



PROGRAM HIGHLIGHTS

Additional Skills Sessions

In addition to two standard team practices per week, Yorktowne offers optional small group skill-development sessions every Tuesday from 7:30–9:15 PM. These sessions are designed to focus on individual skill refinement and are led by experienced coaches committed to helping each athlete reach their full potential.

College Recruiting Support

Yorktowne is proud to support athletes with aspirations of competing at the collegiate level. Our Recruiting Coordinator, Selene Gentzler, brings over 15 years of experience as a coach, recruiting specialist, volleyball parent, and educator. She is also the author of *Club Volleyball 101* and *Recruit Buddy Jr.* Selene offers personalized one-on-one and small group guidance to any athlete seeking support in navigating the college recruiting process.

Sports Performance Training

Athletic performance off the court is just as vital as on-court training. All Yorktowne athletes will participate in weekly sessions with certified sports performance coaches from S3 Performance Academy. These sessions will focus on strength training, movement mechanics, speed, agility, and injury prevention—building a strong athletic foundation for competition.

Hudl & Hudl Assist

To support athlete development and college recruiting, Yorktowne provides access to Hudl and Hudl Assist. Tournament matches will be uploaded to Hudl, allowing players to review game footage and create highlight reels for college coaches. Hudl Assist also offers in-depth statistical analysis for both athletes and coaches.

Competitive Tournament Schedule

Yorktowne offers a highly competitive tournament schedule that includes both USAV and AAU events. Our focus is on providing our athletes with the best competition and exposure to college coaches. Tournament selection is based solely on the quality of competition and recruiting opportunities—not cost.

Training Surface

Our facility features **four hardwood courts**, offering a distinct advantage compared to many other gyms and tournament venues that use Sport Court surfaces. Hardwood is significantly more forgiving on the body—unlike Sport Court, which is essentially like jumping on concrete with little to no shock absorption. Training on hardwood reduces stress on the joints, helping athletes stay healthier, experience less soreness, and remain fresh so they can perform at their best during tournament events.

Master Coaching Model

Our coaching philosophy ensures that all athletes benefit from the expertise of our entire coaching staff. Through a master coaching model, players receive consistent, high-level instruction regardless of who is leading the session, allowing for broader development and shared coaching insights.

Social Media Presence

We are committed to keeping our athletes, families, and community engaged and informed. Led by Josh Brenneman, our social media efforts will showcase team achievements, promote program highlights, and foster stronger connections within the Yorktowne community.

Team Bonding & Cohesion

Team chemistry is essential for success. Beyond competition, Yorktowne athletes will participate in team-building activities to develop camaraderie and trust. We believe in fostering a sense of unity both on and off the court, aligning with the “7 C’s of Championship Team Building,” with cohesion playing a key role.

Communication & Organization

We understand the importance of clear and timely communication. Yorktowne is committed to providing a well-organized and transparent experience for our athletes and families, ensuring the club process is smooth, efficient, and stress-free.

Program Consistency

Yorktowne takes great pride in its consistent leadership and vision. Our club director has been with Yorktowne since its founding in 1995, providing stability and a unified message that has guided our growth and success over the years.