



DE MOURA LAWSON
CONSULTING



RRC

HELPING YOU MAKE WORK SAFER AND MORE SUSTAINABLE

- > HEALTH AND SAFETY
- > ENVIRONMENTAL MANAGEMENT
- > EXPERT TRAINING AND CONSULTANCY SERVICES WORLDWIDE
- > ONLINE
- > LIVE ONLINE PUBLICATIONS



A close-up photograph of a person wearing a bright yellow long-sleeved shirt. They are holding a red pen and writing on a notepad. The notepad has some faint, illegible text on it. The background is blurred, showing other people in a room, suggesting a training or workshop environment. The lighting is warm and focused on the person writing.

TRAINING FOR INDIVIDUALS

RRC deliver high-quality training to individuals in a number of ways to offer the best flexibility in studying around other commitments.

Live Online

RRC's Live Online courses use real time Zoom classes to blend the dynamics of classroom-based learning with our highly regarded Online Learning.

RRC's Live Online courses are in real time, so run on scheduled dates just like a classroom course. Each course has a study plan designed to best suit virtual course delivery and everything required to study is accessed and launched through our easy to use Learning Centre.

Online

Online Learning with RRC gives you the ultimate in flexibility. You can start your course at any time, study at your own pace, and study anywhere in the world.

Everything you need to successfully complete your course is provided in your RRC Learning Centre, and you will also receive unlimited tutor support from our expert trainers here.



CORPORATE SERVICES



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COURSE GUIDE



NEBOSH AWARDS

- HSE INTRODUCTION TO INCIDENT INVESTIGATION
- AWARD IN HEALTH AND SAFETY AT WORK
- WORKING WITH WELLBEING
- HSE AWARD IN MANAGING RISK AND RISK ASSESSMENT AT WORK
- AWARD IN HEALTH, SAFETY AND ENVIRONMENT FOR THE PROCESS INDUSTRIES
- AWARD IN ENVIRONMENTAL AWARENESS AT WORK
- SAFETY SIMPLIFIED

NEBOSH QUALIFICATIONS ARE RECOGNISED THROUGHOUT THE WORLD AS SETTING THE STANDARD FOR HSE MANAGEMENT.

KEY



Live Online



Online Learning



NEBOSH HSE Introduction to Incident Investigation

The NEBOSH HSE Introduction to Incident Investigation course is designed to enable students to be able to carry out solo accident investigations, produce risk control plans and contribute to team accident/investigations for large-scale investigations.

What you will study

UNIT INV1: INTRODUCTION TO INCIDENT INVESTIGATION

- > Moral, Legal and Financial Arguments for Investigations
- > Human and Organisational Factors
- > Investigating Accidents and Incidents
- > Positive Strategies and the Barriers to Successful Interviews
- > Advanced Accident/Incident Investigation Techniques

Methods of study

- > Classroom - 1 day, plus assessment
- > Live Online - 1 day, plus assessment
- > Online - 10 hours of study
- > In-Company - Courses delivered worldwide

Assessment

The assessment consists of a one-hour evidence based action plan activity.



NEBOSH Award in Health and Safety at Work

The NEBOSH Award in Health and Safety at Work qualification is designed for workers in any sector who need a basic understanding of health and safety as part of their job. It also provides a perfect foundation for those looking towards a career in health and safety.

What you will study

UNIT HSW1: WORKPLACE SAFETY FOUNDATIONS

- > The Foundations of Health and Safety
- > The Responsibility for Health and Safety
- > Health and Safety Risk Assessment and Control
- > Transport Safety
- > Hazards and Controls Associated with Work Equipment
- > Hazards and Controls Associated with Working with Electricity
- > Fire Safety
- > Hazards and Controls Associated with Manual Handling and Repetitive Movement
- > Hazards and Controls Associated with Hazardous Substances
- > Hazards and Controls Associated with the Working Environment

UNIT HSW2: PRACTICAL APPLICATION

- > The completion of a short risk assessment activity

Methods of study

- > Classroom – 3 days, plus exam
- > Live Online – 3 days, plus exam
- > Online – 24 hours of study
- > Publications – Study Texts
- > In-Company – Courses delivered worldwide

Assessment

The assessment consists of one multiple-choice examination and a short risk assessment activity.



NEBOSH Working with Wellbeing

The NEBOSH Working with Wellbeing course is an introductory level qualification that looks at workplace wellbeing at both an individual and organisational level. It is designed for those who wish to gain a greater understanding of workplace wellbeing and the factors which affect it.

What you will study

UNIT WEL1: WORKING WITH WELLBEING

- > Foundations of Wellbeing - What it means and why it matters
- > The Branches of Wellbeing; benefits and what this means in practice - Interaction, exercise, mindfulness, nutrition, kindness, learning
- > Interventions in the workplace - Planning & measuring their effectiveness

Methods of study

- > Classroom – 1 day, plus assessment
- > Live Online - 1 day, plus assessment
- > Online – 7 hours of study
- > In-Company – Courses delivered worldwide

Assessment

The course is assessed through the development of an effective intervention plan to improve wellbeing in the workplace which will take one hour to complete.



