

# MATURE SKIN CHECKLIST

- ✓ *Cleanse Gently*
- ✓ *Exfoliate Weekly*
- ✓ *Hydrate with a Serum*
- ✓ *Moisturize Daily*
- ✓ *Targeted Eye Cream*
- ✓ *Sun Protection*
- ✓ *Night Routine – Retinoids*
- ✓ *Lip Care*
- ✓ *Weekly Face Mask*