

BROW PRECARE INSTRUCTIONS

Please avoid the following for at least 6 weeks prior to your appointment:
Botox / Filler, Chemical / Laser peels or Retin- A / Retinol products

Please avoid the following for at least 2 weeks prior to your appointment:
Waxing, tweezing, threading, laser hair removal, eyebrow tinting, & electrolysis,
AHA's, glycolic acid, salicylic acid, Antibiotic use

Please avoid working out heavily on the day of your procedure and for 7-10 days following.

Please avoid the following for at least 1 week prior to your appointment:
Any sauna use or tanning, Fish oils / Omega 3's / Vitamin E

Please avoid the following for at least 48 hours prior to your appointment:
Alcohol, Energy Drinks/ Pre-Workout, Aspirin / Ibuprofen, Niacin, Exfoliating
and/or Microdermabrasion Facial Scrubs, Blood thinners or pain killers

Please avoid caffeine 24 hours prior to your appointment.