NEBOSH HSE Award in Managing Risk and Risk Assessment at Work

The NEBOSH HSE Award in Managing Risk and Risk Assessment at Work is an introductory level qualification, developed in conjunction with the UK Health and Safety Executive (HSE). It is structured around HSE's approach to controlling the risks caused by workplace hazards.

What you will study

UNIT RAW1: MANAGING RISKS IN THE WORKPLACE

- > Why manage health and safety risks
- > Managing risk: Identifying and understanding the risks
- > Managing risk: Controlling the risks
- > Managing risk: Sources of information and the application of HSE risk assessment tools

Methods of study

- > Classroom – 1 day including assessment
- > Live Online – 1 day including assessment
- > Online – 7 hours of study
- > In-Company – Courses delivered worldwide

Assessment

The course is assessed through a practical risk assessment based on case study which takes one hour to complete.



NEBOSH Award in Health, Safety and Environment for the Process Industries

This NEBOSH Award is designed to provide process operators and technicians with an understanding of health, safety and environmental management within process industries, such as chemical, pharmaceutical, petrochemical and food processing. The Award covers a broad range of topics at an introductory level, as well as common safety and environmental issues specifically associated with process safety.

What you will study

UNIT HSEP1: HEALTH, SAFETY AND ENVIRONMENT FOR THE PROCESS INDUSTRIES

- > The Foundations of Health and Safety
- > The Responsibility for Health and Safety
- > Health and Safety Risk Assessment and Control
- > Hazards and Controls Associated with Work Equipment
- > Transport Safety
- > Hazards and Controls Associated with Working with Electricity
- > Fire Safety
- > Hazards and Controls Associated with Manual Handling and Repetitive Movement
- > Hazards and Controls Associated with Hazardous Substances
- > Hazards and Controls Associated with the Working Environment
- > The Foundations of Process Safety
- > Systems to Prevent Loss of Containment
- > Common Hazards, Risks and Controls in the Chemical Industry
- > Plant Integrity
- > Planning for Emergencies
- > Foundations in Environmental Management
- > Control of Emissions
- > Environmental Risk Assessments (Impact Assessment)

Methods of study

- > Classroom – 5 days plus exam
- > Live Online – 5 days plus exam
- > Online – 44 hours of study
- > Publications – Study Texts
- > In-Company – Courses delivered worldwide

Assessment

The assessment consists of one multiple-choice examination.



NEBOSH Award in Environmental Awareness at Work

The NEBOSH Environmental Award provides an introduction to environmental issues within the workplace and is aimed at those needing a basic understanding of environmental issues or who are looking to introduce, or improve the performance of, an environmental management system.

What you will study

ELEMENT 1: FOUNDATIONS OF ENVIRONMENTAL AWARENESS

- > Meaning of Key Environmental Terms
- > Sustainability
- > Components and Certification of an Environmental Management System

ELEMENT 2: POLLUTION, IMPACT ASSESSMENT AND EMERGENCIES

- > Principles and Practice of Risk Assessments
- > Air, Water and Land Pollution
- > Environmental Noise
- > Waste Management
- > Environmental Emergencies

Methods of study

- > Classroom – 1 day
- > Live Online – 1 day
- > In-Company – Courses delivered worldwide

Assessment

The assessment consists of one 30-minute multiple-choice examination.



NEBOSH Safety Simplified

The NEBOSH Safety Simplified course provides the knowledge, understanding and practical skills to help reduce the personal, organisational and financial cost of accidents, incidents and work-related ill-health.

What you will study

THE SAFETY SIMPLIFIED COURSE CONSISTS OF 5 ELEMENTS

- > Making the case for health and safety
- > Stopping incidents and ill-health before they happen
- > Stopping incidents from repeating themselves
- > Dealing with common workplace hazards
- > Keeping an eye on how things are going

Methods of study

- > Classroom – 3 days
- > Live Online - 3 days
- > Online – 20 hours of study
- > In-Company – Courses delivered worldwide

Assessment

The course is assessed by a 30 minute multiple choice examination and a risk assessment activity.



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NEBOSH CERTIFICATES

- › INTERNATIONAL GENERAL CERTIFICATE IN OCCUPATIONAL HEALTH AND SAFETY
- › NATIONAL GENERAL CERTIFICATE IN OCCUPATIONAL HEALTH AND SAFETY
- › HEALTH AND SAFETY MANAGEMENT FOR CONSTRUCTION (INTERNATIONAL)
- › HEALTH AND SAFETY MANAGEMENT FOR CONSTRUCTION (UK)
- › CERTIFICATE IN FIRE SAFETY
- › CERTIFICATE IN ENVIRONMENTAL MANAGEMENT
- › HSE CERTIFICATE IN HEALTH AND SAFETY LEADERSHIP EXCELLENCE
- › HSE CERTIFICATE IN PROCESS SAFETY MANAGEMENT
- › INTERNATIONAL TECHNICAL CERTIFICATE IN OIL AND GAS OPERATIONAL SAFETY

KEY



Live Online



Online Learning



NEBOSH International General Certificate in Occupational Health and Safety

AVAILABLE IN ARABIC, FRENCH, RUSSIAN, SPANISH AND TURKISH

The NEBOSH International General Certificate provides an excellent foundation in health and safety for managers, supervisors, employee representatives and people starting out on a career in health and safety. The certificate is relevant to all types of organisations and helps its holders manage risks effectively.

