

## **Aesthetically Poetic**

Mission:

Aesthetically Poetic is about romanticizing your life —whatever stage of life that might be, in order to notice the small glimmers that make life beautiful. To live poetically means to shine a light on your truest self, your most authentic self, while honoring the fact that YOU contain multitudes.

*The Rivers Keep Singing* is my debut collection of poetry. It is composed of poems that I wrote during the pandemic and then into my first year as a new mom. The rawness and stillness of that time caused me to reflect on my life, slow down, and notice the magic of the natural world all while becoming more connected to my physical body.

Aesthetically Poetic aims to gently encourage you to notice the symbiotic relationship between your physical body and your environment, your individual experience and the collective, and how there is light that connects us in even the darkest of moments.

Thank you for being a part of this community of poets, readers, artists, creators, and mothers.

Poetically Yours,

Alexandra