress>

Why We like to be scared

<https://globalnews.ca/video/3834631/why-some-of-us-like-to-be-scared>

Services offered live or remotely. Dr. Macdonald is registered for service provision in Alberta, Nova Scotia, Prince Edward Island, the Northwest Territories and Yukon Territory.