What you will study

UNIT IG1: MANAGEMENT OF HEALTH AND SAFETY

- > Why we should manage workplace health and safety
- > How Health and Safety Management Systems work and what they look like
- > Managing risk - understanding people and processes
- > Health and safety monitoring and measuring

UNIT IG2: RISK ASSESSMENT

- > Physical and Psychological Health
- > Musculoskeletal Health
- > Chemical and Biological Agents
- > General Workplace Issues
- > Work Equipment
- > Fire
- > Electricity

Methods of study

COURSES ARE AVAILABLE IN ENGLISH, ARABIC, FRENCH, RUSSIAN, SPANISH AND TURKISH

- > Classroom – 10 days plus assessment
- > Live Online – 10 days plus assessment
- > Online – 110 hours of study
- > Publications – Study Texts and Revision Guides
- > In-Company – Courses delivered worldwide

Assessment

The assessment consists of one examination and a practical health and safety assessment completed at your home and workplace.



NEBOSH Health and Safety Management for Construction (International)

The NEBOSH Health and Safety Management for Construction (International) (ICC) course provides a broad understanding of construction related health & safety issues and is an essential qualification for anyone with health & safety responsibilities in the construction industry. With reference to ILO standards, the qualification focuses on industry best practice.

What you will study

UNIT IC1: MANAGING CONSTRUCTION SAFELY

- > The foundations of construction health and safety management
- > Improving health and safety culture and assessing risk
- > Managing change and procedures
- > Excavation
- > Demolition
- > Mobile plant and vehicles
- > Working at height
- > Musculoskeletal health and load handling
- > Work equipment
- > Electricity
- > Fire
- > Chemical and biological agents
- > Physical and psychological health

Methods of study

- > Classroom – 10 days plus assessment
- > Live Online – 10 days plus assessment
- > Online – 108 hours of study
- > Publications – Study Texts and Revision Guides
- > In-company – Courses delivered worldwide

Assessment

The course is assessed through a scenario based Open Book Exam completed at home.



NEBOSH Certificate in Fire Safety

The NEBOSH Certificate in Fire Safety qualification helps you learn and develop fire safety skills which can be applied in workplaces anywhere in the world. It provides the knowledge and understanding to advise on fire protection of premises and workers, and carry out an effective fire risk assessment in low to medium risk workplaces.

What you will study

UNIT FSC1: FIRE SAFETY

- > Managing fire safety
- > Principles of fire and explosion
- > Fuel, oxygen and ignition sources and control measures
- > Fire protection in buildings
- > Safety of people in the event of fire
- > Fire safety risk assessment

UNIT FSC2: FIRE RISK ASSESSMENT

- > Practical Assessment

> Methods of study

- > Classroom – 5 days plus assessment
- > Live Online – 5 days plus assessment
- > Online – 48 hours of study
- > Publications – Study Texts and Revision Guides
- > In-company – Courses delivered worldwide

Assessment

The course is assessed through a scenario based exam completed at home and a practical fire risk assessment carried out in your workplace



NEBOSH Certificate in Environmental Management

The NEBOSH Environmental Certificate is aimed at managers, supervisors and staff from all types of organisations who need a broad understanding of environmental management issues. It provides a good overview of environmental management systems, including the relevant international standards and best practices for control of environmental hazards.

What you will study

UNIT EC1: MANAGEMENT AND CONTROL OF ENVIRONMENTAL HAZARDS

- > Foundations in Environmental Management
- > Environmental Management Systems
- > Environmental Impact Assessments
- > Control of Emissions to Air
- > Control of Contamination of Water Sources
- > Control of Waste and Land Use
- > Sources of Use of Energy and Energy Efficiency
- > Control of Environmental Noise
- > Planning For and Dealing With Environmental Emergencies

UNIT EC2: PRACTICAL APPLICATION

- > The completion of an environmental review of a workplace and report to management.

Methods of study

- > Classroom – 5 days plus exam
- > Live Online – 5 days plus exam
- > Online – 70 hours of study
- > Publications – Study Texts and Revision Guides
- > In-company – Courses delivered worldwide

Assessment

The assessment consists of one examination and a practical assessment.



NEBOSH HSE Certificate in Health and Safety Leadership Excellence

The NEBOSH HSE Certificate in Health and Safety Leadership Excellence aims to provide holders with the knowledge and understanding of Health and Safety Leadership to ensure they can contribute to the effective management of the organisation's overall performance. The course has been developed through a collaboration between NEBOSH and the Health and Safety Executive (HSE) - the UK's Health & Safety Regulator.

Pre-Course Reading

Candidates are required to spend 3 hours completing pre-course reading. This includes:

- > Researching your organisation's health and safety vision
- > Researching your organisation's key health and safety risks
- > Understanding what is included in your organisation's health and safety policy and the objectives that the policy sets
- > Understanding the responsibilities for health and safety which are set for all levels of workers within the organisation

What you will study

UNIT HSL1: HEALTH AND SAFETY LEADERSHIP

- > The Foundations of Health and Safety Leadership
- > Human Failure and Decision Making
- > Leadership

> Methods of study

- > Classroom – 1 day including assessment
- > Live Online – 1 day including assessment
- > Online – 10 hours of study
- > In-company – Courses delivered worldwide

Assessment

The assessment consists of an on the day assessment which includes a leadership intervention.



NEBOSH HSE Certificate in Process Safety Management

The NEBOSH HSE Certificate in Process Safety Management is designed specifically for those with safety responsibilities in the process industries, such as oil and gas, chemicals, plastics and pharmaceuticals. The course has been developed through a collaboration between NEBOSH and the Health and Safety Executive (HSE) - the UK's Health & Safety Regulator.

Entry Requirement

A good understanding of safety issues gained from experience or from studying a NEBOSH Certificate-level qualification.

What you will study

UNIT PSM1: PROCESS SAFETY MANAGEMENT

Comprises four elements:

- > Process Safety Leadership
- > Management of Process Risk
- > Process Safety Hazard Control
- > Fire Protection and Emergency Response

With topics including:

- > Establishment of process management systems
- > Asset management and maintenance strategies
- > Safe start-up and shutdown of process plant
- > Performance standards for safety critical systems and equipment
- > Hazards and controls for:
 - > Chemical reactions
 - > Bulk storage of dangerous substances
 - > Fire and explosion
 - > Purpose and features of emergency plans

> Methods of study

- > Classroom – 4 days plus exam
- > Live Online – 4 days plus exam
- > Online – 48 hours of study
- > In-company – Courses delivered worldwide

Assessment

The assessment consists of one 90 minute examination.



NEBOSH International Technical Certificate in Oil and Gas Operational Safety

The NEBOSH International Oil and Gas Certificate is designed specifically for those with safety responsibilities in the oil and gas industry. It focuses on international standards and management systems, highlighting the importance of process safety management in the oil and gas industry, enabling holders of the certificate to discharge workplace safety responsibilities effectively both onshore and offshore.

Entry Requirement

A good understanding of safety issues gained from experience or from studying a NEBOSH Certificate-level qualification.

What you will study

UNIT IOG1: THE MANAGEMENT OF INTERNATIONAL OIL AND GAS OPERATIONAL SAFETY

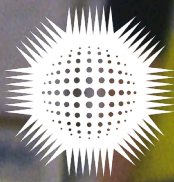
- > Health, Safety and Environmental Management in Context
- > Hydrocarbon Process Safety
- > Fire Protection and Emergency Response
- > Logistics and Transport Operations

Methods of study

- > Classroom – 5 days plus exam
- > Live Online – 5 days plus exam
- > Online – 55 hours of study
- > Publications – Study Texts and Revision Guides
- > In-company – Courses delivered worldwide

Assessment

The assessment consists of one 2-hour examination.



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NEBOSH DIPLOMAS

➤ INTERNATIONAL DIPLOMA FOR OCCUPATIONAL HEALTH AND SAFETY MANAGEMENT PROFESSIONALS

➤ INTERNATIONAL DIPLOMA IN ENVIRONMENTAL MANAGEMENT

NEBOSH DIPLOMA — THE GLOBAL STANDARD FOR HSE MANAGERS

KEY



Live Online



Online Learning



NEBOSH International Diploma for Occupational Health and Safety Management Professionals

The NEBOSH International Diploma is a prestigious and demanding professional qualification for those wanting to advance their career in occupational health and safety. The NEBOSH Diploma is fast becoming recognised around the world as the global standard for health and safety professionals.

Entry requirement

The Diploma builds on the knowledge gained at NEBOSH Certificate level which is not taught in the Diploma but will form part of the assessments. It is therefore highly recommended that you have studied the NEBOSH General Certificate or equivalent level course before starting the Diploma.

The Diploma is only available in English language and NEBOSH recommends the minimum standard of English as the International English Language Testing System (IELTS): 7.0 or higher.

What you will study

The NEBOSH International Diploma for Occupational Health and Safety Management Professionals is based on international standards and best practice. The qualification is made up of 3 units which must be completed within five years.

UNIT ID1: KNOW - WORKPLACE HEALTH AND SAFETY PRINCIPLES (INTERNATIONAL)

This unit covers the following topics:

- > Socio-legal models; Enforcement; The International Labour Organization and its conventions and recommendations; Non-governmental bodies and health and safety standards; Third parties; Insurers
- > Organisational structures; Leadership; Consultation; Health and safety culture / Behavioural change programmes; Traditional and proactive safety management; Risk perception; Human failures and factors / Improving human reliability
- > Competence, training, information and supervision; High reliability organisations
- > Hazard identification techniques; Managing health and safety risks; Risk management
- > Loss causation / Quantitative analysis of data; Measuring and monitoring
- > Professional skills
- > Societal factors; Corporate social responsibility; Organisational change; Contractors / Supply chains

UNIT ID2: DO - CONTROLLING WORKPLACE SAFETY ISSUES (INTERNATIONAL)

This unit covers the following topics:

- > Occupational health services / Equality in the workplace; Mental ill-health / Wellbeing / Workplace violence / Lone working; Health surveillance; Hazardous substances; Health risks from hazardous substances; Epidemiology and toxicology; Asbestos and lead; Ventilation and PPE; Hazardous substances monitoring; Biological agents; Noise; Vibration; Radiation; Musculoskeletal issues / Manual handling; Workplace temperature / Welfare arrangements

UNIT ID3: DO - CONTROLLING WORKPLACE SAFETY ISSUES (INTERNATIONAL)

This unit covers the following topics:

- > Safe working environment; Confined spaces; Fire and explosion; Fire; Dangerous substances; Work equipment and machinery maintenance; Work equipment; Machinery; Mobile work equipment / Lifting equipment; Electricity; Construction / Working at height / Demolition / Excavation; Workplace transport / Work-related driving

Assessment

- > Unit ID1 is assessed by an assignment (in four parts - simulations, workplace based activities, reflective tasks and a research project).
- > Units ID2 & ID3 are assessed by a case study

Assessments will be available twice a year for each unit, with around a month allowed to complete the assignment and return it to NEBOSH.

Methods of study

- > Online – Flexible, self-paced study, around 469 hours of study including assessments
- > Live Online – Real-time interactive virtual workshops, 30 days + private study & assessments
- > Classroom – Tutor-led course delivered over 6 weeks + private study & assessments
- > Blended – 3 One-week workshops + directed learning & assessments, Live Online or Classroom
- > Revision Workshops – Live Online, 1 day per unit
- > Publications – Study Texts and Revision Guides
- > In-company – Courses delivered worldwide



NEBOSH National Diploma for Occupational Health and Safety Management Professionals

The NEBOSH National Diploma is a prestigious and demanding professional qualification and is ideal for those whose ambition is to be a "Safety Professional" and have a high level career in HSE management.

Entry requirement

The Diploma builds on the knowledge gained at NEBOSH Certificate level which is not taught in the Diploma but will form part of the assessments. It is therefore highly recommended that you have studied the NEBOSH General Certificate or equivalent level course before starting the Diploma.

The Diploma is only available in English language and NEBOSH recommends the minimum standard of English as the International English Language Testing System (IELTS): 7.0 or higher.

What you will study

The NEBOSH National Diploma for Occupational Health and Safety Management Professionals is based on international standards and best practice. The qualification is made up of 3 units which must be completed within five years.

UNIT ND1: KNOW - WORKPLACE HEALTH AND SAFETY PRINCIPLES (UK)

This unit covers the following topics:

- > Health and safety regulations; Prosecutions; Enforcement; Civil law; Damages and liability; Occupiers liability; Lawful discrimination; Insurers
- > Organisational structures; Leadership; Consultation; Health and safety culture / Behavioural change programmes; Traditional and proactive safety management; Risk perception; Human failures and factors / Improving human reliability
- > Competence, training, information and supervision; High reliability organisations
- > Hazard identification techniques; Managing health and safety risks; Risk management
- > Loss causation / Quantitative analysis of data; Measuring and monitoring
- > Professional skills
- > Societal factors; Corporate social responsibility; Organisational change
- > Civil proceedings - contribute to a defence against damages claim; Coroner's inquests; Contribute to a criminal proceedings defence; Ethical issues
- > Contractors / Supply chains

UNIT ND2: DO - CONTROLLING WORKPLACE SAFETY ISSUES (UK)

This unit covers the following topics:

- > Occupational health services / Equality in the workplace; Mental ill-health / Wellbeing / Workplace violence / Lone working; Health surveillance; Hazardous substances; Health risks from hazardous substances; Epidemiology and toxicology; Asbestos and lead; Ventilation and PPE; Hazardous substances monitoring; Biological agents; Noise; Vibration; Radiation; Musculoskeletal issues / Manual handling; Workplace temperature / Welfare arrangements

UNIT ND3: DO - CONTROLLING WORKPLACE SAFETY ISSUES (UK)

This unit covers the following topics:

- > Safe working environment; Confined spaces; Fire and explosion; Fire; Dangerous substances; Work equipment and machinery maintenance; Work equipment; Machinery; Mobile work equipment / Lifting equipment; Electricity; Construction / Working at height / Demolition / Excavation; Workplace transport / Work-related driving

Assessment

- > Unit ND1 is assessed by an assignment (in four parts - simulations, workplace based activities, reflective tasks and a research project).
 - > Units ND2 & ND3 are assessed by a case study
- Assessments will be available twice a year for each unit, with around a month allowed to complete the assignment and return it to NEBOSH.

Methods of study

- > Online – Flexible, self-paced study, around 475 hours of study including assessments
- > Live Online – Real-time interactive virtual workshops, 30 days + private study & assessments
- > Classroom – Tutor-led course delivered over 6 weeks + private study & assessments
- > Blended – 3 One-week workshops + directed learning & assessments, Live Online or Classroom
- > Revision Workshops – Live Online, 1 day per unit
- > Publications – Study Texts and Revision Guides
- > In-company – Courses delivered worldwide



NEBOSH International Diploma in Environmental Management

The NEBOSH Diploma in Environmental Management has been designed for those responsible for the management of environmental risk, popular with safety professionals looking to expand their competence.

What you will study

UNIT ED1: CONTROLLING ENVIRONMENTAL ASPECTS

- > Key environmental cycles and the effects of human activity on the environment
- > Environmental leadership
- > Environmental management systems and emergency planning
- > Environmental risk evaluation and control
- > Environmental performance evaluation
- > Sustainability
- > Waste management
- > Managing emissions to the atmosphere
- > Managing emissions to the water environment
- > Control of environmental noise
- > Hazardous substances and contaminated land
- > Energy use

UNIT IDEM2: ENVIRONMENTAL REGULATION

- > Comprises 2 elements:
- > Enforcement of environmental legislation
- > Pollution prevention and control legislation

Methods of study

- > Classroom – 15 days plus exams
- > Live Online – 15 days plus exams
- > Online – 235 hours of study
- > Publications – Study Texts and Revision Guides
- > In-company – Courses delivered worldwide

Assessment

Unit ED1 is assessed by a 3-hour examination and Unit IDEM2 is a work-based project.



IEMA COURSES

- CERTIFICATE IN ENVIRONMENTAL MANAGEMENT
- FOUNDATION CERTIFICATE IN ENVIRONMENTAL MANAGEMENT
- ENVIRONMENTAL SUSTAINABILITY SKILLS FOR THE WORKFORCE
- ENVIRONMENTAL SUSTAINABILITY SKILLS FOR MANAGERS
- LEADING WITH ENVIRONMENTAL SUSTAINABILITY
- WORKING WITH ENVIRONMENTAL SUSTAINABILITY

INSTITUTE OF ENVIRONMENTAL MANAGEMENT AND ASSESSMENT (IEMA) IS A UK BASED MEMBERSHIP ORGANISATION ESTABLISHED TO PROMOTE BEST PRACTICE IN ENVIRONMENTAL MANAGEMENT, AUDITING AND ASSESSMENT.

KEY



Live Online



Online Learning



IEMA Certificate in Environmental Management

The IEMA Certificate in Environmental Management provides detailed knowledge of environment and sustainability principles, and will arm you with management tools and skills to deliver positive change. It is aimed at staff who already have a foundation level of environmental/sustainability knowledge (gained from work experience or through a course such as the IEMA Foundation Certificate).

What you will study

- > Implications of Global Trends for the Environment, Society, the Economy and for Organisations and the Role of an Environment/Sustainability Professional in Overcoming these Challenges
- > Sustainable Business/Governance Models and Principles
- > Environmental Principles
- > Major Policy and Legislation
- > Major Tools, Techniques, Systems and Practices to Develop Sustainable Products and Services and Improve Sustainability Performance
- > The Role of Innovation in Developing Sustainable Products, Services and Solutions
- > Data Collection, Critical Analysis and Information Reporting to Inform Decision Making
- > Problem Identification and Opportunity Assessment for Delivery of Innovative and Sustainable Products and Services
- > Effective Communications
- > Stakeholder Identification and Engagement
- > Tools, Techniques, Systems and Practices to Identify Opportunities and Risks
- > Project and Programme Delivery to Achieve Performance Improvements
- > Implementing Change and Transformation

Methods of study

- > Classroom – 15 days
- > Live Online – 15 days plus assessment
- > Online – 120 hours of study
- > In-Company – Courses delivered worldwide

Assessment

Assessed by assignments for each module and an assessment of competence (this forms Module 4 of the programme).



IEMA Foundation Certificate in Environmental Management

The IEMA Foundation Certificate in Environmental Management provides a solid foundation of environment and sustainability knowledge to build on. It is aimed at staff who have recently become involved in environmental management.

What you will study

- > Implications of Global Trends for the Environment, Society, the Economy and for Organisations
- > Sustainable Business/Governance Principles
- > Environmental Principles
- > Major Policy and Legislation
- > Major Tools, Techniques, Systems and Practices to Improve Sustainability Performance
- > The Role of Innovation in Developing Sustainable Products, Services and Solutions
- > Data Collection, Analysis and Evaluation
- > Research and Planning for Sustainable Solutions
- > Effective Communications and Feedback
- > Stakehold Engagement
- > Tools and Techniques to Identify Opportunities and Risks
- > Environmental and Sustainability Performance Improvement

Methods of study

- > Classroom – 5 days plus assessment
- > Live Online – 5 days plus assessment
- > Online – 40 hours of study
- > In-Company – Courses delivered worldwide

Assessment

The assessment comprises a 1-hour multiple choice exam, which can be completed online



IEMA Environmental Sustainability Skills for the Workforce

The IEMA Certified Environmental Sustainability Skills for the Workforce course is designed for those working in any job role across all sectors. The course enables you to ensure that environmental sustainability is embedded into all areas of your company. It will aid compliance and inform discussions at grass roots level, allowing all workers to contribute to improvements in environmental sustainability in the organisation. As this course is not aimed at environmental specialists, it will suit any job role in any sector and can be tailored for individual company needs.

What you will study

- > Main Environmental and Economic Risks and Opportunities
- > Compliance Obligations and Business Drivers for Change
- > Main Potential Impacts on Environment and Sustainability
- > How to Improve Environmental Performance

Methods of study

- > Classroom – 1 day
- > Live Online – 1 day
- > Online – 10 hours of study
- > In-company – ½ day (courses delivered worldwide)

Assessment

The assessment comprises a multiple-choice exam.



IEMA Environmental Sustainability Skills for Managers

The IEMA Certified Environmental Sustainability Skills for Managers course is designed for managers, supervisors, and other implementers with a strategic and operational overview of environmental sustainability. This course will help them to translate strategy into plans and inform decisions. It can be tailored to individual organisations.

What you will study

- > What Environmental Sustainability Means for the Organisation
- > Is the Organisation's Strategy Fit for Purpose?
- > Which Organisations are Leading with Environmental Sustainability and Why?
- > The Implications of Complying with Environmental Law
- > What Would a New Strategy Look Like?

Methods of study

- > Classroom – 2 day
- > Live Online – 2 day
- > Online – 20 hours of study
- > In-company – 2 days (courses delivered worldwide)

Assessment

The course is not assessed (no exam).



IMA Leading with Environmental Sustainability

The IEMA Certified Leading with Environmental Sustainability course is a half-day workshop that will challenge leaders in your organisation to take account of sustainability in your strategic objectives. It will change the way you do business. It is designed for high level decision makers in any organisation, regardless of sector.

What you will study

- > What Environmental Sustainability Means for the Organisation
- > Is the Organisation's Strategy Fit for Purpose?
- > Which Organisations are Leading with Environmental Sustainability and Why?
- > The Implications of Complying with Environmental Law
- > What would a new strategy look like?

Methods of study

- > Classroom – ½ day
- > Live Online – ½ day
- > In-company – ½ day (Courses delivered worldwide)

Assessment

The course is not assessed (no exam).



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IOSH COURSES

- SAFETY FOR EXECUTIVES AND DIRECTORS
- MANAGING SAFELY®
- WORKING SAFELY
- LEADING SAFELY
- MANAGING OCCUPATIONAL HEALTH AND WELLBEING
- MANAGING SAFELY® IN SOCIAL HOUSING

THE INSTITUTION OF OCCUPATIONAL SAFETY AND HEALTH (IOSH) IS THE UK
CHARTERED BODY FOR HEALTH AND SAFETY PROFESSIONALS AND THE WORLD'S

KEY



Live Online



Online Learning



IOSH Safety for Executives and Directors

IOSH Safety for Executives and Directors aims to provide directors/owners of small and medium-sized enterprises with an understanding of the moral, legal and business cases for health and safety management, and to give guidance on effective risk management.

What you will study

- > The Moral, Legal and Financial Case for Safety
- > PLAN - Planning for Health and Safety
- > DO - Delivering Health and Safety
- > CHECK - Monitoring Health and Safety
- > ACT - Reviewing Health and Safety

> Methods of study

- > Classroom – 1 day
- > Live Online – 1 day
- > In-company – courses delivered worldwide

Assessment

The assessments comprise a multiple-choice and short-answer exam and a short project.



IOSH Managing Safely®

IOSH Managing Safely® is designed for managers & supervisors across all industries. It provides essential knowledge and understanding of how to manage health & safety, and will ensure they understand their health & safety responsibilities and can perform their roles successfully.

What you will study

- > Introducing Managing Safely®
- > Assessing Risk
- > Controlling Risks
- > Understanding Responsibilities
- > Understanding Hazards
- > Investigating Incidents
- > Measuring Performance

Methods of study

- > Classroom – 3 days
- > Live Online – 3 days
- > Online – 25 hours of study
- > In-company – courses delivered worldwide

Assessment

The assessment consists of two examinations and a practical health and safety assessment of a workplace.



IOSH Working Safely

IOSH Working Safely is aimed at all employees and is designed to improve the safety culture within an organisation. It focuses on how individual actions contribute to health and safety in the workplace.

What you will study

- > Introducing Working Safely
- > Defining Hazard and Risk
- > Identifying Common Hazards
- > Improving Safety Performance

Methods of study

- > Classroom – 1 day
- > Live Online – 1 day
- > Online – 8 hours of study
- > In-company – courses delivered worldwide

Assessment

The assessments comprise a multiple-choice and short-answer exam and a short project.



IOSH Leading Safely

IOSH Leading Safely is designed for Directors, Senior Managers and anyone with leadership responsibilities. The course focuses on coaching you to become an effective leader for health and safety.

What you will study

- > Diagnosing your current behaviours (using a mobile app questionnaire before the course)
- > Understanding safety and health leadership, its importance and key behaviours
- > Looking at when things go wrong - case studies
- > Getting leadership right - case studies
- > Actions and commitment - reviewing your behaviours and making personal commitments for change

Methods of study

- > Classroom – ½ day
- > Live Online – ½ day
- > In-company – courses delivered worldwide

Assessment

IOSH Leading Safely is assessed by the quality of your personal action plan.



IOSH Managing Occupational Health & Wellbeing

IOSH Managing Occupational Health & Wellbeing is designed to provide managers with the tools and techniques to improve health and wellbeing across their organisation. It is suitable for managers and supervisors working in any sector.

What you will study

- > A Healthy Company
- > Health Risk Management
- > Fitness for Work
- > Wellbeing

> Methods of study

- > Classroom – 1 day
- > Live Online – 1 day
- > In-company – Courses delivered worldwide

Assessment

The assessment comprises a mixed format exam and a short workplace health risk assessment.



IOSH Managing Safely® in Social Housing

IOSH Managing Safely® in Social Housing is designed for anyone in a management or supervisory role in the social housing sector. The course provides the essential knowledge and understanding of how to manage health & safety responsibilities in the workplace.

What you will study

- > Introducing Managing Safely®
- > Assessing Risk
- > Controlling Risks
- > Understanding Responsibilities
- > Understanding Hazards
- > Investigating Incidents
- > Measuring Performance

Methods of study

- > Classroom – 3 days
- > Live Online – 3 days
- > Online – 22 hours of study
- > In-company – courses delivered worldwide

Assessment

The assessment comprises a 30 question mixed format exam and a short practical assessment.



RRC SHORT COURSES

RRC PROVIDES A WIDE RANGE OF SHORT HEALTH AND SAFETY AND ENVIRONMENTAL MANAGEMENT COURSES DESIGNED TO MEET THE NEEDS OF ORGANISATIONS SEEKING TO IMPROVE OR REFRESH THE SKILLS WITHIN THEIR ORGANISATION. ALL COURSES CAN BE SPECIFICALLY TAILORED FOR YOUR ORGANISATION.

Construction/Maintenance/Facilities Management

- > Construction Health & Safety
- > Managing Contractors/CDM
- > Scaffold Awareness/Safe Use
- > Work at Height
- > Safe Working with Steps and Ladders
- > Lifting & Rigging
- > Asbestos Awareness
- > Selection & Use of PPE

Chemical & Biological Hazards

- > COSHH/Working with Hazardous Chemicals
- > Dangerous Substances and Explosive Atmospheres (DSEAR)
- > Legionella Awareness

General Health and Safety

- > Health and Safety for Managers
- > Health and Safety for Supervisors
- > Health and Safety for Workers
- > Health & Safety In the Workplace
- > Health for Safety for Senior Managers
- > Office Safety
- > Work in Hot Environments
- > DSE Assessor/Risk Assessment
- > Electrical safety Awareness
- > Accident Investigation
- > Risk Assessment
- > Manual Handling – Operations, Risk Assessment
- > Stress Management
- > Workplace Noise Assessment
- > Machinery safety

Fire Safety

- > Fire Safety - Awareness, Warden/Marshal, Risk-Assessment

Catering/Food Safety

- > Food Safety Awareness/Hygiene

Safety Management Systems

- > OHSAS 18001 or ISO 45001 Internal Auditing
- > Safety Policies and Procedures
- > Effective Safety Committee/Consultation
- > Leadership in HSE
- > Developing a Positive Health and Safety Culture
- > Measuring Health and Safety Performance

Process Safety

- > Management of Change
- > Developing Safe System of Work
- > Auditing PSM Systems
- > Asset Integrity
- > Elements of Successful PSM system
- > Fault Tree Analysis
- > Event Tree Analysis
- > Lock-Out Tag-Out
- > Introduction to HAZOP
- > Emergency Planning for high hazard sites
- > Confined Spaces – Management, Working, Entry
- > Permit to Work
- > H2S Awareness
- > Human Factors in Safety

Train the Trainer

- > Train the Trainer

Environmental Courses

- > Environmental Aspects and Impacts
- > Environmental Awareness
- > ISO 14001



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